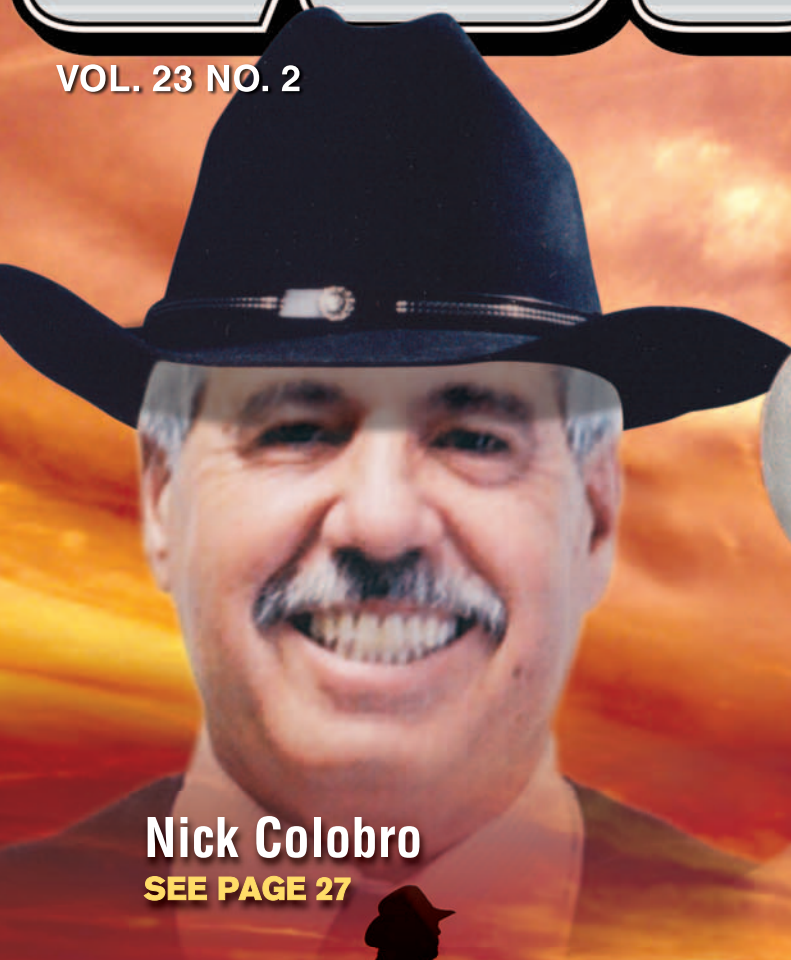


VIRGINIA

# COACH

VOL. 23 NO. 2

MAY 2009



**Nick Colobro**

**SEE PAGE 27**



**Alvis Mann**

**SEE PAGE 26**



*Happy Trails*

**TO TWO  
COACHING LEGENDS**

Greetings from Hampton!

Another year has come and almost gone since the 2008 VHSCA All-Star games and clinic. The 2009 games and clinic are winding down in their preparations. I hope each of you can make it to Hampton this July 6-10 to participate in a week of fellowship and fun as we enjoy the games and clinic.

We have 9,000 plus members this year and continue to grow each year.

I. Your NEW APPLICATION for VHSCA Coaches Association membership includes one million dollar, year round liability insurance coverage. This alone, if purchased individually, would cost about \$475 year. (If you are coaching, you cannot afford to be without this!)

II. VIRGINIA HIGH SCHOOL HALL OF FAME: This is sponsored jointly by the VHSL and VHSCA to honor those who have contributed or achieved at the highest level in

high school sports in the state of Virginia. If you know someone whom the past or present that fits into this category, please nominate him or her for the outstanding honor. (Nomination due before October 31, yearly)

III. VHSCA ALL-STAR GAMES PROGRAM ADS: Don't forget these are due before June 1!!! These are great souvenirs for coaches, parents, and most of all, the athletes for years to come. Also this is our primary source of sponsorship for the games! Each player must have a minimum of a half page ad.

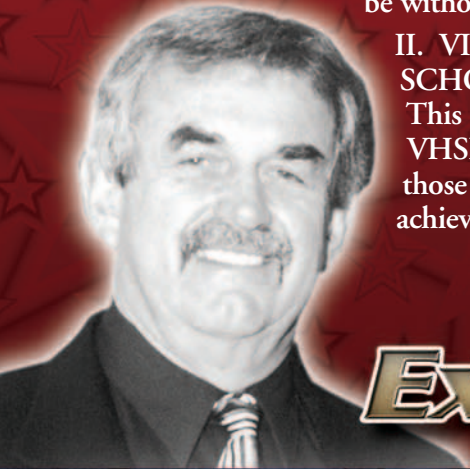
IV. The ads in this publication are from the people supporting our Association and All-Star games through their sponsorship. Please show your support of them by using these suppliers and vendors.

THANKS TO EVERYONE FOR YOUR efforts and support in preparation for the clinic and games in 2009.

Yours in sports,



**Michael L. Smith**



## NOTES FROM *Executive Director*

Fellow Coaches,

Spring sports are coming to an end and I wish everyone the best in the upcoming district, regional and state tournaments. We have had a very tough spring with the weather but most of you have survived and like all good coaches you just keep going no matter what the situations are.

The VHSCA Clinic and All-Star games will be July 6-10 in Hampton. Please make every effort to be there because it a great week to see old friends and meet new ones. We will have some great speakers and I know you are bound to get some good information. Clinic information and hotel reservations are in this magazine as well as the college class for those of us who need recertification.

Again I hope to see a lot of you at the clinic and lets make this the biggest and best yet. See you in Hampton.

**Marshall Parker**

President, VHSCA



## *President's Letter*



# Thank You!



A Very Special

## Thank You!

to Dr. William Harvey and Hampton University

We deeply appreciate your partnership with the VHSCA over the many years in providing a source for college credit in conjunction with our ANNUAL CLINIC. You make the All-Star games a reality through your generosity in housing and succulent meals prepared by your very capable and friendly support staff in the cafeteria.

Thank you,  
Michael Smith  
Executive Director VHSCA  
and Hampton University Alumnus

**DON'T MISS THE VHSCA**

**Picnic!**

**THURSDAY, JULY 9TH**

**AT 5:00 PM**

**at Mill Point Park, Downtown Hampton.  
Great Barbeque and lots of food and drinks.**

**This ticket is included in your registration.**

**Great fellowship with other coaches.**

**There is a band with some great sounds.**

*See you there.*



## INFORMATION ON ALL-STAR GAMES

	ARRIVE	GAME	
FOOTBALL	July 5, before 12 noon	Fri., July 10	Darling Stadium / 7:30 p.m.
BASKETBALL	July 6, before 12 noon	Tues., July 7	Hampton Coliseum (Girls: 6:00 p.m.) (Boys: 8:30 p.m.)
VOLLEYBALL	July 7, before 12 noon	Wed., July 8	Christopher Newport University / 2:00 p.m.
SOCCER	July 7, before 12 noon	Wed., July 8	Christopher Newport University (Girls: 5:30 p.m.) (Boys: 7:30 p.m.)
SOFTBALL	July 8, before 12 noon	Thurs., July 9	Christopher Newport University / 10:30 a.m.
BASEBALL	July 8, before 12 noon	Thurs., July 9	Christopher Newport University / 2:00 p.m.

**CLINIC • CLINIC • CLINIC**

This year's clinic will be at the  
**Hampton Roads Convention Center**  
Hampton, Virginia  
**Monday - Friday, July 6 - July 10**

# 2009 VHSCA Coaches Clinic

July 6-July 10, 2009

Visit our website at  
[www.vhscainc.com](http://www.vhscainc.com)  
for more information

- ★ **Monday – July 6**
- ★ College Course Registration -
- ★ HEALTHSOUTH Coaches Workshop
- ★ **Tuesday – July 7**
- ★ Track – Volleyball – Basketball – Wrestling
- ★ – HEALTHSOUTH Coaches Workshop
- ★ **Wednesday – July 8**
- ★ Track – Volleyball – Basketball – Wrestling
- ★ – Baseball – Tennis - Golf
- ★ – HEALTHSOUTH Coaches Workshop
- ★ **Thursday – July 9**
- ★ Football – Softball – Soccer – Baseball –
- ★ Tennis – Golf - HEALTHSOUTH Coaches
- ★ Workshop
- ★ **Friday – July 10**
- ★ Football – Softball – Soccer – Cheer

# HIGHLIGHTS



2009-2010

National Organization of Coaches  
Association Directors



For any additional  
information please contact  
your State Association office  
or Greg Joly at Loomis &  
LaPann, Inc. 800-566-6479

**GENERAL LIABILITY PROGRAM:** Coverage is provided to your State Association and Members through the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors.

**CARRIER:** Lexington Insurance Company

**POLICY #:** 0424080

**POLICY PERIOD:** August 1, 2008 - August 1, 2009

**LIMITS OF INSURANCE:**

\$1,000,000	Each Occurrence
\$1,000,000	General Aggregate
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$50,000	Fire Damage
Excluded	Medical Payments

**CAMP COVERAGE:** Today, most coaches are involved in some type of sports camps. Coverages such as General Liability and Accident Medical for your participants are available to all member coaches through your State Associations master policies. Please note that our current General Liability Program follows all members while working at camps and/or conducting their own personal camp.

**CERTIFICATE OF INSURANCE & PARTICIPANT ACCIDENT**

- If you have a camp and require proof of insurance certificates are at no additional charge.
- If you have a camp and require a certificate of insurance naming an Additional Insured the cost is \$300.00.
- Participant/Accident Coverage must be in place for all participants prior to the issuance of a certificate of insurance naming an Additional Insured.
- Certificates of Insurance and Participant/Accident request forms are available through your State Association.

# Clinic Schedule 2009

(Tentative - Subject to Change - Go to [www.vhscainc.com](http://www.vhscainc.com) for the latest changes)

## MONDAY – JULY 6TH

### 9:00 AM – 1:00 PM

Registration for Clinic & Hampton University registration for college credit participants

### 1:00 PM

**Mandatory meeting for all college credit participants**

### 2:15 PM

**Virginia Sports Medicine & Physical Training**

**Basketball - TBA**

**Wrestling** – Kevin Dresser – Virginia Tech

### 3:15 PM

**Virginia Sports Medicine & Physical Training** – “Concussions”

**Basketball** – Jim Laranaga – George Mason U.

**Wrestling** - Kevin Dresser – Virginia Tech

### 4:15 PM

**Virginia Sports Medicine & Physical Training** – “MRSA”

**Basketball** – Jim Laranaga – George Mason U.

**Wrestling** - Kevin Dresser – Virginia Tech

## TUESDAY – JULY 7TH

### 8:00 AM – 4:00 PM

Registration

### 8:30 AM

**VA. Sports Medicine & Physical Training** – “Ankle Injuries”

**Basketball** – Brad Greenberg – Radford U.

**Wrestling** – Bruce Shoemaker & Micah

Amrozowicz – Newport News Apprentice School –

“Introduction & Philosophy of Apprentice School Wrestling Program”

**Field Hockey** – Lindsay Jackson – Limestone College

### 9:30 AM

**VHSCA Executive Committee Meeting** (Committee Members Only) – Holiday Inn

**VA. Sports Medicine & Physical Training** – “Filling a Need for Licensed Athletic Trainers”

**Basketball** – Brad Greenberg – Radford U.

**Wrestling** – Bruce Shoemaker & Micah

Amrozowicz – Newport News Apprentice School – “Clearing/Controlling a Tie-Up”

**Field Hockey** – Lindsay Jackson – Limestone College

### 10:30 AM

**VA. Sports Medicine & Physical Training** – “Ankle Taping Lab”

**Basketball** – Mike Young – Wofford College – “Motion Offense”

**Wrestling** - Bruce Shoemaker & Micah

Amrozowicz – Newport News Apprentice School – “Attacking With Your Body”

**Field Hockey** – Paige Hawkins – Maggie Walker GS

### 11:00 AM

**VHSCA Legislative Council Meeting** (Council Members Only) – Holiday Inn

### 11:30 AM – 1:00 PM

Lunch Break & Visit Exhibits

### 12:40 PM

**Door Prize Drawing #1** – Exhibit Area

### 1:00 PM

**Basketball** – Mike Young – Wofford College – “... Best of the Southern Conference”

**Track** – Buz Male – Albemarle HS – “Middle Distance”

**Wrestling** – Bruce Shoemaker & Micah Amrozowicz – Newport News Apprentice School – “Finishes – Singles & High Crotch”

**Volleyball** – Disa Garner – James Madison U. – “Technically Training Your Setter”

**Virginia Sports Medicine & PT Coaches**

**Workshop** – “Sports Nutrition”

**Field Hockey** – Lindsay Jackson – Limestone College

### 2:00 PM

**Basketball** – TBA

**Track** – Ron Garner – “Successfully Coaching the Multi-Sport Track Athlete”

**Wrestling** – Bruce Shoemaker & Micah Amrozowicz – Newport News Apprentice School “Top Strategies”

**Volleyball**– Disa Garner – James Madison U. – “Blocking 101”

**Field Hockey** – Lindsay Jackson – Limestone College

**Virginia Sports Medicine & PT Coaches**

**Workshop** – “Supplements That Work”

### 3:00 PM

**Basketball** – Spencer Wood – Icebox Athlete

**Track** – Ron Garner – “Preparing a Development Plan for a Track & Field College Prospect: From Academic Assessment To College Selection”

**Wrestling** – Bruce Shoemaker & Micah Amrozowicz – Newport News Apprentice School – “Bottom Strategies”

**Volleyball** – Disa Garner – James Madison U. – “How to Breakdown the Footwork and Armswing”

**Virginia Sports Medicine & PT Coaches**

**Workshop** – “Lower Leg Injuries”

**Field Hockey** – VHSL Rules Clinic

### 4:00 PM

**Basketball, Field Hockey & Track** - Spencer Wood – Icebox Athlete

**Wrestling** – Bruce Shoemaker & Micah Amrozowicz – Newport News Apprentice School – “Being Dangerous”

**Volleyball** – VHSL Rules Clinic

**Virginia Sports Medicine & PT Coaches**

**Workshop**- “Taping Lab”

### 6:00 PM

**East-West All-Star Basketball Games** – Hampton Coliseum

## WEDNESDAY – JULY 8TH

### 8:00 AM – 4:00 PM

Registration

### 9:00 AM

**Cheer** – Amy Acors – Liberty HS – “Effective Practices”

**Softball** – Joe Verbanic – George Mason U.

**Baseball** – University of Virginia Staff

**Track** – Clinician Courtesy of M-F Athletics

**Volleyball** – James Finley – Virginia

Commonwealth U.

**Virginia Sports Medicine & PT Coaches**

**Workshop** – “Head and Neck Injuries”

### 9:50- 10:20 AM

Break – Visit Exhibits

### 10:00 AM

**Door Prize Drawing #2** – Exhibit Area

### 10:20 AM

**Cheer** – Shawn Smith – Eastern Cheerleader and Dance Association – “Team Building”

**Softball** – Joe Verbanic – George Mason U.

**Baseball** - University of Virginia Staff

**Track** – Clinician Courtesy of M-F Athletics

**Volleyball** – James Finley – Virginia

Commonwealth U.

**Virginia Sports Medicine & PT Coaches**

**Workshop** – “Heat Illness Injuries”

### 11:20 AM

**Cheer** – Amy Acors – Liberty HS – “Creating Your Yearly Cheerleading Calendar”

**Softball** – Heidi Freitag – U. of Virginia – “Basic Pitching Drills to Develop a Novice Pitcher”

**Baseball** – University of Virginia Staff

**Track** – Clinician Courtesy of M-F Athletics

**Volleyball** – James Finley – Virginia

Commonwealth U.

