

# MSADA News

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June - September 2003

www.msada-md.org

## MSADA Annual Convention and Awards Issue

### 2003 Maryland State Athletic Directors Association 'Athletic Director of the Year'

Her peers have selected Diane George, CAA, as the MSADA Athletic Director of the Year for the 2002–2003 school year. Diane has been the athletic director at Loch Raven High School for the past 17 years, retiring this coming June. During her tenure as athletic director she has established a viable and hard working booster club that has been able to fund a new press box, ticket booth, sound systems for the field & gym areas, concession stand. The current project is installing an irrigation system for the athletic fields.



Diane George, CAA

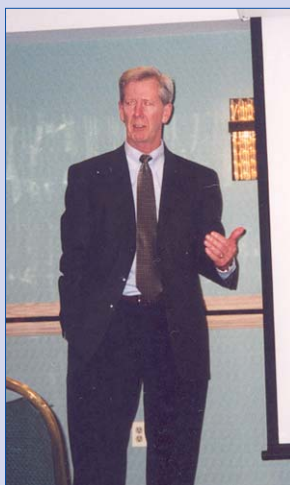
She has always kept the 'student-athlete' as the main concern of her work. She has a seasonal 'Parent/Coaches Night'. Diane has increased the number of sports offered at Loch Raven & established a 'Hall of Honor' for championship teams.

Her coaching credentials are more extensive than her athletic administration pedigree. She coached field hockey, basketball, lacrosse, and volleyball the past 26 years of her 31 years as an educator and is currently the chairperson of the MPSSAA Girls Basketball Committee. To quote Ronald Belinko, Coordinator of Athletics, BCPS, "Ms. George has demonstrated her commitment to the total school program. While working with her, I have been extremely impressed with her driving commitment to excellence." She is truly deserving of the award. **'Athletic Director of the Year for the State of Maryland.'**

*MSADA would like to thank our special guests who joined us at our annual convention and would like to congratulate all of the winners.*



Billy Ripken  
Guest Speaker at MSADA  
Awards Banquet



Tim Flannery  
Special Guest Speaker  
from National  
Federation of High Schools

MSADA Hall of Fame (L-R)  
Bob Maxey  
Owen 'OJ' Johnson  
Eugene 'Yogi' Martin



Overall Award Winners  
Sitting (L-R):  
Mary Fisher, Diane  
George, Linda Hollis, Bob  
Maxey, Jim St. Ledger,  
Owen Johnson  
Standing (L-R):  
Jim Holley, Jr., Jaye  
Cohen, Sam Oliver, Bill  
Rumbaugh, Dave Cesky,  
Teresa Bechtel,  
Irene Mallery,  
Eugene Martin

## President's Message



Dave Hoch, CMAA  
President MSADA

If you weren't down in Ocean City for the MSADA Conference, you missed it! The annual conference featured:

- 4 LTC courses with very good attendance
- The NFHS Coaching Principles Course with 25 in attendance
- 8 outstanding workshop sessions
- Tim Flannery, an assistant director of the NFHS who taught the Coaching Principles course, presented two workshop sessions, answered questions at the General Session and was generally available throughout the weekend.
- The annual fun-filled golf tournament
- An opportunity to visit with 45 vendors
- 10 athletic directors who took the CAA exam. This had to be a MSADA record!
- A record 142 registered attendees
- The annual awards banquet in which the District Athletic Directors of the Year, Hall of Fame inductees and Athletic Director of the Year were presented.

■ Billy Ripkin, the banquet speaker, offered a humorous presentation, which included 4 valuable points about coaching and life in general. Billy was also extremely accommodating signing autographs and posing for photos.

By all standards, the conference was an outstanding event. It included opportunities for professional development, networking, socializing and honoring well-deserving peers. Thanks to all of the members of the Executive Council and Bob Graves' leadership for a job well done. To all of the award winners, congratulations!

