

Fall 2009-2010 Sport Try-Outs Information and Schedule

All incoming student athletes must have a physical, parent permission form, and a copy of a utility bill (and a copy of their birth certificate for all 9th graders and first time athletes) in order to tryout for the fall sports teams at Atholton High School. There is no academic eligibility for 9th graders in the fall season; this is the only season that the academic eligibility is waived for 9th graders. All 10th-12th graders must have had a 2.0 GPA and no Es in 4th quarter. Please make sure that all forms are completely filled out, including signatures, stamps of physicians, and dates. Equipment will be provided during tryout dates. We encourage all players and parents not to buy new equipment until all the teams are made.

You can get all the necessary forms for tryouts on our new website at www.atholtonathletics.com. Click on the forms section.

Below are the tryout dates for all fall sports. If you have any questions, please contact Mike Senisi at Michael_Senisi@hcpss.org

Boys Soccer

Saturday Aug 15: 8 am-12 noon at Atholton HS track
Monday-Tuesday (8/17 & 8/17) 9am- 12 noon ~ at Martin Rd Park

GIRLS SOCCER

Sat. Aug. 15 8:30-10:30 at Clemens Crossing Elementary School
Aug. 15 3:00-5:00 at Clemens Crossing
Mon. Aug. 17 8:30-10:30 at Clemens Crossing
Aug. 17 3:00-5:00 at Clemens Crossing

FOOTBALL

Sat Aug 15 7:30am to 10 am meet in weight Room
Aug 15 4:00pm to 6:30pm on field
Mon Aug 17 2:00pm to 4pm meet in weight room
Aug 17 5:30pm to 7:30pm on field
Tues Aug 18 2:00pm to 4pm meet in weight room
Aug 18 5:30 pm to 7:30pm on field

FIELD HOCKEY

Fri Aug 14 3pm-4pm collect paperwork on the Field hockey field.
Sat Aug 15 9:00am-11:30am at the track.
Mon Aug 17 7am-8am and 4pm-7pm

Girls need sticks, shin guards, mouth guards, water bottles, tennis shoes and cleats for the first day.

CHEERLEADING

Thurs Aug 13 6:00-7:00 pm Form Turn In front lobby
Sat Aug 15 8am-10am No tryouts; Optional Conditioning Green Room
Mon Aug 17-19 9:00 a.m.-12:00 pm Tryouts; Back Gym
Wed Aug 19 Final team selection; Students will meet individually with coaches

Dress should include: gym shorts, t-shirt or tank top (nothing big and baggy), tennis shoes, hair pulled back in a pony tail and longer bangs pulled off the face, no jewelry, no long fingernails, no fingernail polish.

CROSS COUNTRY

Mon Aug 17-19 2:30pm- 4:30pm meet at the tennis courts

GOLF

Sat Aug 15 10am-12 at Hobbits Glen driving range
Mon Aug 17 2:45pm-5pm Hobbits Glen

VOLLEYBALL:

August 14th bring in paperwork

- Ø A completed physical
- Ø Parent permission form
- Ø Copy of a utility bill
- Ø Copy of a birth certificate (freshman only)

8:00 am to 10:30 am Freshman and Sophomores

11:00am to 1:30 pm Juniors and Seniors

August 15th (First day of tryouts)

Please be 15 minutes early for your designated tryout time.

7:00am to 10:00am Freshman and Sophomores (Passing, Serving, Setting)

10:00am to 12:00pm Juniors and Seniors (Passing, Serving, Setting)

12:00 to 1:00pm Lunch Break

1:00pm to 3:00pm Freshman and Sophomores (Game play and Drills)

3:00pm to 5:30pm Juniors and Seniors (Game play and Drills)

August 17th Monday

8:00 am to 10:00am Freshman team tryouts

10:00am to 12:00pm Junior Varsity team tryouts

1:00pm to 3:00pm Varsity team tryouts