**Virginia Sports Medicine & PT Coaches**

**Workshop** – “Injuries to the Hip and Thigh”

### 12:10 PM

Lunch Break & Visit Exhibits

### 12 Noon – 1:30 PM

**Golf** – Gary Anderson, PGA Pro, The Hamptons Golf Course – “The Short Game” – At the Hampton GC - Coaches Bring your Clubs

### 1:15 PM

**Cheer** – Shawn Smith – Eastern Cheerleading and Dance Association – “Techniques for Routine Perfection”

**Softball** – Heidi Freitag – U. of Virginia – “In Depth Pitching Questions”

**Track** – Clinician Courtesy of M-F Athletics

# Clinic Schedule 2009 *Con't...*

(Last Updated 4/19/09)

**Baseball** – University of Virginia Staff  
**Soccer**– Steve Shaw – Christopher Newport U.  
**Tennis** – USTA/VHSL Rules Clinic  
**Virginia Sports Medicine & PT Coaches Workshop** – “Dental Injuries”

**1:30 – 3:00 PM**

**Golf** –

**2:00 – 2:30 PM**

Break – Visit Exhibits

**2:10 PM**

**Door Prize Drawing #3** – Exhibit Area

**2:00 PM**

**East-West All-Star Volleyball Game** – Christopher Newport U.

**2:30 PM**

**Cheer** – Joe Delanske & Nick Marchio – Stonebridge HS – “Preparing Cheerleaders for College and Competitive Cheerleading”

**Softball** – Geoff Hirai – U. of Virginia

**Track** - Clinician Courtesy of M-F Athletics

**Baseball & Tennis** – Spencer Wood – Icebox Athlete

**Soccer**– Steve Shaw – Christopher Newport U.

**Virginia Sports Medicine & PT Coaches Workshop** – “Hip and High Lab”

**3:30 PM**

**Cheer**- VHSL Rules Clinic

**Softball** – Geoff Hirai – U. of Virginia

**Track** - Clinician Courtesy of M-F Athletics

**Baseball & Tennis** - Spencer Wood – Icebox Athlete

**Soccer**– Steve Shaw – Christopher Newport U.

**Virginia Sports Medicine & PT Coaches Workshop** – “Hand, Wrist, and Elbow Injuries”

**5:00 PM**

**VHSCA Awards Banquet** – Location TBA

**6:00 PM**

**East-West All-Star Soccer Games** – Christopher Newport U.

## THURSDAY – JULY 9TH

**8:00 AM – 4:00 PM**

Registration

**8:00 AM - 8:45 AM**

Visit Exhibits

**8:00 AM**

**VHSCA General Membership Meeting**

**8:30 AM – 10:00 AM**

**Tennis** – Rush Cole – Christopher Newport U. – on the CNU Courts

**8:45 AM**

**Football** – Sparky Woods - VMI

**Baseball** – TBA

**Soccer** – Tom Martin – James Madison U. – “Functional Warm-up For The Soccer Player”

**Virginia Sports Medicine & PT Coaches Workshop** - “Emergencies and Non-Emergencies”

**9:00 AM – 10:30 AM**

**Golf** – Ed Collins, PGA Pro, Bow Creek Municipal Golf Course – From the Fairway” – At the Hamptons GC – Coaches Bring your Clubs

**9:45 AM – 3:00 PM**

**Cheer** – Bill Brazier – AACCA Safety Certification course (**Requires an additional registration and additional \$65 fee**)

**9:45 AM**

**Football** – Sparky Woods - VMI

**Soccer** – Tom Martin – James Madison U. – “Soccer – A Diverse Perspective”

**Baseball** – TBA

**Virginia Sports Medicine & PT Coaches Workshop** – “Shoulder Injuries”

**10:15 AM – 11:45 AM**

**Tennis** – Rush Cole – Christopher Newport U. – on the CNU Tennis Courts

**10:30 AM – 12 NOON**

**Golf** – Reynolds Dawson, PGA Pro, Kempsville Greens Golf Course – “Hit Your Irons Further” – At the Hamptons GC – Coaches Bring Your Clubs

**10:35 – 11:05 AM**

Break – Visit Exhibits

**10:45 PM**

**Door Prize Drawing #5** – Exhibit Area

**11:00 AM**

**East-West All-Star Softball Game** – Christopher Newport U.

**11:10 AM**

**Football** – Spencer Wood – Icebox Athlete

**Baseball** – TBA

**Soccer** – Tom Martin – James Madison U. – “International Lessons We Can Take From The Game”

**Virginia Sports Medicine & PT Coaches Workshop** – “Shoulder Rehab”

**12 Noon- 1:15 PM**

Lunch & Visit Exhibits

**12:05**

**Golf** – Coaches Scramble – At The Hamptons Golf Course

**1:15 PM**

**Football & Soccer**– Spencer Wood – Icebox Athlete

**Virginia Sports Medicine & PT Coaches Workshop** – “Packing for an Away Game”

**2:00 PM- 2:30 PM**

Break – Visit Exhibits

**2:15 PM**

**Door Prize Drawing #4** – Exhibit Area

**2:00 PM**

**East-West All-Star Baseball Game** – Christopher Newport U.

**2:30 PM**

**Football** – Willie Mack Garza – U. of Tennessee  
**Virginia Sports Medicine & PT Coaches Workshop** - “Liability”

**3:30 PM**

**Football** – Frank Wilson – U. of Tennessee  
**Virginia Sports Medicine & PT Coaches Workshop** – “Open Session: Questions & Answers”

**5:00 PM**

**Picnic** – Mill Point Park

## FRIDAY – JULY 10TH

**8:00 AM – 12 Noon**

Registration

**9:00 AM**

**Football** – Offense – Jack Ginn – Grand Valley State U. – “Vertical Passing Game”

**Football** – Defense – Bob Shoop – College of William & Mary

**10:00 AM**

**Football** – Offense – Jack Ginn – Grand Valley State U. – “Screen Game”

**Football** – Defense - Bob Shoop – College of William & Mary

11:00 AM

**Football** – Offense - TBA

**Football** – Defense – Jeff Hanson – U. of Richmond

**12 Noon - Lunch**

**1:00 PM**

**Football** – Offense - TBA

**Football** – Defense – Vincent Brown – U. of Richmond

**2:00 PM**

**Football** - VHSL Rules Clinic

**7:30 PM**

**East-West All-Star Football Game** – Darling Stadium

# CLINIC PRE-REGISTRATION FORM

**Must be received by June 27, 2009**

Type or Print *Legibly*

School \_\_\_\_\_ City, State & Zip \_\_\_\_\_

Name	2007-2008 VHSCA MEMBERSHIP CARD #	**Check if banquet ticket desired ADD \$10.00
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

\_\_\_\_\_ CLINIC PRE-REGISTRATION LISTED ABOVE WITHOUT MEMBERSHIP # @ \$55 EACH = \$ \_\_\_\_\_

\_\_\_\_\_ CLINIC PRE-REGISTRATION LISTED ABOVE WITH MEMBERSHIP # @ \$45 EACH = \$ \_\_\_\_\_

\_\_\_\_\_ BANQUET TICKETS ORDERED @ \$10 EACH (LIMIT 1 PER PERSON) = \$ \_\_\_\_\_

\_\_\_\_\_ ADDITIONAL BANQUET TICKETS @ \$11 EACH = \$ \_\_\_\_\_

**TOTAL AMOUNT ENCLOSED = \$ \_\_\_\_\_**

**MAKE ALL CHECKS PAYABLE TO: VHSCA**  
**MAIL TO: JIM SANGSTON**  
**509 WEST DRIVE CIRCLE, RICHMOND, VA 23229-6831**  
 TAX ID# 23-7258122

**REFUND POLICY**  
 Cancellation before July 1, 2009 - 1/2 Refund  
 Cancellation after July 1, 2008 - NO REFUND  
 WILL BE ISSUED

**At Door Registration Fee \$65 (\$55 For VHSCA Members showing current membership card)**

## GRADUATE COLLEGE CREDIT OFFERED FOR 2009 CLINIC

**Items of Interest**

- All pre-registrations must be in by July 1, 2009  
 Send to: Coach Mike Smith  
 317 Orange Plank Rd.  
 Hampton, VA 23669
- Do not send any money with pre-registration.
- Tuition of \$285.00 Members (\$315.00 non-members) (3 semester hours) will be paid in Hampton on Monday, July 6.

- Course classes begin on Monday, July 6. You must also register for the clinic before you may register for the class.
- You can register for the College Credit Course on June 30 – Hampton Holiday Inn.

**Two Course Titles:**

- Educational Challenges in Today's Economy.  
EDCU 672-51
- Economic Challenges for High School Sports.  
PEDU 672-51

**Application for 2009 College Credit Registration**

Name \_\_\_\_\_  
LAST FIRST INITIAL

School \_\_\_\_\_

Home Address \_\_\_\_\_  
STREET & NUMBER

Home Phone \_\_\_\_\_

## AACCA SAFETY CERTIFICATION

VA HS COACHES ASSN CLINIC  
HAMPTON CONVENTION CENTER  
JULY 9 2009

### REGISTRATION FORM

The American Association of Cheerleader Coaches and Administrators (AACCA) safety certification is endorsed by the National Federation of State High School Associations, NCAA, National Athletic Trainers Association, University Risk Managers Association, Dollamar Sports Surfaces and the Womens Sports Foundation.

Our certification, modified and edited by the creators of The USGA & USDA certifications, has tested successfully in numerous courts of law, and is considered a standard in the cheerleader industry. Our comprehensive program contains useful information for coaches at all levels.

The fee is \$65.00 the program lasts for approximately 4 hours and includes a 100 question multiple choice exam. All required material will be discussed prior to the exam. The Passing grade is 80% and the certification is good for 4 years individuals who have certified prior to 2005 should recertify at this time.

Registration for this class is required to be done through Mr. Jim Sangston, Clinic Director VAHS Coaches Clinic!!!  
vahsclinic@verizon.net (804) 282-3994

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (H) \_\_\_\_\_ E-MAIL \_\_\_\_\_

SCHOOL NAME \_\_\_\_\_

## GENERAL INFORMATION

**Clinic Questions – Contact Jim Sangston at vahsclinic@verizon.net.** Everyone must register for the clinic. Registration begins Monday, July 6 at 9:30 AM at the Convention Center.

College credit participants **MUST** report on Monday between 9:30 AM and 12:30 PM.

Hotel reservation form is included.

One ticket for each all-star game can be purchased for \$2 **AT THE TIME OF REGISTRATION ONLY.** Additional tickets can be purchased at the regular price.

Annual VHSCA Business meeting on Thursday, July 9 at 8:00 AM at the Convention Center. The VHSCA Executive Committee will meet at 9:30 AM and the Legislative Council will meet at 11:00 AM on Tuesday, July 6.

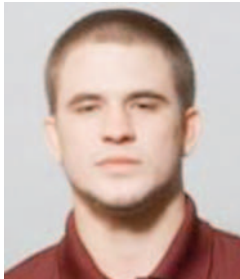
**The VHSCA Awards Banquet will be held at 5 PM on Wednesday, July 8th. Location to be announced at Registration. Banquet is open to all clinic registrants and guests. Tickets can be purchased when you register. Ticket may be purchased for \$11.**

Support our Exhibitors – Stop by & visit them – Buy at the clinic if possible

Please check the Rules Clinic Schedule. The VHSL is unable to offer several rules clinics that we have had previously, since the National Federation interpreters meetings will not have been held yet.

**Please wear your name tag to all clinic sessions.**

# 2009 Clinic Speakers



**Micah Amrozowicz**  
**Assistant Wrestling Coach**  
**Newport News Apprentice**  
**School**

While at Kellam HS, Micah Amrozowicz was a VHSL state runner-up. HE moved on to wrestle at VMI and the Apprentice School. Micah was a Folk Style

World Champion, a NHSCA National Champion, and NWCA National runner-up. He was selected the Outstanding Wrestler at the Virginia Duals. Currently he is Assistant Coach, Technique at Newport News Apprentice School.



**Vincent Brown**  
**Linebackers Coach**  
**University of Richmond**

U. of Richmond Vincent Brown is entering his second year on the Spiders' staff in 2009 as the linebackers coach. He rejoined London after spending 2007 as the graduate assistant coach at the

University of Virginia.

In his first year on staff, Brown inherited a group of linebackers that were arguably the most talented in the league, with All-Conference performers Eric McBride and Collin McConaghy returning as a sophomore and junior, respectively. McBride also garnered CAA Defensive Rookie of the Year honors in 2007.

In 2006, Brown worked as an inside linebackers coach for the Dallas Cowboys under Bill Parcells. Brown played for Parcells during the final three years of his eight-year career with the New England Patriots before retiring in 1995. Brown spent the 2005 Cowboys training camp as part of the team's minority coaching internship program.

Brown's previous coaching experience includes a four-year stint as an assistant coach at Meadowcreek High School near Atlanta. He was also the school's assistant AD for one year.

A native of Atlanta, Brown played at Mississippi Valley State where he earned Kodak All-America honors as a senior in 1987. He was a Second Team AP All-American as a junior. A three-time All-Conference pick, he broke the school's record for career tackles with 570 stops while leading the team in tackles his last three seasons. He graduated with a degree in criminal justice.

After being selected in the second round of the 1988 NFL Draft, Brown went on to start 103 of 123 career games for the Patriots, logging 811 tackles, 16.5 sacks and 10 interceptions.

Brown and his wife Chandra have four children, Dane, Vincent III, Raven and Jorian.



**Rush Cole**  
**Head Men's Tennis Coach**  
**Christopher Newport**  
**University**

The winningest men's tennis coach in CNU history, Rush Cole enters his 12th season at the helm and has a record of 123-69 after going 13-8 in 2007. Cole has been

the architect of one the best stretches in program history as he led his team to the USA South Conference regular season and tournament championships in 2006 and tournament finals in 2007. The 2006 title was the first such tournament championship since CNU tied for the title in 1993 and the first outright title win since 1990. Cole was a member of that team.

Cole is a former CNU player, from 1988-91, and had a great career, especially in doubles. His career record in doubles of 55-19 is fifth best all-time at CNU, and his 55 wins are tied for second place for the most doubles victories. In 1990 he teamed with Holden Knight for a 21-2 mark.

He is a graduate of nearby Phoebus H.S. where he was a state semi-finalist in his junior year and team MVP as a senior. The Dixie Conference recognized him as Coach of the Year in 1998 and 1999, and he was also chosen Coach of the Year in 2005 in the renamed USA South.



**Kevin Dresser**  
**Head Wrestling Coach**  
**Virginia Tech**

A new era in Virginia Tech wrestling was kicked off on April 14, 2006, when Tech Director of Athletics Jim Weaver announced the hiring of former

NCAA Champion Kevin Dresser as the Hokies' new head wrestling coach. Dresser became the 12th man to lead the Tech program since its inception in 1920 and has made an immediate impact on the program.

Now in his third season and with recruiting starting to take off, Dresser and the Hokies are beginning to see positive results from a young squad and program.

In each of his first two seasons, he's had a wrestler win an ACC title and named Most Outstanding Wrestler at the ACC Championships. In 2007, it was Jon Bonilla-Bowman who won the ACC title at 157 pounds and last year Matt Epperly came out of nowhere to win the 165-pound class and advance to the NCAA Championships.

Dresser is a familiar name in the New River Valley as

# 2009 Clinic Speakers

he was the head coach at Christiansburg High School for 10 seasons, winning the Group AA state title five times and claiming second place three times. Prior to his stint in Christiansburg, he led Grundy High School to eight titles in as many years.