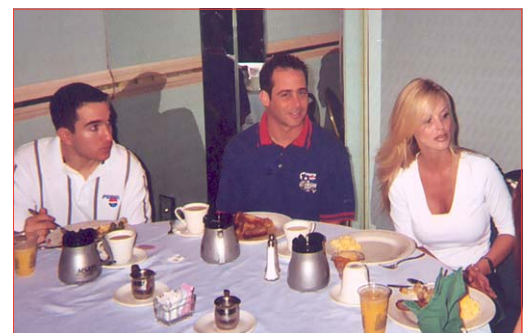
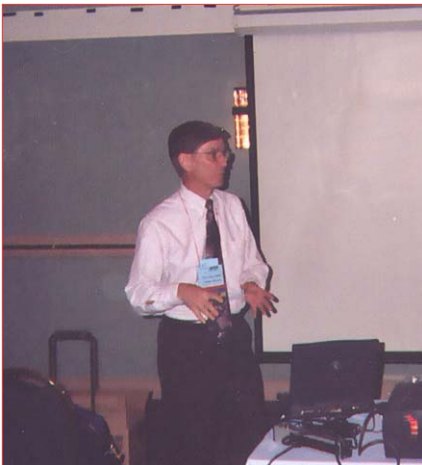
As we look ahead to the next year, we hope to keep you posted on LTC offerings in our neighboring states as well as courses that will be offered at various counties around the state. Best wishes for a successful completion of the school year and a relaxing and refreshing summer.

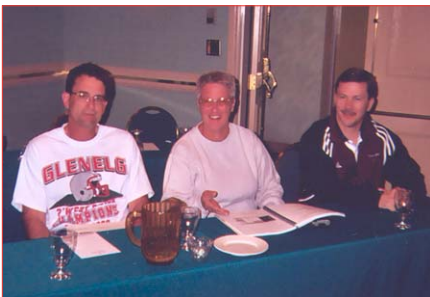
### 2003/2005 Executive Council

<p><i>President</i> Dr. David Hoch, CMAA 410.887.3543 <a href="mailto:dhoch@bcps.org">dhoch@bcps.org</a></p> <p><i>1st Vice-President</i> Mr. Lee Dove, CAA 410.969.9105 x246 <a href="mailto:dovel@archbishopspalding.org">dovel@archbishopspalding.org</a></p> <p><i>2nd Vice-President</i> Karl Heimbach, CAA 301.840.4624 <a href="mailto:karl_heimback@fc.mcps.k12.md.us">karl_heimback@fc.mcps.k12.md.us</a></p> <p><i>Secretary</i> Ms. Jill Myers, CAA 410.887.1126 <a href="mailto:jmyers@bcps.org">jmyers@bcps.org</a></p> <p><i>Treasurer &amp; NIAAA Liason</i> Ms. Carol M. Satterwhite, CAA 410.730.8542 HOME <a href="mailto:cmsatterwhite@aol.com">cmsatterwhite@aol.com</a></p> <p><i>Historian &amp; Retired Members</i> Mr. Ed Novak 410.665.5953 HOME</p>	<p><i>LTC Coord/Past President</i> Mr. David A. Anderson, CAA 301.743.5431 <a href="mailto:danderson@ccboe.com">danderson@ccboe.com</a></p> <p><i>LTC Coordinator</i> Mr. Ron Belinko, CAA 410.887.2328 <a href="mailto:rbelinko@bcps.org">rbelinko@bcps.org</a></p> <p><i>District 1</i> <i>Alleg, Fred, Gar &amp; Wash</i> Ms. Marcia Nissel, CAA 301.776.8246 <a href="mailto:nissemar@wcboe.k12.md.us">nissemar@wcboe.k12.md.us</a></p> <p><i>At Large Central MD</i> Mr. Jim Horn 410.751.3575 <a href="mailto:jbhorn@k12.carr.org">jbhorn@k12.carr.org</a></p> <p><i>District 2AA</i> <i>Mont. Co. Private</i> Mr. Jaye Cohen, CAA 301.871.1230 x257 <a href="mailto:jcohen@barrie.org">jcohen@barrie.org</a></p>	<p><i>District 2B - Mont. Co. Public</i> Jim Tapley 301.601.4629 <a href="mailto:jim_tapley@fc.mcps.k12.md.us">jim_tapley@fc.mcps.k12.md.us</a></p> <p><i>District 3 - Prince George's Co.</i> Mr. Terry Parfitt 301.497.2078 <a href="mailto:terry.parfitt@pgcps.org">terry.parfitt@pgcps.org</a></p> <p><i>District 4</i> <i>Cal, Char, St. Mary's</i> Mr. Cliff Nagle 301.934.1100 <a href="mailto:cnagle@ccboe.com">cnagle@ccboe.com</a></p> <p><i>District 5A - AA Caroll Co.</i> Mr. Wayne Mook 410.544.7462 <a href="mailto:sports@toad.net">spsports@toad.net</a></p> <p><i>District 5B</i> <i>Harf &amp; Howard Co.</i> Mr. Vince Parnell, CAA</p>	<p>410.313.2874 <a href="mailto:vparnell@mail.howard.k12.md.us">vparnell@mail.howard.k12.md.us</a></p> <p><i>District 6 - Baltimore Co</i> Mr. Reggie Brooks, CAA 410.887.0666 <a href="mailto:rbrooks@bcps.org">rbrooks@bcps.org</a></p> <p><i>District 7 - Eastern Shore Co.</i> Ms. Mary Fisher 410.778.1394 <a href="mailto:mary_fisher@kent.k12.md.us">mary_fisher@kent.k12.md.us</a></p> <p><i>District 8 - MIAA Private</i> Mr. Greg Whitley 410.266.8251 <a href="mailto:gwhitley@aacsonline.org">gwhitley@aacsonline.org</a></p> <p><i>District 9 - Baltimore City</i> Ms. Barbara Allen 410.396.9487 <a href="mailto:baadla@msn.com">baadla@msn.com</a></p> <p><i>District 10 - IAAM Private</i> Ms. Lois Miller 410.323.5500 x3065 <a href="mailto:millerlo@rps.org">millerlo@rps.org</a></p>
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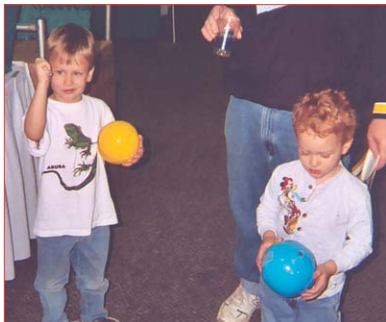