"Obviously, we've got a challenge in front of us," Dresser said. "When I came to Grundy and Christiansburg, we had challenges and I think we met those challenges there. This is what gets me up in the mornings."

A native of Humboldt, Iowa, Dresser was a two-time high school state champion at Humboldt High School. He graduated from the University of Iowa, where he won a national title in 1986 at 142 pounds.

Dresser was a two-time All-American (placing fourth in 1985 at 142 pounds), as well as a two-time Big 10 champion. For his performance in 1986, he was given the Mike Howard Award, given to the most valuable wrestler for the Hawkeyes.

Dresser earned his B.S. in general studies from Iowa in 1986. He and his wife, Penny, have three children: Emma (10), Anna (8) and Jack (6). Penny Dresser is a native of Blacksburg and the family resides in Riner.



**James Finley**  
Head Volleyball Coach  
Virginia Commonwealth  
University

A native Texan with a big smile and a knack for conversation, Finley firmly believes that relationships are the key to success.

A former high school and club coach, Finley moved into the collegiate ranks at Texas El Paso, where he served as an assistant for two years. He became head coach at Arizona Western College in Yuma, Ariz., in 2001. In four seasons there, the Matadors won four NJCAA Region I Division I championships. The team was ranked in the top 10 nationally each of the four seasons. His overall record there was 137-37.

Finley took over a VCU team that posted a 6-21 record the previous season. His first Rams team won the CAA championship and a spot in the NCAA tournament. VCU had a 16-win improvement, second best in the country. The next season, VCU almost did it again. As the sixth seed, the Rams made it all the way to the CAA final.

The leap from the junior college ranks to the Division I level wasn't as big as it might seem.

"I recruited Division I athletes," Finley said of his time at Arizona Western. "We would play spring games against Division I teams – Arizona, Texas A&M, Texas Tech, Arizona State, Wichita State and UTEP. Our team always performed well."

Finley's passion for his sport and building relationships extends beyond the court. He's helped organize a booster club for his team and worked with coaches in VCU's other sports to plan a "field day" of activities for the student-athletes to bond and build support for one another.

"James may be one of the most committed coaches I have ever been around," said VCU Director of Athletics Norwood T. Teague. "He lives and breathes VCU volleyball."



**Heidi Freitager**  
Assistant Softball Coach  
University of Virginia

Heidi Freitager is in her first year as an assistant coach at Virginia.

Freitager, who coaches Virginia's pitchers, arrives in Charlottesville after a one-year stint at Temple.

Before arriving in Philadelphia, Freitager spent two years as the head coach at Everglades High School in Miramar, Fla. She led Everglades to the 2007 6A state championship while claiming two district titles. She also guided the West Pines Diamond Dusters 18 Gold squad during her time in Florida.

Prior to coaching in the high school ranks, Freitager served as an assistant at Nova Southeastern (2005), Morehead State (2004) and New Mexico State (2003).

Freitager played at Northern Iowa (1997-2001) where she started at catcher for four seasons and led her team to the Missouri Valley Conference championship in 2000. She graduated with a bachelor's degree in science in 2001 and later went on to earn a master's degree in sports administration from Morehead State in 2002.



**Disa Garner**  
Head Volleyball Coach  
James Madison University

Disa Garner heads into her 10th season directing the women's volleyball program at James Madison University in 2009. She enters the year having seven winning seasons during her

nine-year tenure.

In the previous nine seasons, the Dukes have claimed one Colonial Athletic Association title, appeared in the NCAA tournament, advanced to the league championship match twice, and posted an overall record of 146-110. The Dukes have won an impressive 71 percent (86-35) of their home matches and have laid claim to five regular-season tournaments. JMU players have received 19 All-CAA honors, five All-CAA rookie-team honors, 15 All-State laurels, one CAA Defensive

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Player of the Year award, and one CAA Rookie of the Year award since the 2000 season.

One of Garner's main priorities is for her team to perform as a champion both on the court and in the classroom. Garner's teams have posted a 3.00 grade-point-average nearly every semester since her arrival, including a program-record 3.328 g.p.a. during the Fall of 2004. The Dukes have earned and been honored with 42 CAA Commissioner's Academic Awards under Garner's guidance.

Garner brought outstanding credentials as a player and a coach to the JMU campus. She was a standout player for the Fighting Illini of the University of Illinois from 1984-87 and was the captain of two teams that won Big Ten Conference championships (1986, 1987). Illinois' 1987 team reached the semifinals of the NCAA tournament. The Illini went 124-28 in her four seasons. Garner was an All-Big Ten selection for the 1985, '86 and '87 seasons and set Illinois' career assists record with 5,516 in 141 matches. She was so highly respected as an athlete, that she was named to the Big Ten's all-decade team for the 1980s. She excelled academically as well, earning CoSIDA Academic All-America honors in 1987.

Garner was the head coach at the University of Missouri for the six seasons before moving to the JMU campus. At Mizzou, she took a downtrodden program out of the cellar of one of the nation's leading conferences and proceeded to lead the Tigers to their first Top 25 national ranking.

A native of Western Springs, Ill., Garner served her alma mater as an assistant from 1990-93. Illinois posted a 90-39 record, finished 17th in the nation in 1990, 1991 and 1993, and was ranked as high as fifth in 1992. Prior to that, she spent over a year-and-a-half as an assistant coach at the University of Nebraska-Omaha with a team that finished in the Division II Top 10 in 1989.

Garner was born in Hinsdale, Illinois. She and Ron Garner were married in the spring of 2000. The Garner's and their daughters, Kayin and Tori, reside in nearby town of Bridgewater, Va.



**Ron Garner**  
**Total Training for Success, Inc.**  
**President and Training Consultant**  
**Former Collegiate Track & Field Coach**

Ron Garner always gets excited when he has the opportunity to discuss the topics of

"SUCCESS"...Educating young people...High School and College Athletics...and Track & Field! In April of 2001 he founded Total Training for Success, Inc. in order to continue his

pursuit of excellence within the field of education and athletics by providing quality summer camp experiences for student-athletes ages ten to eighteen.

Garner has twenty-three years of experience at the university level...twenty-one of those years as a Track & Field coach...and recently he has worked in Academic Advising for Student-Athletes. In addition, he has worked as a Strength Coach; founded and coached an age-group club Track & Field program; served as a Training Consultant for Speed Development with collegiate and professional athletes in the sports of football and baseball; taught Exercise Science and Biomechanics courses at the university level; and also supervised the Supportive Services Division of a University Athletic Department.

Garner feels privileged to have had these opportunities. He attributes much of his success as a collegiate coach to the continued support that Virginia High School coaches have given him through out his career. Garner has coached at CNU, Clemson University, University of Illinois, UVA, and JMU. Many of his success stories are about the Virginians he has coached.

He is married to the former Disa Johnson, JMU volleyball coach, and they are the parents of two daughters ages three and six.



**Willie Mack Garza**  
**Assistant Football Coach**  
**University of Tennessee**

Garza has spent the last four seasons at the defensive coordinator and defensive backs coach at North Dakota State. Prior to that, he coached one season at Tarleton State University, three at Texas Christian and four at Western Michigan. The Horned Frogs played in a bowl game all three seasons of Garza's tenure and won the 2002 Conference USA Championship.

During his final season at Western Michigan, the Broncos' defense ranked fourth nationally in scoring defense, ninth in total defense and 13th in pass defense. Garza also served as a graduate assistant at Texas for three seasons after playing four seasons in the Longhorn secondary. He was a Freshman All-America selection in 1988.



**Brad Greenberg**  
**Head Basketball Coach**  
**Radford University**

The sixth head coach in Radford University men's basketball history, Brad Greenberg joined the Highlander family on March 23, 2007. He has a long, impressive resume that includes nearly 30

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years in basketball in a variety of capacities, including successful NBA and collegiate coaching, as well as management and media experience.

Now in his second season on the Radford bench, Greenberg led his club to the biggest turnaround in league history, earning him 2008-09 Big South Coach of the Year honors. After finishing seventh last season, Radford claimed its fourth Big South regular season title and just its second tournament crown in school history.

Just after leading his club to the 2009 NCAA Tournament, Greenberg was tabbed the Richmond Times Dispatch State Coach of the Year.

In two years at the helm of the Highlanders, Greenberg is 31-32 overall, including a 21-12 mark in 2008-09, which was Radford's seventh 20-win season in school history.

Before arriving at Radford, Greenberg spent four seasons at Virginia Tech alongside his brother, Seth. Brad was the first assistant hired after Seth accepted the head coaching position, and was promoted to associate head coach in September 2004.

His two seasons prior to arriving at Virginia Tech were spent with his brother at South Florida, where he was the Director of Basketball Operations.

Before making the jump back to the college game, Greenberg had a distinguished career in the NBA, rising through the ranks from assistant coach to general manager. He was the general manager and vice president of basketball operations for the Philadelphia 76ers from 1996-97. Among his achievements in the Sixers front office, he was responsible for drafting Allen Iverson, the 2001 NBA MVP and 2005 NBA scoring leader.

Prior to his years in Philadelphia, Greenberg honed his player personnel skills in seven years with the Portland Trailblazers. He arrived in 1989 as the Portland Trailblazers' Director of Player Personnel, and was promoted to the team's vice president of player personnel, a position he held from 1992-95..

Before embarking on a long career in the NBA, Greenberg got his start in coaching in 1977 at his alma mater, American University. After one year with the Eagles, he was an assistant coach at St. Joseph's University from 1978-84 where his talent evaluation skills first blossomed as the Hawks recruiting coordinator.

Greenberg is a 1977 graduate of American University with a Bachelor of Arts in interdisciplinary studies in athletics, the media and society. Greenberg currently resides in Blacksburg. His son Cory is a 2008 graduate of Virginia Tech with a Bachelor of Arts degree in Political Science, and his daughter Ali is a senior National Honor Society inductee at Blacksburg High School.



**Geoff Hirai**  
Assistant Softball Coach  
University of Virginia

Geoff Hirai is in his first season with the Virginia softball program. Hirai, who serves as hitting coach while also spearheading Virginia's recruiting efforts, spent the past three seasons as an assistant at the

University of Washington. During his time in Seattle, the Huskies advanced to the NCAA Tournament three times, including a berth in the 2007 Women's College World Series. Hirai helped mentor five All-Americans (two-time honoree Ashley Charters, Dominique Lastrapes, Danielle Lawrie and Dena Tyson) and one Olympian (Canada's Lastrapes) over his three-year stint.

Hirai worked as owner, instructor and coach at the All-Star Dugout in Irvine, Calif., before coaching at Washington. He also coached an 18-under travel team for four seasons, providing individual instruction to athletes pursuing careers in the collegiate and professional baseball ranks.

Prior to becoming the owner of the All-Star Dugout, Hirai was an associate scout with the Cincinnati Reds baseball organization from 2001-03. In this capacity, Hirai was responsible for evaluating players that may be draft worthy.

Hirai played collegiate baseball at Hawaii-Hilo, where he was a four-year letterwinner. He graduated in 1998 with a bachelor of arts degree in history and was an assistant coach for three seasons at Hawai'i-Hilo while working to obtain his teaching certificate in secondary education.



**Lindsay Jackson**  
Head Field Hockey Coach  
Limestone College

GAFFNEY, S.C.—Limestone College Director of Athletics Mike Cerino has announced that Lindsay Jackson will be the Lady Saints' head field hockey coach. Jackson will oversee all aspects of

the inaugural program that will begin competition in the fall of 2009.

"We had several very qualified applicants, but Lindsay really stood out," stated Cerino. "She's a bright young coach who brings a tremendous amount of energy to the position. We are very excited to have her build the foundation for success for our field hockey program."

Jackson comes to Limestone from St. Andrews Presbyterian College, where she served as the assistant women's lacrosse coach since the fall of 2006. She helped the Knights to one of their best seasons in program history in 2007, as the squad set several records.

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She also has field hockey coaching experience at the high school level, where she has worked as an assistant coach for Southern High School in Maryland. She also has coached for the Severna Park and East Coast Field Hockey camps.

She attended Meryhurst College in Erie, Pa., where she played field hockey and lacrosse. She earned All-Academic honors on four occasions. Jackson was named to the Dean's List and the Intercollegiate Women's Lacrosse Coaches Association Division II Academic Honor Roll. She graduated with a Bachelor of Arts degree in hotel, restaurant, and institutional management in May of 2006.

Limestone announced the addition of field hockey to the Saints' sports lineup on November 4. The Lady Saints team will be the southernmost NCAA Division II field hockey team in the United States. Twenty-six institutions sponsor field hockey squads that compete at the NCAA Division II level. Catawba College (Salisbury, N.C.) and Bellarmine University (Louisville, Ky.) will be the only other Division II schools south of Pennsylvania to have programs.



**Tom Martin**  
Head Soccer Coach  
James Madison University

For evidence of Tom Martin's coaching abilities, one merely has to look at the numbers.

More than 400 career wins. Eight NCAA tournament appearances. Two national

championships. Twenty-nine winning seasons in 32 years of coaching.

Martin's coaching career has been one of consistency, and that may be the feat most difficult to achieve in sports. But year in and year out, Martin's teams have been successful.

His West Virginia Wesleyan sides won back-to-back NAIA national championships in the mid-1980s. And when Martin stepped up to NCAA Division I when he came to JMU in 1986, he didn't miss a beat. His JMU soccer teams have been steady winners over the years, and he guides a program that has attained the highest level of achievement in the history of JMU soccer. Among the accomplishments of soccer at JMU under Martin:

- Sixth-winningest NCAA program of the 1990s
- Top five national ranking
- Eight NCAA tournaments, including two quarterfinals
- Four conference tournament titles
- Five conference Player of the Year recipients

In recent years JMU has consistently been ranked among the nation's top programs. Eight of Martin's

last 15 teams advanced to the NCAA tournament, and his 1994 and 1995 squads were NCAA quarterfinalists. His teams won three straight Colonial Athletic Association tournaments and set a CAA record with a 32-game unbeaten streak that spanned four seasons (1992-95).

He ranks among the winningest active NCAA Division I coaches by victories (second, 415) and percentage (fifth, 71.8%). His JMU program ranked sixth among the winningest NCAA Division I programs in the 1990s; that list includes six schools in its top 10 that have combined to win 26 national titles.

## A history of success

Martin came to JMU from a successful eight-year stint at West Virginia Wesleyan, where he coached the Bobcats to back-to-back National Association of Intercollegiate Athletics (NAIA) national championships in 1984 and 1985. He was named NAIA national Coach of the Year in 1982, 1984 and 1985 and was honored as national Coach of the Year by the NSCAA in 1984 and 1985. Martin also coached the East Squad in the 1984 Senior Bowl Soccer Classic.

In addition to the two national championships, West Virginia Wesleyan also won three WVIAC titles, two NAIA Area 8 titles and two NAIA District 28 championships under Martin.

In 1999 Martin was honored with induction into the West Virginia Wesleyan Hall of Fame.

The Lancaster, Pa., native earned a bachelor's degree in physical education from Davis & Elkins College (1971) and was inducted into the D&E Hall of Fame in 1995. He was a two-time team MVP and earned WVIAC all-conference honors at D&E, where he played on two NAIA national champion teams (1968 and 1970) and a national runner-up team (1969). In 1972 Martin earned a tryout with the NASL Dallas Tornado and the Pittsburgh Miners of the ASL.

Martin earned a master's degree in professional physical education (1974) and a doctorate in physical education (1977) from West Virginia University. He also holds a USSF "A" coaching license.

He and his wife, Cherylen, have a son, Sean, a senior at JMU.



**Kevin McMullan**  
Associate Head Baseball Coach  
University of Virginia

Kevin McMullan starts his sixth season at Virginia and is in his third as associate head coach. He serves as Virginia's recruiting coordinator and hitting coach and works defensively with the Cavaliers' infielders and catchers. McMullan is known as one of the top recruiters and developers of players

in the country.

McMullan has helped guide Virginia to 216 wins in his five seasons – a school record for most wins in a five-year period. Virginia also has earned five-consecutive NCAA Regional Appearances as well as three No. 1 seeds – both firsts in program history.

In 15 years as a college coach, McMullan has had over 60 players signed by professional organizations. Twelve of his Virginia position players have been selected in the Major League Baseball First-Year player draft, including Ryan Zimmerman (Washington Nationals), Mark Reynolds (Arizona Diamondbacks) and Joe Koshansky (Colorado Rockies). Ryan Zimmerman went on to make one of the quickest jumps ever to the major leagues – two months – while Reynolds and Koshansky made their big league debuts in 2007. He also was instrumental in development of Arizona Diamondback Chad Tracy (1B-3B) while coaching him at East Carolina University.

McMullan has been instrumental in landing the most highly-touted recruiting classes to ever sign with Virginia. The 2004 class was ranked 12th nationally, while the 2005 class rated 10th, the 2006 group eighth, the 2007 class 13th and the 2008 group 14th.

Defensively, the Cavaliers have shined under McMullan. Four of the five teams have ranked among the nation's top 40 in fielding percentage, with a program-record .975 mark (seventh nationally) in 2005.

Prior to his present position at Virginia, McMullan served as a manager in the Atlanta Braves organization. While with the Braves, he also coordinated the catchers in spring training and was the Coordinator of extended spring training. Before joining the Braves' organization, McMullan served as acting head coach at East Carolina in 2001-02 for Keith LeClair, who was diagnosed with Lou Gehrig's Disease. During that season, McMullan coached ECU to a 43-20 record, Conference USA Championship and NCAA Regional Final. At ECU, he served as the recruiting coordinator, hitting coach and catching instructor.

McMullan also served as an assistant coach at St. John's (1996-99) and coached at Indiana University of Pennsylvania (1994-96). At St. John's, McMullan was the recruiting coordinator and hitting coach and also coached the catchers.

Aside from his numerous coaching experiences, McMullan also had a decorated career as an athlete. He enjoyed a pro baseball career as a member of the New York Yankees organization (1990-92) and for the Salt Lake City Trappers (1990 and 1992). In 1990, he was a Pioneer League All-Star. McMullan also was a two-sport NCAA All-American as a catcher in baseball and as a linebacker in football at IUP. He was a member of six championship teams at IUP.

McMullan is a 1990 graduate of IUP. He is married to the former Sandra Leishman of Wayne, N.J. The couple has three children, Maggie, Emma and Jack. McMullan's father, John McMullan, was an All-America football player at Notre Dame and played in the NFL with the New York Giants, Philadelphia Eagles and New York Titans (now the Jets).



## **Brian O'Connor** Head Baseball Coach University of Virginia

Now in his sixth season at the helm of the Cavaliers, Brian O'Connor has built the Virginia program into one of the nation's elite. O'Connor enters 2009 with an overall record of 216-89 and a

87-53 record in ACC play while leading Virginia to five-consecutive NCAA Regional appearances – a first in program history. UVA's 216 wins are the program's most ever in a five-year span, leading to record crowds which have flocked to Davenport Field each season.

O'Connor is the fastest coach in school history to reach 100 and 200 career wins. His UVA teams have earned four 40-win seasons while reaching the NCAA tournament five times, including playing host to NCAA regionals three times. The Cavaliers are one of just 17 programs in the nation to advance to the NCAA tournament in each of the last five seasons.

O'Connor was named 2006 College Baseball Foundation Coach of the Year. He was named the 2004 ACC Coach of the Year, becoming just the second UVA head baseball coach to receive the honor. He also was named the 2004 Atlantic Region Coach of the Year as well as a finalist for the 2004

CollegeBaseballInsider.com National Coach of the Year. Twenty-two of O'Connor's Virginia players have been selected in the Major League Baseball First-Year player draft, including a school-record six apiece in 2007 and 2008. Ryan Zimmerman (fourth overall, Washington), Mark Reynolds (16th round, Arizona) and Joe Koshansky (sixth round, Colorado) each have reached the major leagues. Zimmerman went on to make one of the quickest jumps ever to the major leagues – two months – while Reynolds and Koshansky earned their big league debuts in 2007.

O'Connor was named the head baseball coach at Virginia on July 8, 2003. In his first season as head coach, he guided UVA to one of the most successful and storied seasons in the history of the baseball program. He led the Cavaliers to a 44-15 overall record, 18-6 mark in the ACC and second-place ACC finish. The 18 wins were the most ever by a Cavalier team in league play at the time. For the first time in school history, Virginia played host to an NCAA Regional

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when Davenport Field at the UVa Baseball Stadium was the site of the Charlottesville Regional.

O'Connor's success has spilled over into the community as attendance records have been shattered over the last five years. The Cavaliers set a single-season attendance record in 2007 while playing in front of several record crowds. UVa has ranked among the top 40 in the nation in total home attendance and average home attendance in all five years of O'Connor's tenure.

The Cavaliers have become a fixture in the national polls, highlighted by UVa's highest ranking ever of No. 3 in 2007. Much of this is a result of O'Connor's stellar recruiting classes, which have been the most highly-touted groups to ever sign with Virginia. O'Connor and his staff have brought in five straight recruiting classes that have ranked among the nation's best. The 2004 class was ranked 12th nationally, while the 2005 class rated 10th, the 2006 group eighth, the 2007 class 13th and the 2008 group was 14th.

O'Connor brought a wealth of baseball experience to Charlottesville when he arrived and developed Virginia into a nationally-prominent program. He came to Virginia after spending nine seasons at Notre Dame (1995-2003), where he served as an assistant coach from 1995-2001 before being promoted to associate head coach in 2001. He was named the 2001 National Assistant Coach of the Year by the American Baseball Coaches Association (ABCA) and Baseball America and was AFLAC National Assistant Coach of the Year in 2003.

O'Connor, who pitched on Creighton's 1991 College World Series team, tutored 17 eventual professional baseball pitchers, including 13 Major League Draft selections, at Notre Dame. He has a proven track record of developing pitchers into top-level prospects, including a pair of first-round selections – Brad Lidge in 1998 and Aaron Heilman in 2001 – who weren't even drafted in the first 40 rounds coming out of high school (Lidge was a 42nd-round pick, Heilman a 55th-rounder).

A native of Council Bluffs, Iowa, O'Connor is a 1993 graduate of Creighton University. As a pitcher on the Creighton baseball team, he posted a career record of 20-13 with seven saves and a 3.78 ERA. After graduating from Creighton with a bachelor's degree in marketing, O'Connor was selected in the 29th round of the Major League Baseball draft by the Philadelphia Phillies. He notched a 4-2 record with a 4.03 earned run average for Martinsville (Va.) of the Appalachian Class-A League in 1993 before accepting a position as pitching coach at Creighton.

O'Connor is married to the former Cindy Petratis. The couple has three children – two daughters, Ellie and Maggie, and a son, Dillon.



## **Bob Shoop** Defensive Coordinator College of William & Mary

One of the league's most established mentors, 20-year coaching veteran Bob Shoop enters his second season of overseeing the College of William & Mary's defense. An outstanding

teacher and organizer, Shoop brings the program a proven track record of success and championship credentials.

Shoop's resumé spans two decades as a Division I coach, including two separate stints as a defensive coordinator (Yale, 1994-96; Villanova, 1997) and three years of head coaching experience (Columbia, 2003-05).

He is responsible for recruiting Western Pennsylvania and the Richmond area.

Shoop's most recent position prior to coming to the College was at the University of Massachusetts, where he mentored the Minutemen's defensive backfield and helped the squad to an appearance in the NCAA Division I-AA Championship game in 2007. His season at UMass was successful on an individual basis as well, as three of his players were named to all-conference honors, including a pair being tabbed for first-team accolades.

Prior to his season in Amherst, Shoop headed the Columbia football program for three seasons and produced 20 All-Ivy League selections during his tenure.

Prior to Columbia, he served as defensive secondary coach at Boston College for four years (1999-2002). Shoop played a major role in the Eagles' success, including bowl victories in three of his four seasons. Shoop's secondary was a key cog in BC's 9-4 record and Motor City Bowl victory in 2002, as the Eagles ranked 13th in the nation in passing defense and 17th in pass efficiency defense.

Shoop played his collegiate football at Yale. He earned honorable mention All-Ivy accolades in 1987 as a wide receiver. He was recognized with Yale Football's prestigious Robert Gardner Anderson Memorial Award for team spirit, dedication and leadership. Shoop also captained the Bulldog baseball team for which he earned four letters. He twice earned the Ducky Pond Award as the team's most outstanding pitcher.

He earned his Bachelor of Arts in economics from Yale in 1988.

Shoop hails from Oakmont, Pa., a suburb of Pittsburgh. He and his wife, Maura, have two children, Tyler and Jay.

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**Bruce Shoemaker**  
Head Wrestling Coach  
Newport News Apprentice  
School

Bruce Shoemaker, head wrestling coach at Newport News Apprentice School, is the 2009 NCWA Coach of the Year and his team won the NCWA

championship. In his 33 years as a high school coach in Virginia, Shu's teams captured 386 dual meet victories and won 2 VHSL Group A State Championships. He was twice named Virginia State Wrestling Coach of the year. Shoemaker has been inducted into the Virginia State Chapter of the National Wrestling Hall of Fame and was a 4 year wrestler at Edinboro University in Pennsylvania.



**Joe Verbanic**  
Head Softball Coach  
George Mason University

Joe Verbanic is in his fifth year as the head coach of George Mason softball. Verbanic brings with him more than 20 years combined coaching experience at both the collegiate and high

school levels. Most recently, Verbanic was at Alta Vista High School (1986-2004).

Last season, Mason totaled 19 wins, including two CAA series wins, and saw a number of records broken. Ashli Breau set school marks in home runs, batting average and slugging percentage while Becky Anderson set a new school mark in appearances.

From 1998-2003, Verbanic served as an assistant coach at San Diego State University, where he played a lead role in recruiting. During his stint with SDSU, the Aztecs were Mountain West Conference Champions twice (2002 & 2003) and were also participants in the NCAA Division I Regional twice (2001 & 2003). In addition, Verbanic coordinated field maintenance and participated in the new field/stadium planning and development efforts while with the Aztecs. Prior to SDSU, Verbanic served as an assistant coach at Palomar Community College in San Marcos, Calif. (1994-98).

Verbanic played fast-pitch softball from 1982-1994 with the Vista Bombers, which placed second at the ASA "A" Nationals in 1991 while also qualifying for the ISC World Tournament from 1989-94. In addition, Verbanic was a three-time member of the Western Softball Congress All-Star squad.

Verbanic played baseball and was a graduate assistant at SDSU from 1977-82 where he received his bachelor's degree in business administration and went on to earn his teaching credential for business

education in 1984. Most recently, Verbanic received his Master's in physical education from Azusa Pacific University in 2004.



**Frank Wilson**  
Assistant Football Coach  
University of Tennessee

Frank Wilson arrives at Tennessee having spent his entire coaching career in the states of Mississippi and Louisiana. He spent the 2008 season mentoring the running backs at Southern Miss and

the previous three seasons at Ole Miss under Orgeron coaching running backs and assisting with special teams. Prior to entering the college ranks, Wilson coached from 1997-2001 at Edna Karr High School (La.) before being named the head coach O. Perry Walker High School (La.). He also student coached for one season at his alma mater, Nichols State.

Wilson coached NFL back Ben Jarvis Green-Ellis to back-to-back 1,000-yards seasons and Mico McSwain to Freshman-All-America honors while at Ole Miss. In the high school ranks, he led his team to the 2002 Class 4A Louisiana State Championship game while at O. Perry Walker. In his seven seasons as a high school coach, he guided 22 players to Division I football scholarships.

Wilson and his wife, Tiffany, have three children, Alaina, Sa'bree and Frank IV.



**Sparky Woods**  
Head Football Coach  
Virginia Military Institute

Sparky Woods became the 30th head football coach in the Institute's 117-year history on February 12, 2008, bringing ten years of head coaching experience at both the SEC and FCS (I-AA)

level.

"I am extremely happy that Sparky Woods was interested in VMI," said White. "His experience as a head football coach, both at Appalachian State University and the University of South Carolina, put him at the top of our list. I also like his rich background as an offensive coordinator in some outstanding programs. I am excited about the potential of VMI Football and I feel that Coach Woods will build a successful program here."

"I am pleased that Coach Woods has accepted our offer and the challenge to lead VMI football," said VMI Superintendent General J.H. Binford Peay III. "We are fortunate to have such a highly principled, seasoned coach and we are confident in his abilities to win here and do so in the VMI way."

Woods, 54, returns to the FCS (I-AA) ranks where he

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produced a successful run as head coach of Appalachian State for five seasons from 1984 through 1988. Woods guided the Mountaineers to a 38-19-2 mark and two Southern Conference titles (1986, 1987) and two I-AA playoff appearances. Over the two-year span in '86-'87, Appalachian State posted a perfect 13-0 conference mark.

The Southern Conference tabbed Woods as Coach of the Year for three consecutive years (1985-87) and he was also named Kodak Region II Coach of the Year in 1986. As a head coach overall, Woods holds a 62-47-5 mark.

"We are excited about joining the Keydets," said Woods. "I wanted to extend my thanks and gratitude to General Peay, the committee, and special thanks to Coach Donny White for the confidence he has shown in us. I am appreciative of Coach Jim Reid and his staff's contributions to the program. I especially look forward to meeting the players as we work together to keep VMI football moving ahead in the years to come."

Woods recently served as running backs coach at Alabama from 2003 through 2006. While in Tuscaloosa, Woods coached Tide running back Kenneth Darby to two consecutive 1,000 yard seasons and also mentored Shaun Williams, who led the SEC in rushing yardage in 2003 and was a semifinalist for the Doak Walker award. The Tide led the SEC in rushing for three consecutive seasons (2003, 2004, 2005).

Woods was also head coach at South Carolina from 1989-93, and later served as offensive coordinator and quarterbacks coach at Memphis (1995-96), Virginia (1997-98), and Mississippi State. At Virginia, Woods tutored NFL QB Aaron Brooks who finished as the school's third all-time leading passer (5,118 yds) and second all-time leader in passing TD's (33). While at MSU, Woods coached MSU's all-time passing leader Wayne Madkin and help establish record-setting offenses for the Bulldogs.

Woods as an assistant coach participated in five bowl games; the 2006 Cotton Bowl, 2004 Music City Bowl, 2000 Independence Bowl, 1999 Peach Bowl, and 1998 Peach Bowl.

In 1994, Woods served as an offensive assistant for the New York Jets.

Woods is a 1976 graduate of Carson-Newman, and began his coaching career at Tennessee later that year. In 1977, he moved to Kansas before serving one year as defensive backs coach at North Alabama in 1978. From 1979-82 he coached at Iowa State handling the receivers before joining Appalachian State in 1983 as offensive coordinator, quarterbacks, and running backs coach under Mack Brown. One year later, Woods was named head coach at Appalachian State.



## **Spencer Wood** President Icebox Athlete

At Icebox, we provide Mental Skills and Toughness Training for elite athletes and coaches. We have worked with championship college teams to include Kansas University, Rutgers University, the

University of Illinois, as well as countless other programs across all levels and disciplines. We are one of the premier resources for dedicated coaches looking to teach their athletes and teams practical mental toughness skills and improve their own expertise in this area, as well as for individual athletes seeking to develop the mental focus necessary to take their performance to the next level.