# Workshops & Funtime!





**More Workshops  
& Funtime  
with  
the MSADA!**



## Student Athletes Face Unseen Opponent *The Dangers of Ultraviolet Radiation*

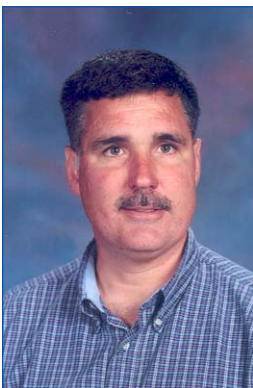
by Roberta M. Herbst, M.S. Project Coordinator for the Coalition for Skin Cancer Prevention in Maryland

With the coming outdoor athletic season students will be squaring off with a faceless opponent during every contest. Unprotected exposure to ultraviolet radiation is an increasing health risk to young adults. Skin cancer is the most common cancer in the United States and rates of its deadly form, melanoma, are rising more rapidly than those of any other cancer. Whereas skin cancer is often associated with people of advanced age, that is no longer the case with malignant melanoma. About one in four persons who develop it is now under the age of 40. The good news is that in most instances, this common cancer is easily preventable. The greatest risk factor for skin cancer is childhood sunburn. Most people received 80% of their lifetime sun exposure by their eighteenth birthday. Just one blistering sunburn during these years doubles the risk of developing melanoma later in life. By taking proper precautions, sunburns can be avoided and the unpleasant and dangerous effects eliminated.

High school teachers, athletic directors, and coaches are in a prime position to serve as leaders in the fight against skin cancer. By encouraging sun safe behaviors in students and advocating for school policies that foster these behaviors, you can make a difference. The following is a list of behaviors recommended by the American Cancer Society, the American Academy of Dermatology, the Skin Cancer Foundation, and the Coalition for Skin Cancer Prevention in Maryland.