The President of Icebox Athlete, Mr. Spencer Wood, has spoken at numerous sports conferences, including the NCAA Final Four, the Nike Coach of the Year Awards and the National Soccer Coaches Association of America (NSCAA) Convention. His current schedule had him working in Trinidad and Tobago last month with that country's entire Olympic team, including their silver-medalist track athletes from the 2008 Beijing Games. Some of the other major conferences Icebox has worked with are also noted below.

Coaches often say that mental skills are just as, if not more important, than physical skills. At Icebox, we certainly agree and pride ourselves on being an asset to the numerous coaches and teams that partner with us. Spencer is a very powerful speaker who is consistently well-received and asked to return to the venues at which he presents. Furthermore, the skills we teach for application in the athletic arena are all congruent with the academic missions of institutions of higher learning and the pursuit of personal and professional development at all levels.

For more information on Icebox Athlete and Spencer Wood, please see our website and the information attached below. We look forward to being a part of the VA HS Coaches Association Clinics this summer and becoming a valuable resource to all its members. Website: [www.iceboxathlete.com](http://www.iceboxathlete.com)

Our Mental Skills & Toughness Training Workshops typically hit the following hot buttons:

*Mental Skills & Toughness Training for the 21st Century Athlete*

- Clutch Performance
- Big Game / Meet / Competition Focus
- Improving Concentration
- Developing Competitive Intensity
- Performance Consistency
- Mental Preparedness and Composure

## Under Pressure

- Commitment to Individual and Team Excellence
- Controlling Physiological Responses to Pressure and Overcoming Adversity
- Effectively Teaching the Above Skills
- Developing a Mental Skills

& Toughness Training Plan of Action for YOUR TEAM  
Icebox Athlete President Spencer Wood Biography:

Spencer Wood is a former U.S. collegiate and professional athlete who has traveled the Globe as an author, teacher and speaker on Mental Skills & Toughness Training in addition to speed, quickness and agility training. He has spoken at events such as Peru's 2003 International Conference on Athletic Excellence, the Nike Coach of the Year Awards, the 2005, 2006 & 2008 NCAA Final Four, the 2005, 2006 and 2008 National Soccer Coaches Association's National Conference, the Michigan Track Coaches Association (MITCA) annual convention, the Ohio University Center for Sports Administration MSA Program and the NCAA Champs Life Skills Program. His articles have appeared in publications such as The WBCA journal and World Class Coaching and his Mental Skills & Toughness Training Workshops were featured on ESPN.

Spencer has two undergraduate degrees as well as a Masters Degree in Exercise Science from California University. He is an NASM-PES & NSCA-CSCS exercise specialist, and is a PhD candidate in motivational psychology and sports psychology. Spencer is the President of Icebox Athlete - a leading provider of mental skills / toughness training and speed programs that championship athletes, coaches and professionals across the United States continually use with distinction.



## **Mike Young** Head Basketball Coach Wofford College

In his 20th season with the Wofford program, Mike Young led the Terriers to their best season ever as a NCAA Division I program in 2008-09. After 13 seasons as an assistant to Richard Johnson,

Young begins his eighth year as head coach of the Terriers.

As head coach, Young has posted a 90-117 overall record and has coached eight all-conference selections. More impressive is the fact that every player who has exhausted their eligibility has graduated from Wofford.

Young led his team to a 16-14 record in the 2008-09 season, which included a 12-8 mark in the Southern Conference. It was the first winning record for the Wofford program since moving to NCAA Division I. The season included key wins on the road at Chattanooga and The Citadel and also a season-sweep of Furman for the first time since 1999. The Terriers took SEC-foe Georgia to overtime before falling by one point.

Young has recruited and coached eight All-SoCon selections (Tyler Berg, Ian Chadwick, Mike Lenzy, Lee Nixon, Howard Wilkerson, Drew Gibson, Noah Dahlman and Junior Salters) for the Terriers in addition to a SoCon Freshman of the Year (Chadwick, 1997-98) and four members of the All-SoCon Freshman Team (Chadwick, Justin Stephens, Berg and Brad Loesing).

A native of Radford, Va., Young has been instrumental in Wofford's success on the court. In four of their first eight seasons of SoCon play, the Terriers have finished higher than their preseason forecast by the league coaches and media.

Young came to Wofford after serving as a graduate assistant for one year under Oliver Purnell at Radford University. A 1986 graduate of Emory & Henry College, he was a four-year letterman in basketball for coach Bob Johnson and the team captain his junior and senior seasons.

Young and his wife, Margaret, were married on Aug. 13, 1994 in her hometown of Camden, S.C. She is a 1992 Wofford graduate and a partner with PricewaterhouseCoopers LLP. The couple has a daughter, Cooper, 9, and a son, Davis, 6.



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# Virginia High School Hall of Fame

## OFFICIAL NOMINATION FORM



*Sponsored by*

**Virginia High  
School League**

**&**

**Virginia High School  
Coaches Association**



Nominee \_\_\_\_\_ Number \_\_\_\_\_

### GENERAL CRITERIA

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character, and carry the endorsement of their respective high school.

The categories of athlete, coach, and contributor are included on the nomination form for expediency in understanding the primary area in which an individual is to be considered for their achievements in interscholastic athletics and activities. The grouping is for screening purposes only and to assist those making the nominations in understanding the type of information required. Once nominees are inducted, they are not categorized, but all are recognized as members of the Virginia High School Hall of Fame.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Coaches would be considered on the merits of their high school coaching achievements only. A contributor would be an individual who has made a contribution to interscholastic athletics or activities in some capacity other than those previously mentioned, including such areas as administration, sports, medicine, sports media, official, activities sponsor or participant, etc.

**All candidates will be judged on their significant and/or long term contribution to interscholastic athletics and activities. While many have served their school and local programs over a long and distinguished career, their accomplishments must have been worthy of state recognition for them to be considered. Longevity, without meaningful state impact, does not constitute appropriate credentials for hall of fame consideration.**

### ELIGIBILITY REQUIREMENTS

- Coaches being considered must be retired or deceased with at least 20 years service in Virginia at a member school(s) or have served 25 years at a member school(s) and still actively coaching. Persons nominated as a contributor to the VHSL must meet similar criteria for a comparable period of time. If the candidate is a coach, the candidate must be a member of the Virginia State High School Coaches Association
- Athletes are eligible for nomination 5 years after their high school graduation. Their nomination initially will be placed in a Inactive Category; 10 years after their high graduation, they will be placed in the Active Category and brought before the Screening Committee for consideration in the Hall of Fame.

### METHODS OF NOMINATION

- Any VHSCA member in good standing or VHSL member school may nominate.
- The nominating deadline is Oct. 31, in the year prior to the year of induction.
- No individual may make more than one nomination per year.
- Nominations for candidates not selected shall remain open for consideration each of the next two years but will no longer be considered thereafter unless a new renomination is submitted.

**Go to [www.vhscainc.com](http://www.vhscainc.com) to obtain forms.**

# Virginia High School HALL OF FAME

## PAST INDUCTEES

### CLASS OF 2008 INDUCTEES

Thomas Jones-Athlete-Powell Valley HS  
Megan McCarthy-Athlete-James W. Robinson  
Secondary School  
Calvin Talford-Athlete-Castlewood HS  
Roger Bergey-Coach-Harrisonburg HS  
Shelley Blumenthal-Coach-Blacksburg HS  
Patricia Mitchell-Coach-Hampton HS  
Jim Rike-Coach-James W. Robinson Secondary  
School  
Martha Akers-Contributor-Loudoun Valley HS  
Jeff Dietze-Contributor-West Potomac HS  
Ralph Law-Contributor-Charlottesville  
Charlene Tiller-Contributor-John Tyler Community  
College

### CLASS OF 2007 INDUCTEES

Wardell Stephen Curry-Athlete-Fort Defiance HS  
Terry Gayle Kirby-Athlete-Tabb HS  
Christopher Carroll Slade-Athlete-Tabb HS  
Wayne M. Cosby-Coach-Southampton HS  
Dennis S. Kozlowski-Coach-Bethel HS  
Bruce W. Bowen, CMAA-Contributor-Hermitage HS  
Dr. Carol Rae Chory, CMAA-Contributor-  
Kempsville HS  
Jerry F. Deviney-Contributor-Virginia Beach City  
Public Schools  
Sandra A. Hadaway, CMAA-Contributor-Salem HS  
Harry Montague Ward-Contributor-Mathews  
County Public Schools

### CLASS OF 2006 INDUCTEES

Jamael O. Barber-Athlete-Cave Springs HS  
Atiim K. Barber-Athlete-Cave Springs HS  
Charles W. Bowers-Coach-Wilson Memorial HS  
J.J. Updike-Coach-Harrisonburg HS  
Joe H. Gieck, EdD, ATC, PT-Contributor-University  
of Virginia  
Donna L. King-Contributor-Fairfax County Public  
Schools  
Nancy C. Phaup-Contributor-Prince Edward County  
HS  
Wilma H. Wirt-Contributor-Virginia Commonwealth  
University

### CLASS OF 2005 INDUCTEES

Nick Colobro-Coach-Gate City HS  
Tom Turner-Coach-Appalachia HS  
Jerry Lee Slaughter-Coach-Fieldale-Collinsville HS  
Frances A. Simpson-Coach-E.C. Glass HS  
Beth Walker-Coach-Park View HS  
Evan Tracy Stallard-Athlete-Coeburn HS  
Vito A. Perriello, Jr., M.D.-Contributor-VHSL and  
NFHS Sports Medicine Advisory Committee  
Larry Johnson-Contributor-Virginia HS  
League

### CLASS OF 2004 INDUCTEES

Doug Bates-Athlete-J.J. Kelly HS  
Bryant Stith-Athlete-Brunswick Senior HS  
Leo Anthony-Coach-First Colonial HS  
Joseph Leroy Dail-Coach-Southampton HS  
Edward Allen Jr.-Contributor-New Kent HS  
Evelyn Dawkins-Contributor-Kecoughtan HS  
Donald Hitt-Contributor-Madison County HS  
David Morgan-Contributor-Oakton HS

### CLASS OF 2003 INDUCTEES

Barry Hamler-Athlete-Powell Valley HS  
Grant Hill-Athlete-South Lakes School  
Stephen Hubbard-Coach-Coeburn HS  
Joe May-Coach-Nottoway HS  
Lillie Moore-Coach-George Wythe HS  
Karen Fitch-Contributor-Blacksburg HS  
Cecil Layman, Jr.-Contributor-Riverheads HS  
Judy Wallace-Contributor-Abingdon HS

### CLASS OF 2002 INDUCTEES

Tamela Penny-Athlete-Hermitage HS  
Pat Austin-Coach-Waynesboro HS  
Gerald Burke-Coach-Brunswick Senior HS  
Eddie Icenhour-Coach-Virginia HS  
Glenn Proctor-Coach-Strasburg HS  
Claudia Dodson-Contributor-Virginia HS  
League  
Carol Lange-Contributor-Thomas Jefferson High  
School for Science and Technology  
Hugh Pendleton-Contributor-Rustburg HS

### CLASS OF 2001 INDUCTEES

Robert Nathan Banks-Hampton HS  
Bill Brown-C.D. Hylton HS  
Vincent "Buddy" Comer-Page County HS  
Jim Cutler-Liberty HS  
Ralph Ashley Harrison-Albemarle HS  
Nancy Ruth Patterson-William Fleming City HS  
Jim Sangston-Douglas Freeman HS  
Willis White-Salem HS

### CLASS OF 2000 INDUCTEES

Jacqueline Gordon-Athlete-Girls Track & Field-  
W.T. Woodson HS  
Benita Fitzgerald Mosley-Athlete-Track-Gar-Field HS  
William (Buster) O'Brien-Athlete-Football-  
Princess Anne HS  
Kenneth Willard-Athlete-Football/Baseball-Varina HS  
Ina Kate Carter-Coach-Culpeper County HS  
Sidney (Chippie) Chappell-Coach-Central HS  
Delmer Botkin-Contributor-Turner Ashby HS  
William Leffler-Contributor-The Virginia Pilot and  
The Ledger Star  
Robert Patterson-Contributor-William Byrd HS

### CLASS OF 1999 INDUCTEES

Aly Kahn Johnson-Coach-Cross Country-T.C.  
Williams HS  
William W. Lawson, Jr.-Coach-Basketball-  
Petersburg HS  
Samuel B. Woods-Coach-Tennis-Thomas Jefferson HS  
Jennifer Jerrue Bradley-Contributor-Abingdon HS  
James Carroll-Contributor-Broadcaster  
Larry Samuel Pence-Contributor-Turner Ashby HS

### CLASS OF 1998 INDUCTEES

Glynn Carlock-Coach-Football-Graham HS  
Richard Fitz-Contributor-Journalism-Halifax HS  
Nancy Fowlkes-Coach-Field Hockey-Frank Cox HS  
Paula Girven-Athlete-Track-Gar-field  
Charles Kurtz-Contributor-Administrator  
Ann Lockett-Coach-Prince William HS  
Bob Sandell-Official-Contributor  
Mack Shupe-Coach-Baseball-J.J. Kelly HS  
Barty Smith-Athlete-Football-Douglas Freeman HS

## TIME SCHEDULE

**October 31, 2009**

Nomination Deadline For 2010 Inductees

**January 2010**

Screening of 2009 Inductees

**April 2010**

Selection of 2009 Inductees

**October 2010**

Induction of 2009 Recipients at Hall of Fame Banquet

### CLASS OF 1997 INDUCTEES

Robert Lee Carson-Contributor  
William Lee Knowles, Jr.-Athletic Director-Contributor  
William O. Lee-Officials-Contributor  
Betty S. Marton-Publications-Contributor  
Tom Trice-Athlete Football, Basketball-E.C. Glass HS  
Eric Sievers-Athlete-Washington & Lee HS  
Phil Robbins-Coach-Football-Powell Valley HS  
Ed Henry-Coach-Football-Annandale HS, Robinson HS, George Marshall HS  
Frank Webster-Football-First Colonial HS

### CLASS OF 1996 INDUCTEES

Jacob L. (Jake) Adams-Athlete-Highland Springs HS  
Donald Glick (Deceased)-Coach-Boy's Track & Field-Montevideo HS  
Joan Hudson-Coach-Girl's Track-New Kent HS  
Norman Lineburg-Coach-Football & Track-Radford HS  
Ronald Skeen-Coach-Basketball-Thomas Walker HS  
Robert Williams-Coach-Football-Parry McCluer HS  
Nancy Haga-Contributor-Longwood College  
James Omps-Contributor-John Handley HS

### CLASS OF 1995 INDUCTEES

Jeff Baker-Athlete-Football/Basketball-Gate City HS  
Huldah (Hud) Clark-Contributor-Scholastic Publications  
Eddie Dean-Coach-Football Madison County HS  
Paul Hatcher-Coach-Basketball-Lee Staunton HS  
Don River-Athletic Director  
James Stover-Contributor  
Claude Warren-Coach/Athletics Director-Harrisonburg HS

### CLASS OF 1994 INDUCTEES

Francis (Boodie) Albert-Coach-Football-Covington HS  
Weldon Bloxsom-Coach-Basketball-Thomas Jefferson HS  
Stuart (Pete) Brewbaker-Coach-Lexington HS  
Raymond Crouch-Athlete-Washington & Lee HS  
Carl Deane-Contributor-Football Official  
Frank Eastman-Athlete-Hermitage HS  
Earl Gillespie-Contributor-Virginia HS League  
Charlie Karmosky-Contributor-Sports Editor-Daily Press

Louise Martin-Coach-Appomattox HS  
Joe Robinson-Coach-Lee County HS  
Bert Smith-Contributor-Scholastic Publications  
Jimmy Jones-Contributor