- ☑ Avoid the midday sun, when ultraviolet radiation is most intense
- ☑ When outdoors during the day, seek shade
- ☑ If you must be in the sun, cover up with long-sleeved shirts and pants
- ☑ Wear a hat with a 4 inch brim all around
- ☑ Wear UV protective, wrap-around sunglasses
- ☑ Avoid reflective surfaces such as sand, snow, and water
- ☑ Use sunscreen, SPF 15 or higher, every day
- ☑ Reapply sunscreen every two hours, or more often if swimming or sweating
- ☑ Avoid artificial sources of UV radiation, i.e. tanning beds

Teachers and coaches are role models for students. Please remember these sun safety tips all through the year and encourage sun safe behaviors in your students. For more information visit [www.sunguardman.org](http://www.sunguardman.org). This is the website of the Coalition for Skin Cancer Prevention in Maryland.



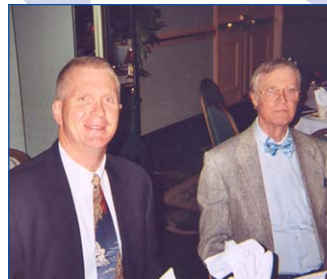
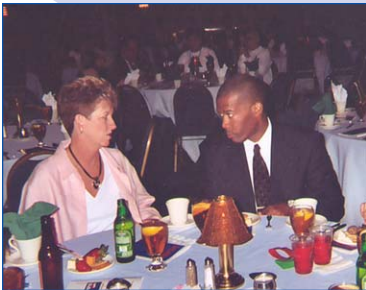
Karl Heimbach, CAA  
2nd V-P MSADA

### Karl Heimbach, CAA Elected Second Vice-President

Karl Heimbach, Athletic Director at Magruder High School was elected 2<sup>nd</sup> Vice-President at the annual MSADA convention this past April in Ocean City. Karl holds a CAA certificate in athletic administration from the NIAAA. He has been active in coaching varsity boy's soccer for the past 19 years and girls varsity soccer for 14 years at Magruder. Karl also holds his National Coaching Diploma from NSCAA, having coached NCSL/WAGS club soccer and continues to coach and give clinics for MSI in the Poolesville area. He has served as Boys Soccer Director for MCAS for many years and was active in MAC's and District 2 representative for soccer for MPSSAA. Karl is a graduate of the University of Pittsburgh and was a three-time letterman in soccer. He lives in Poolesville with wife Margaret and their children Matt, Kevin, and Kate.

# MSADA Banquet & Awards Celebration





**2003—2004**

**MSADA Membership Application & Renewal Form**

Please print or type, make sure you include home, school address and your email address. If submitting a list of coaches and/or administrators, please make duplicate copies of this form. Complete all information for each individual and send in all completed forms attached to one check.

Name \_\_\_\_\_ School \_\_\_\_\_

Home Address \_\_\_\_\_ School Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_ City \_\_\_\_\_ MD \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ School Phone \_\_\_\_\_

Fax Number \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Number of years as an Athletic Administrator \_\_\_\_\_ (Include 2003-2004 school year)

**MSADA Dues only**

\_\_\_\_\_ \$25 **Regular** \_\_\_\_\_ *New* \_\_\_\_\_ *Renewal*

This membership is for all active high school and middle school athletic directors, activities directors, athletic administrators in public and private schools.

\_\_\_\_\_ \$20 **Associate** \_\_\_\_\_ *New* \_\_\_\_\_ *Renewal (New Category)*

This membership is for college students, high school & middle administrators including vice-principals & principals, all high school and middle school coaches, or anyone involved in interscholastic athletics in public and private schools.

\_\_\_\_\_ \$10 **Retired** \_\_\_\_\_ *New* \_\_\_\_\_ *Renewal*

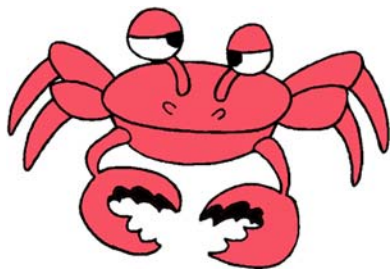
This membership is for all retired athletic directors, activities directors and athletic administrators.

**Amount Enclosed:** \$ \_\_\_\_\_ Make checks payable to: **MSADA**

***Mail To: MSADA***  
*c/o Carol M. Satterwhite, CAA*  
*5467 Gloucester Road*  
*Columbia, MD 21044*

***If you have any questions, please contact Carol via email or phone.***

Carol M. Satterwhite, CAA  
410.730.8542 or [cmsatterwhite@aol.com](mailto:cmsatterwhite@aol.com)



# CRAB TALK!

**2004 Convention Dates** are Thursday, April 29<sup>th</sup> through Sunday, May 2<sup>nd</sup> Please mark your calendar and note this is a week later than normal due to hotel scheduling conflicts.

**District 2** - *Jim Tapley*, Northwest High School is the new district representative to the MSADA Executive Council, replacing *Karl Heimbach*, CAA Magruder High School who is now the second vice-president of the MSADA.

**District 3** - The Prince George's County Public Schools have taken technology one-step higher. All games for all sports for next year have been entered by the athletic directors at [www.princegeorgesathletics.org](http://www.princegeorgesathletics.org) and the web site has been modified to handle bus requests, security request, etc. *Addison Shepard* is the new Athletic Director at Northwestern High School. The Prince George's County Athletic Association is starting up a countywide 'Hall of Fame' in conjunction with the Prince George's County Sports and Learning complex.

**District 6** - *Diane George*, CAA Loch Raven HS has retired and *Dave Hoch*, CMAA has moved over from Eastern Tech HS to replace Diane. Also, *Jennifer Hoch*, was the recipient of the MSADA Scholarship chosen at the annual MSADA convention. Jennifer attends the University of Maryland.

**Hereford County Public Schools** will offer a Care and Prevention course August 4<sup>th</sup> through August 7<sup>th</sup> at Bel Air High School. Registration information can be obtained by calling 410-588-5288 and ask for *Forest Wiest*.

**Maryland Interscholastic Athletic Association** private school athletic information can be found at [www.miaasports.com](http://www.miaasports.com). It is an excellent site with lots of up to the minute information about athletics and happenings in the MIAA.

CRAB FEAST  
@ PHILLIPS



# MSADA Vendors, See them Smile!



## 2003 Prize Drawing Winners

<u>NAME</u>	<u>SCHOOL</u>	<u>VENDOR</u>	<u>PRIZE</u>
Matt O'Hare	Worcester Prep	MSADA	Conference Registration 2004
Al Hightower	St. Andrew's Episcopal	Boathouse	Sweatshirt
Sam Oliver	Calvert	NEFF	Shirt
Bob Burris	Retired	National Scouting	Infusion Ball
Ted Bell	Parkville	Daktronics	Mouse Pad, Hat
Jim St. Ledger	Surrattsville	JV Pro	Chair
Obie Barnes	Forest Park	National Scouting	Infusion Ball
Lois Miller	Roland Park	Cisco	Sweatshirt
Ron Belinko	Baltimore Co.	Boathouse	T-Shirt
Jane Ronos	Pikesville	Boathouse	Jacket
Don Van Deusen	River Hill	Athletic World	Shirt
Dick Knode	Retired	Resilite	Bacardi
Kathy Graybeal	Towson	National Scouting	Infusion Ball
Jim Horn	South Carroll	Schelde	Shirt
Dave Sellers	Parkdale	Aluminum Athletic	Stopwatch
Vivienne Dailey	Retired	Marlow Sports	Sweatshirt
Bruce Sider	Glen Burnie	Pepsi	Gatorade, Bag
Ben Eaton	Dunbar	Boathouse	T-Shirt
Brenda Henley	Great Mills	Athletic World	Jacket
Don Disney	Howard Co.	National Scouting	Infusion Ball
Vince Parnell	Howard	Christian Athletes	Book
Ron Stover	Charles Co.	Daktronics	Mouse Pad, CupHolder
Henry Ward	North Caroline	Boathouse	T-Shirt
Brenda Watkins	Oxon Hill	NEFF	Shirt
Jill Myers	Franklin	Pepsi	Gatorade,Clock
Mary Lucas	MPSSAA	Boathouse	Shirt
Brian Stevens	Calvert Co.	Entertainment	3-Day Trip
Donnae Bushrod	Balt. City	Marlow Sports	Sweatshirt
Ken Lima	Forestville Academy	Sporting Art	
Larry Layman	Retired	Dynamic Sports	Bag
Mike Lanahan	Quince Orchard	Pepsi	Ball Retriever
Bill Hay	Douglass(PG)	Christian Athletes	Book
Joan Kowilak	St. Andrews	Marlow Sports	Sweatshirt
Reggie Brooks	Milford Mill	Athletic World	Jacket
Karl Heimbach	Magruder	Daktronics	Clock
Desi Brown	Crossland	Stitches w Design	Windshirt
Russ Huekler	Kenwood	Marlow Sports	Sweatshirt
Wayne Mook	Severna Park	Circle System	Helmet
Pat Harris-Paxon	Friendly	Daktronics	Hat, Mouse Pad, 50/50 \$267
Teresa Bachtell	Smithsburg	Boathouse	T-Shirt
Chuck Fales	Atholton	Sports Imports	Shirt
Mike Gelman	Randallstown	Athletic World	Shirt
Diane George	Loch Raven	LifeTouch	Orioles Tickets
Bill Rumbaugh	Winters Mill	Schedule Star	Program/Disc
Mike Williams	Glenelg	Boathouse	Shirt
Steve Malone	Retired	Bacharach Rasin	\$50.00
Thomas Lentsch	Baltimore Lutheran	Marlow Sports	Shirt
Matt O'Hare	Worcester Prep	Circle System	Helmet/free 2004 Conference Registration
Russ Lingner	Sparrows Point	Resilite	Bacardi
Mike Lafferty	Dulaney	Boathouse	Shirt
Lee Dove	Archbishop Spalding	Marlow Sports	Sweatshirt
Jim Dillon	Retired	Schedule Star	Subscription
Dave Anderson	Lackey	Pepsi	Tray/Cups
Bruce Sider	Glen Burnie	Pepsi	Special Serving Set
Ralph Osborne	Wicomico Cty.	Finch Services	John Deer Motorized Car
Jaye Cohen	Barrie	Princess Royale Hotel	Complimentary Room for the 2004 Conference