### CLASS OF 1993 INDUCTEES

Vic Blue-Game Official  
Ken Brown-Coach-Football-Courtland HS  
Paul Gentry-Athlete  
Mrs. Joel Grimm-Publications-Kecoughtan HS  
Bob Hardage-Coach-Football-Annandale HS  
Charlie Harkins-Coach-Football-Marion HS  
Jim Holdren-Coach-Track-Thomas Jefferson HS  
Thad Madden-Coach-Football and Track-Huntington HS  
Bob McCoy-Contributor  
Wendell Seldon-Game Official

### CLASS OF 1992 INDUCTEES

Harry Burns Blevins-Contributor-Chesapeake  
Gordon Hugh Bragg-Coach-Appomattox  
John E. "eddie" Crane, Sr.-Contributor-Basye  
James Merrill Eason-Coach-Hampton  
John Moyer Epperly-Coach-Fairfax  
George B. Gasser, Jr.-Contributor-Richmond  
Clarence Jones-Contributor-Charlottesville  
Robert Madison McLelland-Contributor  
Adelbert Townsend Norwood-Coach-Annandale  
Charles Wallace Nuttycombe-Coach-Newport News  
Johnny Lane Oates-Athlete-Colonial Heights  
Barbara Helen Reinwald-Contributor-Reston  
Al Rinaldi-Coach-Richmond  
Paul Matthew Sizemore-Coach-Unionville  
Thomas George Theodose-Coach-Athlete-Charlottesville  
Gene "Pappy" Thompson-Contributor-Bristol, Tennessee  
Ben F. Valley-Athlete-Lebanon

### CLASS OF 1991 INDUCTEES

Vincent Bradford-Coach-Football-Track-E.C. Glass HS  
Ollan C. Cassel-Athlete-Track-Appalachia HS  
Julius Conn-Coach-Administrator-Baseball-Track-Newport News HS  
Ralph Cummins-Coach-Administrator-Football-Clintwood HS  
Patsy Dean-Coach-Softball-James Madison HS

Richard Fletcher-Contributor-VHSL Executive Executive Director

Chester Fritz-Coach-Administrator-Football-Hermitage HS

Harry Fry-Contributor-Sports Editor-Staunton  
Robert Hall-Coach-Basketball-Martinsville HS

Ben Hurt-Contributor-Albemarle HS

William Long-Coach-Administrator-Football-Track-Douglas Freeman HS

Norm Lord-Contributor-Official-VHSL Interpreter  
Moses Malone-Athlete-Basketball-Petersburg HS

Dr. Frank McCue-Contributor-Doctor-Sports Medicine-University Of VA

Charles Savedge-Contributor-VHSL-Journalism Advisor

Sidney Snell-Athlete-Basketball-Football-Blacksburg HS

Robert Stokes-Athlete-Basketball-King William HS

Lawrence Wilson-Coach-Baseball-George Washington HS-Danville

### CLASS OF 1990 INDUCTEES

Keith Atherton-Athlete-Baseball-Cobbs Creek  
Jimmie Bryan-Coach-Basketball-Lynchburg

John Caywood-Contributor-Newport News

Ed Clark, Jr.-Athlete-Football-Appalachia

Frederick Cooper-Coach-Golf-Mount Jackson

Bobby Crantz-Coach-Golf-Mount Jackson

Greever Crouse-Contributor-Emory

Carroll Date-Athlete-Football-Wise

Howard Deel-Coach-Basketball-Clintwood

Douglas Dickerson-Athlete-Track-Newport News

Benton Dodd-Athlete-track-Newport News

Robert Frank-Contributor-Athens, Georgia

Art Greene-Contributor-Charlottesville

Marshall Johnson-Contributor-Richmond

William Littlepage-Coach-Basketball-Hopewell

William Martin-Coach-Wrestling-Virginia Beach

William Pace-Contributor-Charlottesville

Alger Pugh-Coach-Football-Danville

George Quarles-Coach-Basketball-Chesapeake

Ralph Sampson-Athlete-Basketball-Harrisonburg

Michael Smith-Coach-Football-Hampton

Gracie Lee Van Dyck-Coach-Basketball-Portsmouth

John Youngblood-Contributor-Centreville

# VHSCA ALL-STATE Boys Basketball

## 2008 AAA All-State Basketball

PLAYER	POSITION	SCHOOL
<b>FIRST TEAM</b>		
Jacquon Parker	Guard	King's Fork
Troy Daniels	Guard	William Flemming
Edward Jenkins	Guard	T.C. Williams
Cadarian Raines	Center	Petersburg
Travis Mckie	Forward	John Marshall

<b>SECOND TEAM</b>		
Jamar Wertz	Guard	King's Fork
Darius Theus	Guard	I.C. Norcom
Josh Brinkley	Forward	Douglas Freeman
C.J. Barksdale	Forward	G.W. Danville
Stephen Stepka	Forward	W.T. Woodson

<b>HONORABLE MENTION</b>		
Jamelle Hagins	Forward	William Fleming
Steven Coles	Forward	G.W. Danville
Kwasi Amponash	Forward	Gar-Field
Jontel Evans	Guard	Bethel
Donte Morales	Forward	Landstown
Deshawn Williams	Guard	I.C. Norcom
John Manning	Center	Chantilly
Trey Davis	Guard	Henrico
David Robinson	Guard	Cosby
Jake Eastman	Guard	Freeman

## 2008 AA All-State Basketball

PLAYER	POSITION	SCHOOL
<b>FIRST TEAM</b>		
John Hairston	Forward	Courtland
John Henderson	Center	Cave Spring
Logan Thomas	Forward	Brookville
Deandre Albritton	Guard	Dominion
Nubian Peak	Guard	Pulaski County

<b>SECOND TEAM</b>		
Michael Wynn Jr.	Guard	Brunswick
Marlon Organ	Guard	Spottswood
Rick Alderman	Forward	Lord Botetourt
Vance Washington	Forward	John Handley
Steve Sherwood	Guard	Tabb

<b>HONORABLE MENTION</b>		
Hunter Foley	Guard	Lord Botetourt
Quan Scott	Guard	Robert E. Lee
Casey Walker	Forward	Brunswick
Denard Dickens	Guard	Warhill
Joe Bushrod	Guard	Loudoun County
Mike Roach	Guard	William Monroe
James Turner	Forward	Bassett
Jason Palmer	Forward	Graham
Ron Pritchett	Forward	Martinsville
Clayton Rodney	Forward	Millbrook

## 2008 A All-State Basketball

PLAYER	POSITION	SCHOOL
<b>FIRST TEAM</b>		
T.T. Carey	Guard	Colonial Beach
Darren White	Guard	Dan River
Jon Thompson	Forward	Radford
Tihlee Anderson	Guard	Gate City
Jerel Carter	Guard	Madison County

<b>SECOND TEAM</b>		
David Ross	Forward	James River
Andrew Adkins	Guard	Coeburn
Logan Terrell	Forward	Madison County
Forest Stuart	Guard	Appalachia
John Dille	Guard	Essex

<b>HONORABLE MENTION</b>		
David Copeland	Guard	Chesterfield
Darius Robinsin	Guard	Northampton
Donzell Shearrin	Guard	Franklin
D.J. Jones	Guard	Buckingham
Michael St. John	Guard	Appomattox
Cameron Frazier	Guard	Galax
Tristan Boysaw	Guard	George Whythe
Gates Hersher	Guard	Bath County
Otto Fletcher	Center	Council
Ryan Meade	Guard	Castlewood

### PLAYER OF THE YEAR

**JACQUON PARKER** — King's Fork

### COACH OF THE YEAR

**JOSHUA WORRELL** — King's Fork

### Division III

#### PLAYER OF THE YEAR

**JOSH HENDERSON** — Cave Spring

#### COACH OF THE YEAR

**BILLY HICKS** — Cave Spring

### Division IV

#### PLAYER OF THE YEAR

**JOSH HAIRSTON** — Courtland

#### COACH OF THE YEAR

**J.T. NINO** — Courtland

### Division I

#### PLAYER OF THE YEAR

**T.T. CAREY** — Colonial Beach

#### COACH OF THE YEAR

**STEVE SLOPE** — Colonial Beach

### Division II

#### PLAYER OF THE YEAR

**DARREN WHITE** — Radford

#### COACH OF THE YEAR

**RICK CORMNAY** — Radford

# VHSCA ALL-STATE Girls Basketball

## 2008 AAA All-State Basketball

PLAYER	POSITION	SCHOOL
<b>FIRST TEAM</b>		
Tierra Ruffin-Pratt	Forward	T.C. Williams
Elizabeth Williams	Center	Princess Anne
Danni Jackson	Guard	Forest Park
Samisha Powell	Guard	Princess Anne
Tashuana Rodgers	Forward	King's Fork

<b>SECOND TEAM</b>		
Jazmin Pitts	Center	Cosby
Kalia Johnson	Guard	Thomas Dale
Myesha Goodwin	Guard	Edison
Kyani White	Guard	Stonewall Jackson
Tiffany Davis	Guard	Hampton

<b>HONORABLE MENTION</b>		
Michelle Foley	Forward	Mills E. Godwin
Shay Bentley	Center	Manchester
Ruthanne Doherty	Guard	L.C. Bird
Linda Stepney	Guard	Lake Taylor
Miranda Smith	Forward	Franklin County
Marquel Davis	Guard	Stafford
Gerda Gatling	Forward	Forest Park
Shelby Romine	Guard	Westfield
Tracy King	Forward	Mt. Vernon
Kelcyne Manurs	Guard	South Lakes

## 2008 AA All-State Basketball

PLAYER	POSITION	SCHOOL
<b>FIRST TEAM</b>		
Meixandra Porther	Guard	Freedom
Nikki Newman	Forward	Turner Ashby
Jasmine Williams-Hayes	Guard	Grafton
Mallory Jones	Forward	Blacksburg
Kendra Homes	Forward	Loudoun County

<b>SECOND TEAM</b>		
Kirby Burkholder	Forward	Turner Ashby
Angela Mickens	Guard	Robert E. Lee
Shawtae Payne	Guard	Charlottesville
Bilnita Armstead	Guard	James Monroe
Gabby Tyler	Forward	Greensville

<b>HONORABLE MENTION</b>		
Karina Monroe	Center	Courtland
Kelly Halverson	Guard	Poquoson
Melainie Lamb	Guard	William Monroe
Grace Blaylock	Guard	Lord Botetourt
Gabby Glass	Forward	Rustburg
Jacole Hairston	Forward	Magna Vista
Kayla Goins	Guard	Carroll County
Kayla Osborne	Guard	Hidden Valley
Kelsey Sutherland	Guard	Tazewell
Courtnei Green	Guard	Millbrook

## 2008 A All-State Basketball

PLAYER	POSITION	SCHOOL
<b>FIRST TEAM</b>		
Andrea White	Forward	Lancaster
Brittany Avancini	Guard	Floyd
Sara Lamneck	Guard	Buffalo Gap
Ashley Buckhannon	Guard	George-Whythe
Tinia Hobbs	Guard	Franklin

<b>SECOND TEAM</b>		
Rosalyn Pressley	Forward	Appomattox
Ra'shelle Miller	Forward	J.I. Burotn
Nicole Mitchell	Guard	Goerge Mason
Holly Morgan	Guard	Buffalo Gap
Rachel Artrip	Forward	Honaker

<b>HONORABLE MENTION</b>		
Chelsea Cluesman	Forward	Lee
Stephanie Cornett	Forward	Council
Lorren Evans	Guard	Castlewood
Kendra Vaughan	Guard	Fort Chiswell
Kendra Nutter	Forward	Nothwood
Chelsie Kinley	Forward	Auburn
Ca'star Harper	Forward	Randolph-Henry
Jenna Smoot	Forward	Strasburg
Kiera Gaines	Guard	West Point
Crystal Chavous	Forward	Northhampton

**PLAYER OF THE YEAR**  
**TIERRA RUFFIN** — Pratt  
**COACHES OF THE YEAR**  
**DARNELLE DOZIER** — ??  
**FRED PRIESTER** — ??

**Division III**  
**PLAYER OF THE YEAR**  
**MEIXANDRA PARTER** — Freedom  
**COACH OF THE YEAR**  
**JASON ELDRIDGE** — Freedom

**Division IV**  
**PLAYER OF THE YEAR**  
**KENDRA HOLMES** — Loudoun Co.  
**COACH OF THE YEAR**  
**KEVIN REED** — Loudoun Co.

**Division I**  
**PLAYER OF THE YEAR**  
**SARA LAMNECK** — Buffalo Gap  
**COACH OF THE YEAR**  
**CHAD COFFEY** — Buffalo Gap

**Division II**  
**PLAYER OF THE YEAR**  
**BRITTANY AVANCINI** — Floyd Co.  
**COACH OF THE YEAR**  
**ALAN CANTRELL** — Floyd Co.

# VHSCA ALL-STATE

# Field Hockey

## 2008 AA All-State Field Hockey

PLAYER	POSITION	SCHOOL	PLAYER	POSITION	SCHOOL	PLAYER	POSITION	SCHOOL
<b>FIRST TEAM</b>			<b>SECOND TEAM</b>			<b>HONORABLE MENTION</b>		
Erika Euker	Forward	Tabb	Clay Eure	Forward	Charlottesville	Emily Asher	Forward	W. Albemarle
Taylor Herold	Forward	James Monroe	Melanie Glassford	Forward	Chancellor	Mia Day	Forward	James Monroe
Effie Nicholaou	Forward	W. Albemarle	Lindsay Leonard	Forward	Grafton	Karailia Evans	Forward	W. Albemarle
Lauren Seal	Forward	Orange	Katie Santoski	Forward	Charlottesville	Kelsey Link	Forward	Spotsylvania
Lp Desch	Midfield	W. Albemarle	Jenny Sawyer	Forward	Monticello	Tara Zimak	Forward	Jamestown
Christine Johnson	Midfield	Jamestown	Bridgett Lynn	Midfield	W. Albemarle	Jackie Bedsaul	Midfield	Eastern View
Olivia Newman	Midfield	Orange	Skyler Medley	Midfield	Courtland	Dana Brookover	Midfield	Tabb
Meaghan Neylon	Midfield	Chancellor	Courtney Owens	Midfield	Eastern View	Mia Cherry	Midfield	Grafton
Amanda Scheel	Midfield	Chancellor	Amanda Stowers	Midfield	Powhatan	Alexa Monfort	Midfield	Kettle Run
Shelly Tremaglio	Midfield	Monticello	Colleen Berger	Defense	Monticello	Ariel Eure	Defense	York
Chirstina Verhulst	Midfield	Grafton	Becca Cervelloni	Defense	Monticello	Morgan Martin	Defense	Eastern View
Kelsey O'brien	Defense	Tabb	Carrie Jacobs	Defense	Orange	Katie Mcdaniel	Defense	Orange
Phoebe Willis	Defense	James Monroe	Melanie Marotta	Defense	Lafayette	Sarah Nissen	Defense	Charlottesville
Sarah Wister	Defense	Grafton	Stewart Summers	Defense	W. Albemarle	Melanie Tenney	Defense	Tabb
Danielle Brookover	Goalkeeper	Tabb	Lindsey Gibson	Goalkeeper	W. Albemarle	Moira Wright	Defense	W. Albemarle
						Kristen Pastell	Goalkeeper	Chancellor

**PLAYERS OF THE YEAR**  
**L.P. DESCH** — W. Albemarle  
**KELSEY O'BRIEN** — Tabb

**COACH OF THE YEAR**  
**WENDY WILSON** — Tabb

# Alvis Mann



## Accomplished Coach Retires

Alvis Mann is from Hampton, Virginia. He and his wife, Carol, have two daughters, Crystal Nicole and Jessica Renee. Alvis' coaching experience has spanned 32 years in Boys Tennis and 35 years as the Assistant Football Coach at Hampton High School, the number one high school program in the state of Virginia and America, led by Coach Michael Smith. The football team has won 12 State Championships, 3 State Runner Up Championships and 28 District Championships in the last 33 years. Alvis has coached in 2 Virginia All Star Football Games, in 1997 and again in 2001. In Boys Tennis he has been Coach of the Year in Peninsula District 5 times, also the National Coach of the Year in Region II and was a NHSACA Coach of the Year Finalist 2005 in Orlando Florida.

As a 35 year member of the Virginia High School Coaches Association, Alvis has served as President from 2002-2004. He has served on the legislative and executive committee. He is also the Assistant-Director to the All-Star Summer Games for the Virginia High School Coaches Association. Alvis has served his community as the Tennis Coordinator for the Achievable Dream Program in Newport News for 3 years, and also as the Tennis Director for Achievable Dream in Hampton.



# Nick Colobro

## Retires after Years of Service

Here's wishing the best to our friend and coaching colleague, Nick Colobro, on his retirement. Nick accomplished many milestones during his coaching career and along with his sidekick, Phil Robbins, has been a cornerstone and foundation for the VHSCA. The support for the association and All-State games spearheaded by these two in southwest Virginia has been invaluable. We will certainly miss Nick at the summer games and VHSCA meetings.

Nick will retire as the Assistant Principal of Gate City High School. As Athletic Director, he was responsible for coordinating athletic schedules, overseeing athletic expenditures, preparing and submitting athletic schedules and eligibility list to the Virginia High School League and scheduled schools. He also assisted in policies and procedures governing school athletics. His overall team record as football coach is 235-78-1.

For three years, Nick served as head football coach, head golf coach and as a physical education teacher of Tazewell High School. He was responsible for directing and coordinating the 8th grade, junior varsity and varsity football teams of Tazewell. He directed and coordinated the golf team. He also instructed 9th and 10th grade classes in physical, health and driver education. His overall team record as football coach is 24-11-0.

As Athletic Director and head football coach of Massanutten Military Academy, Nick was responsible for scheduling the games for all athletic programs. His duties included purchasing athletic equipment and maintaining athletic fields and facilities. He was required to review and update the athletic budget, schedule the transportation for athletic events, and schedule officials for athletic events. He also supervised night study for cadets. Finally, he recruited all football players and counseled athletes into colleges.

Nick was also the defensive coordinator of the freshman football team and a recruiter for Virginia Polytechnic Institute and State University in Blacksburg, VA.

### *Playing Experience*

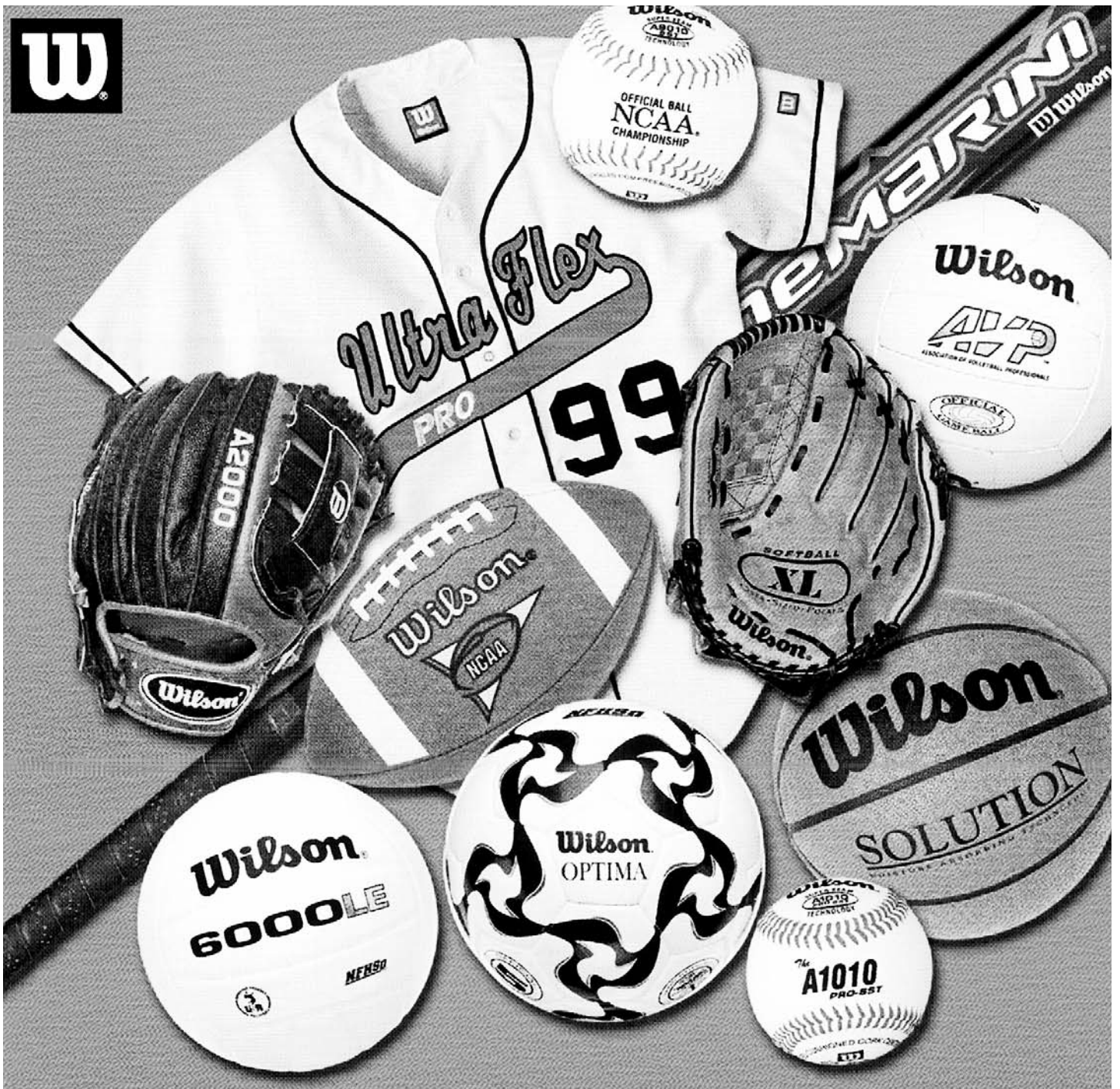
Nick was a three-year football letterman at Virginia Polytechnic Institute. Prior to college, he was a three-year letterman in both football and basketball at Bluefield High School in Bluefield, VA.

### *Career Coaching Highlights*

As head football coach, Nick has a career record of 259-89-1. He has been award District Coach of the Year 14 times, Regional Coach of the Year 11 times and once for State Coach of the Year. He served a two-year term as president of the Virginia High School Coaches Association and has been a member of the association for 27 years and served on the Legislative Board and Executive Committee for 15 years. He was a member of both the National Coaches Association and the Hall of Fame of the Virginia High School League.

On numerous occasions, Nick served as District, Region and Sub-State Tournament Director for football, baseball, volleyball and softball. He has served and chaired numerous committees on the District, Region and State level. For the East-West All-Star Games, Nick has been head coach and assistance coach. He was also a clinician at many coaching clinics in Virginia and Tennessee.

*Nick, we all thank you again  
for your friendship  
and hard work in the VHSCA!*



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# ACTIVE COACHING

## FOOTBALL

<i>Coach-School</i>	<i>Wins</i>
Mike Smith-Hampton	402
Phil Robbins-Powell Valley	297
Joe May-Nottoway	271
Roger Brooks-Henrico	260
Tim Sarver-Harrisonburg	255
Nick Colobro-Gate City	259
Ray Long-Patrick Henry	225
David Crist-Blacksburg	220
Jim Woodson-Powhatan	208
Vic Williams-Thomas Dale	202
Bill Brown-Colonial Forge	177
Tom Verbanic-Westfield	170
Rich Serban-James Monroe	170
Marshall Parker-Hopewell	153
Buddy Brown-Tunstall	142
Doug Hubbard-Honaker	136
Larry Russell-Chilhowie	132
Pat Manuel-Matoaca	128
Littleton Parker-Southampton	119
James Colley-Haysi	114
John Adams-Lebanon	117
Robert Casto-Riverheads	111
Mike Barton-Loudoun Valley	102
Fred Birchett-New Kent	99
David Tibbs-Robert E. Lee	87
Rick Varevac-Albemarle	83
Kevin Saunders-J.J. Kelly	66
James Gilbert-Bassett	52
Bob Oliver-Chancellor	48

## BOYS BASKETBALL

<i>Coach-School</i>	<i>Wins</i>
Paul Hatcher-R. E. Lee	842
Jack Baker-Maury	595
Jerry Walters-Central Woodstock	504
Richard Stan Wilson-JI Burton	497
Al Copenhaver-George Wythe	451
Nelson Fox-Parry McCluer	450
Ed Allen-New Kent	443
Walter Brower-Hampton	446
Eddie Goss-Thomas Dale	491
Munro Rateau-Fluvanna	410
Mike Cartolaro-Altavista	386
Kendall Hayes-Potomac	372
Gerald Thompson-E. Montgomery	351
Alan Dunn-Spotsylvania	334
Mike Head-Ocean Lakes	320
Ed Young-Nansemond River	317
Bill Pope-Northside	306
Steve Henry-Fairfax	303
Billy Thornhill-Culpeper	300
Greg Maynard-Albemarle	309
Bob Locust	268
Tim Meyers-Harrisonburg	268
Danny Jonas-Ft. Chiswell	235
Alan Cantrell-Floyd Co.	220
Craig Brehon-Bethel	239
Phil Warren-Madison County	216
Scott Mankins-Millbrook	224
Darren Maynard-W. Albemarle	196
Ricky K. Goodman-Council	183
Dan Stevens-Heritage	182

Scott Vermillion-Gate City	175
Jim Kramer-Spotswood	167
Jeff Hawes-Potomac Falls	165
Verl Brown-Galax	157
Jeff Huffman-King William	150
Mitchell Minor-Charlottesville	124
Rick Crofts-Glenvar	120
Todd Lusk-Narrows	114

## GIRLS BASKETBALL

<i>Coach-School</i>	<i>Wins</i>
Doug Garrett-Midlothian	521
Mike Tallon-Woodside	503
Pat Deegan-Westfield	467
Robin Dotson-J.J. Kelly	407
Alan Cantrell-Floyd Co.	381
Katherine Johnson-Madison Co.	376
Harry Terrell-Charlottesville	346
Rob Lovell-Turner Ashby	309
Jim Crinkley-Colonial Heights	250
Barry Reed-VA High	250
Jean Adkins-Henrico	247
Tracie Hayes-E.C. Glass	219
Ellen C. Allen-Liberty	205
Chuck Pound-Lord Botetourt	195
Stephanie Ward-Lee	172
Mollie C. Pawlowski-J.R. Tucker	171
Julian R. Bumbrey-James Monroe	168
Ronnie Compton-Haysi	164
Jason Asbell-Jamestown	163
Danny Keene-Alleghany	143
Mike Barmoy-Brunswick	139
Darrell J. Long-Northumberland	120
Ellen Corum Gaines-Rappahanock	108
Jerry Gibbs-Manchester	93
William Griffin-Middlesex	71
Dickie Bell-Riverheads	60

## BASEBALL

<i>Coach-School</i>	<i>Wins</i>
Mack Shupe-J. I. Burton	620
Jim Cutler-Liberty	513
Ken Blackley-Rappahannock	447
Gary Rice-Alleghany	420
Tom Harding-Honaker	417
Bill Pelot-Louisa	417
Tom Hall-Oakton	385
Lindsay Woolfolk-Orange	326
Russell Ingram-Denbigh	325
Skip Hudgins-W. Albemarle	318
Alan Dunn-Spotsylvania	334
Charles Adams-Lebanon	308
Charles Bowers-Wilson Memorial	303
Bruce Frazier-Giles	283
Billy Wells-Eastern Montgomery	278
Chuck Welch-Westfield	274
Bob Oliver-Chancellor	273
Gary Reese-Nandua	226
Wayne Pridgen-Radford	222
Mark Daniels-Virginia H.S.	218
Al DeWitt-Mathews	217
Vic Camechis-Mathews	200
Danny Mitchell-Hampton	200
Barry Shelton-Tunstall	187

Richard McElwee-Bath Co.	174
Tom Verbanic-Westfield	171
Jim Shockley-Blacksburg	170
John A. Marano-Mills Godwin	169
Fred Birchett-New Kent	148
Gary Higginbotham-Meadowbrook	146
Rick Lollis-Rockbridge Co.	130
Billy Catron-Randolph Henry	189
Shawn Szakelyhide	163
John Fletcher-J. R. Tucker	104
Dean Sissler-G. Marshall	100
Jared Mounts-James Wood	57

## WRESTLING

<i>Coach-School</i>	<i>Wins</i>
John Kayajanian-Orange	368
Pepper Martin-Sherando	347
Ed Cressel-Virginia	290
Steve Crocker-Mills E. Godwin	241
Bill Swink-Colonial Forge	225
Doug Roper-Tabb	217
Timothy Woodward-Graham	230
Rick Juarez-Broadway	196
Steve Wendt-Spotswood	180
Tater Benson-Lord Botetourt	178
Michael Sacra-Madison County	147
Jim Schnable-Loudoun Valley	145
Mike Stefanko-Cloverhill	93

## GIRLS TENNIS

<i>Coach-School</i>	<i>Wins</i>
Linda Failes-Spotswood	312
Paul Cash-Prince George	215
Larry Parpart-Douglas Freeman	197
Janet Nelson-Thomas Walker	161
Judy Moser-Independence	100

## BOYS TENNIS

<i>Coach-School</i>	<i>Wins</i>
Tom Hoy-Mills Godwin	371
Don Tomb-Wakefield	259
Larry Mannon-Radford	255
Michael Terry-Charlottesville	239
John Patterson-Galax	195
Doris Scott-Riverheads	176
Jay Allen-Orange Co.	175
Donna Lloyd-Clover Hill	100
Terry Caldwell-Virginia	98
Steve Huppert-Christiansburg	91
Jim Albertson-Clover Hill	72

## GOLF

<i>Coach-School</i>	<i>Wins</i>
Leo Anthony-First Colonial	532
Jerry Slaughter-Field. Col.	444
Robert Q. Jones-Geo. Washington	398
Tom Hoy-Mills Godwin	383
Nelson Fox-Parry McCluer	342
Jonathan Williams-Thomas Dale	303
Shirley Gray-Culpeper	292
Darren Maynard-W. Albemarle	263
Doug Harvey-Bath Co.	230
Greg Maynard-W. Albemarle	283
Kelly Powell-Randolph-Henry	201

# MILESTONES

Linda Failes–Spotswood .....	149
Drew Bright–Douglas Freeman .....	136
Tim Llewellyn–Clover Hill .....	136
Terry Caldwell–VA High .....	134
Bob Witherow–Hopewell .....	102
William Duke Jr.–Wilson .....	97

## GIRLS CROSS COUNTRY

<i>Coach–School</i>	<i>Wins</i>
Jim Holdren–Maggie Walker.....	311
Jerry Cutright–Louisa.....	218
Jerome Loy–Jefferson Forest.....	163
Arthur Rodgers–Woodbridge.....	156
Kempler Towler–Mills Godwin.....	143
George Coulter–Tabb.....	149
Stan Morgan–Midlothian.....	137
Dave Stewart–Ft. Defiance.....	108
Joan Hudson–New Kent.....	106
Joseph Huddle–Central.....	86
Mark Harvey–Douglas Freeman.....	76
Tony Quesenberry–Galax.....	39