# Maryland State Athletic Directors Association Award Winners 2002-2003 School Year

## MSADA AD of the YEAR

Diane George, CAA

Loch Raven High School

## District Award Winners

#1 Teresa Bachtell

Smithsburg High School

#2A Jaye Cohen

Barrie School

#2B Irene Mallery

Wheaton High School

#3 Jim St. Ledger, CAA

Surrattsville High School

#4 Sam Oliver

Calvert High School

#5A Bill Rumbaugh

Winters Mill High School

#5B David Charles Cesky

Fallston High School

#6 Diane George, CAA

Loch Raven High School

#7 Mary G. Fisher

Athletic Supervisor,  
Kent County High School

#8 Tim Holley Jr.

Gilman High School

#9 Linda M. Hollis

Carver High School

#10 Mary Ella Marion

Mercy High School

## NIAAA State Award of Merit

Bob Graves

Retired-Past President MSADA

## Hall of Fame Award Winners

Yogi Martin

Athletic Supervisor, Washington

County Public Schools

Hugh Gelston

Boys' Latin School

Owen Johnson

Athletic Supervisor, Prince George's

County Public School

Bob Maxey, CAA

Hammond High School

## MSADA Distinguished Service Award for Non-member Contributions

Rich Boyajy

Magruder High School

Lisa Curry

Eastern Tech High School

## NIAAA Certificates of Appreciation

**15 years**

William Beattie, CAA

Athletic Supervisor, Montgomery

County Public Schools

**20 years**

John Brown

Damascus High School

Diane George, CAA

Loch Raven High School

Congratulations to the following Athletic Directors who have achieved the designation as a Certified Athletic Administrator from the National Interscholastic Association of Athletic Administrators at our April conference.

Kimberly Ann Chorosiewski  
Jaye L. Cohen

Donald Lee Disney  
Lawrence E. Hall

Derek A. Maki  
Vincent J. Parnell

Jacqueline T. Slay  
Ronald E. Stover

*Congratulations to All!*



Official Sponsor



**2003-2204 MEMBERSHIP  
APPLICATION INCLUDED.  
SEE OUR NEW ASSOCIATE  
MEMBER LEVEL.**

Ms. Carol Satterwhite, CAA  
5467 Gloucester Road  
Columbia, MD 21044

Maryland State  
Athletic Directors Association

**MSADA**