## BOYS CROSS COUNTRY

<i>Coach–School</i>	<i>Wins</i>
Jim Holdren–Maggie Walker.....	294
George Coulter–Tabb.....	260
Arthur Rodgers–Woodbridge.....	222
Jerry Cutright–Louisa.....	182
Jerome Loy–Jefferson Forest.....	154
Joseph Huddle–Battlefield.....	149
Robert Gulley–Thomas Dale.....	148
Stan Morgan–Midlothian.....	125
Mark Harvey–Douglas Freeman.....	122
Frank Whipp–Hopewell.....	119
Tony Quesenberry–Galax.....	87
Ron Witherow–Ft. Defiance.....	86

## GIRLS OUTDOOR TRACK

<i>Coach–School</i>	<i>Wins</i>
Jim Holdren–Maggie Walker.....	309
Joan Hudson–New Kent.....	251
Russell Kelley–Giles.....	240
Jerry Cutright–Louisa Cty.....	224
Gene H. Bowen–Manchester.....	217
Lillie Moore–George Wythe.....	206
Derek Dowrey–Handley.....	140
Lyn Amos–Essex.....	107
Dave Stewart–Ft. Defiance.....	98
Vatel Dixon–James River.....	97
Eddie Williams–Bethel.....	84
Gene Wassick–Riverheads.....	79
Arthur Rodgers–Woodbridge.....	72
Jeff Huffman–King William.....	64
Chip Long–Spotswood.....	64
Dick Anthony–Thomas Dale.....	60
Melvin Queen–Indian River.....	51
Stan Morgan–Midlothian.....	41
David Tibbs–Robert E. Lee.....	39

## BOYS OUTDOOR TRACK

<i>Coach–School</i>	<i>Wins</i>
Phil Robbins–Powell Valley.....	243
Curtis E. Elder–Charlottesville.....	223

Ron Wilkerson–Riverheads.....	218
Bill Libby–Spotsylvania.....	201
Jerry Cutright–Louisa Cty.....	197
Jim Holdren–Maggie Walker.....	193
Gene H. Bowen–Manchester.....	150
Randy Bailey–Christiansburg.....	133
Derek Dowrey–Handley.....	128
Vatel Dixon–James River.....	122
Jerry Huffman–Giles.....	119
Roy Ferri–Stuart.....	113
Tap Pace–Fluvanna.....	102
Mark Martin–Abingdon (R).....	97
Ed Driskill–Waynesboro.....	86
Arthur Rodgers–Woodbridge.....	82
Lanny Doan–Bayside.....	81
James Colley–Haysi.....	73
Dick Anthony–Thomas Dale.....	70
Chip Long–Spotswood.....	54
David Tibbs–Robert E. Lee.....	50
Eddie Williams–Bethel.....	41

## VOLLEYBALL

<i>Coach–School</i>	<i>Wins</i>
Mark Ragland–Albemarle.....	430
Jerry Williams–John Battle.....	361
Jackie Hardy–Tunstall.....	345
Rose Houk–Galax.....	299
Cynthia Burnett–New Kent.....	289
Tracie Weston–Mills Godwin.....	269
Mary Allen–Midlothian (R).....	295
Alan Knight–Page Cty.....	262
Steve Eliasak–Clover Hill (B).....	251
Mike Walker, Jr.–Thomas Dale (B).....	171
Carla Ponn Poff–Hidden Valley.....	169
Tom Stephenson–Jamestown.....	167
Charles Campbell–Grayson County.....	153
Tamalyn Tanis–Cave Spring.....	134
Cathy Thomas–Arcadia.....	121
Carla Milton–James Wood.....	106
Keith Mesa–Colonial Forge.....	101
Doris Scott–Riverheads.....	93
Carmel Keilty–Loudoun Valley.....	90

## FIELD HOCKEY

<i>Coach–School</i>	<i>Wins</i>
Diane Miller–Lake Braddock.....	412
Carol Horton–West Potomac.....	300
James Larkin–Chancellor.....	244
Dotty Bohannon–Albemarle.....	238
Tara Worley–Lakeland.....	152
Melanie Haas–Menchville.....	122
Donna Stables–Clover Hill.....	115
Vicky O'Donaghue–Oakton.....	114
Jane Cashion–Hopewell.....	99
Marsha Ehram–McLean.....	85

## SOCCER

<i>Coach–School</i>	<i>Wins</i>
Jim Rike–Robinson (G).....	448
Jeff Highfill–William Byrd.....	362
Shelley Blumenthal–Blacksburg (B).....	313
Ken Krieger (B).....	305
Kevin Denson–First Colonial.....	300
Pete Scouras–Martinsville (B).....	275

Michael Webb–Chancellor (B).....	266
Chip Rohr–BD.....	222
Mike Anderson–Clover Hill (B).....	195
Christian Godart–Westfield (G).....	193
Ted Jones–Midlothian (B).....	192
Mark Fowler–Thomas Dale (B).....	182
B.J. Tucker–Colonial Forge (B).....	163
Gregory Wade–Radford (B).....	150
Richard Devivi–Northumberland.....	102
Howard Meissel–W. Branch (G).....	99
Brenda Duncan–Clover Hill (G).....	91
Robin Hersey–Waynesboro (G).....	84
Dickie Bell–Riverheads.....	81
Neil Schmidt–Giles (B).....	75

## GYMNASTICS

<i>Coach–School</i>	<i>Wins</i>
Melody Hartranft–F.W. Cox.....	171

## SOFTBALL

<i>Coach–School</i>	<i>Wins</i>
Marie Crump–Powhatan.....	539
Roger Cook–Tunstall.....	484
Dennis Nixon–Princess Anne.....	379
John Sabo–Chilhowie.....	367
Beth Walker–Park View–Sterl.....	336
Noble Palmer–Great Bridge.....	327
Don Mudrick–Sussex.....	324
Lynn Richmond–Northside.....	319
Dennis Marstiller–Broadway.....	308
Rob Benton–West Springfield.....	296
Denise Manuel–Midlothian.....	282
Barry Reed–Virginia.....	260
Ellen Corum Gaines–Rappahannock.....	249
Richard MacDonald–Kecoughtan.....	218
Alan Knight–Page County.....	206
Debra Herrington–Northumberland.....	193
Spike Harrison–Glenvar.....	175
Jane Cashion–Hopewell.....	150
Kathy Moore–Chantilly.....	136
Bill Hanley–Fairfax.....	125
Medicus Riddrick–Northumberland.....	85

## SWIMMING

<i>Coach–School</i>	<i>Wins</i>
(Boys)Terry Caldwell–Virginia.....	
(Girls)Terry Caldwell–Virginia.....	150
(Girls)Harold Baker–Lafayette.....	132
(Boys)Harold Baker–Lafayette.....	122

At the end of your sports season, please send all changes to:

**Michael Smith**, Executive Director  
317 Orange Plank Road  
Hampton, VA 23669

Do not send to Awards Chairman unless requesting an award.

# ALL-TIME VICTORY

## FOOTBALL

<i>Coach-School</i>	<i>Wins</i>
<b>Norman Lineburg</b> (R)-Radford .....	315
<b>Eddie Dean</b> -Madison Co. (R) .....	304
<b>Joel Hicks</b> -Pulaski Co. (R) .....	301
(W. VA-91, VA-210)	
<b>Frank Webster</b> -First Colonial (R) .....	280
<b>Ralph Cummins</b> -Clintwood (R) .....	267
<b>Ken Brown</b> -Brooke Point (R) .....	261
<b>Glynn Carlock</b> -Graham (D) .....	252
<b>Thad Madden</b> -Warwick (D) .....	251
<b>Ralph Gahagan</b> -Kempsville (R) .....	250
<b>Harry Frye</b> -Gate City (D) .....	238
<b>Pete Brubaker</b> -Lexington (R) .....	224
<b>Vince Bradford</b> -E. C. Glass (D) .....	224
<b>Dwight Reagan</b> -Sussex (R) .....	207
<b>Suey Eason</b> -Hampton (D) .....	204
<b>Bob Hardage</b> -Annandale (R) .....	198
<b>Robert Williams</b> -Parry McCluer (D) .....	198
<b>Paul Sizemore</b> -Orange .....	192
<b>Al Rinaldi</b> -Highland Springs (R) .....	190
<b>Joe Langston</b> -Norcom .....	186
<b>Ed Scott</b> -J. Wood (R) .....	185
<b>Gordon Bragg</b> -Appomattox (D) .....	175
<b>Bill Brown</b> -Hylton (R) .....	173
<b>Martin Mooney</b> -William Monroe (R) .....	170
<b>Harry Ragsdale</b> -Narrows (D) .....	166
<b>Alger Pugh</b> -G. W.-Danville (D) .....	165
<b>Dennis Kozlowski</b> -Bethel (R) .....	162
<b>David Brown</b> -Pulaski Co. (R) .....	162
<b>Larry Smith</b> -Halifax (R) .....	161
<b>Ed Martin</b> -G. W. Danville (D) .....	155
<b>Charles Nuttycombe</b> -Menchville (R) .....	153
<b>Ed Karpus</b> -Thomas Dale (R) .....	150
<b>Ted Salmon</b> -Clover Hill (R) .....	147
<b>Francis Dall</b> -Lake Braddock (R) .....	145
<b>Thomas Theodose</b> -Charlottesville (R) .....	144
<b>Chester Fritz</b> -Hermitage (D) .....	144
<b>Ron Lindon</b> -Handley (D) .....	142
<b>Bill Lyons</b> -Oscar Smith (R) .....	140
<b>Lew Johnston</b> (R) .....	137
<b>Claude E. Warren</b> -Harrisonburg .....	133
<b>Rusty Curle</b> (R) .....	131
<b>Wayne Cosby</b> -South Hampton (R) .....	128
<b>Danny Meier</b> -Chantilly (R) .....	124
<b>Jerry Carter</b> -Deep Creek (R) .....	124
<b>Buddy Gregory</b> -Monacan (R) .....	118
<b>Pete Gowin</b> -Buckingham (R) .....	112
<b>Bill Long</b> -Douglas Freeman (R) .....	109
<b>Bill Hildbold</b> -Robinson (R) .....	
<b>Chip Chappell</b> -Lunenburg (R) .....	304
<b>Bill Dee</b> -Phoebus (R) .....	204
<b>Richard McFee</b> -Huguenot (R) .....	151
<b>Ron Axselle</b> -Mills Godwin (R) .....	145
<b>Tommy Meier</b> -Herndon (R) .....	116
<b>Taylor Edwards</b> -Martinsville (R) .....	113

## BOYS BASKETBALL

<i>Coach-School</i>	<i>Wins</i>
<b>Bill Littlepage</b> -Hopewell (R) .....	755
<b>Bill Lawson</b> -Petersburg (R) .....	626
<b>Huskey Hall</b> -Martinsville (R) .....	609
<b>Ronald Skeen</b> -Thomas Walker .....	528
<b>Allen Wiley</b> -Pulaski .....	518
<b>Burrall Paye</b> -York (R) .....	487
<b>Bob Shamblin</b> -E. C. Glass (R) .....	450
<b>Jimmie Bryan</b> -E. C. Glass (D) .....	478

<b>Frank Threatts, Jr.</b> -John Marshall (R) .....	468
<b>Ken Edwards</b> -Park View Sterling (R) .....	459
<b>Claude E. Warren</b> -Harrisonburg .....	443
<b>Roger Bergey</b> -Harrisonburg (R) .....	435
<b>Bob Trear</b> -Blacksburg (R) .....	427
<b>John Shotwell</b> -James River .....	421
<b>Jerry Burke</b> -Brunswick Sr. .....	415
<b>Leo Anthony</b> -First Colonial (R) .....	411
<b>Julius Conn</b> -Newport News (D) .....	396
<b>Stu Richardson</b> -Varina (R) .....	385
<b>John E. Fuller, Sr.</b> -Lakeland .....	357
<b>Bill Oakes</b> -Tunstall .....	352
<b>Frank Scott</b> -Laurel Park (R) .....	346
<b>Scott Douglas</b> -Loudoun Valley (R) .....	338
<b>Stu Richardson</b> -Varina (R) .....	335
<b>George Walters</b> -Ferguson (D) .....	326
<b>John Vicars</b> -Gate City (D) .....	325
<b>Dave Bentley</b> -J.J. Kelly (R) .....	325
<b>Howard Deel</b> -Clintwood .....	303
<b>Randy Mitchie</b> -William Monroe (R) .....	297
<b>Charlie Harkins</b> -Marion .....	294
<b>Thomas Oliver</b> -Great Bridge (R) .....	279
<b>Larry Compton</b> -Haysi (R) .....	263
<b>Ken Blackley</b> -Rappahannock (R) .....	250
<b>Theodore Lewis</b> -John Yeates (R) .....	208
<b>Ralph Joyner</b> -Sussex (R) .....	190
<b>Dave Nelson</b> -Poquoson (R) .....	187
<b>Tex Murray</b> -Windsor .....	161
<b>Chuck Tester</b> -L.C. Bird (R) .....	159
<b>Dick Bomboske</b> -Midlothian (R) .....	153
<b>Freddie Reekes</b> -Brunswick Sr. (R) .....	106
<b>Chuck Tester</b> -L.C. Bird (R) .....	309

## GIRLS BASKETBALL

<i>Coach-School</i>	<i>Wins</i>
<b>Kate Carter</b> -Culpeper Cty. (R) .....	526
<b>Gracie VanDyck</b> -Western Branch (R) .....	517
<b>Mary Parks</b> -Laurel Park (R) .....	400
<b>Sonny Brooks</b> -Thomas Walker (R) .....	376
<b>Mary Copenhaver</b> -George Wythe (R) .....	358
<b>Jeanine Duncan</b> -Marion (R) .....	348
<b>Fred Milbert</b> -Garfield (R) .....	327
<b>Danny Jonas</b> -Ft. Chiswell (R) .....	308
<b>David Grant</b> -Liberty (R) .....	305
<b>Laura Hagan</b> -Annandale (R) .....	297
<b>Freddie Reekes</b> -Brunswick Sr. (R) .....	289
<b>Phil Forbes</b> -Menchville (R) .....	274
<b>Kirk Johnson</b> -Wilson Memorial (R) .....	271
<b>Jon Hatch</b> -Gloucester (R) .....	271
<b>Jim West</b> -Spotswood (R) .....	267
<b>Cal Davidson</b> -BT Washington (R) .....	249
<b>Wanda Marinke</b> -Warwick (R) .....	231
<b>Stuart Holland</b> -Frank Cox (R) .....	214
<b>John Brown</b> -Mathews (R) .....	212
<b>Louise Martin</b> -Appomattox (R) .....	204
<b>Skip Hudgins</b> -W. Albemarle (R) .....	198
<b>Mary Tolley</b> -Appomattox (R) .....	185
<b>Judy Bonin</b> -Ft. Defiance (R) .....	179
<b>Dave Nelson</b> -Poquoson (R) .....	171
<b>Thomas Dolan</b> -New Kent (R) .....	170
<b>Chris Garber</b> -Handley (R) .....	169
<b>Ronnie Compton</b> -Haysi (R) .....	164
<b>Susan Good</b> -Hermitage (R) .....	155
<b>Dave Bartlett</b> -Clark Co (R) .....	154
<b>Donnie Qualls</b> -Rye Cove (R) .....	151
<b>Tracy A. Poff</b> -Shawsville (R) .....	143
<b>Steve Walk</b> -R.E. Lee (Staunton) (R) .....	134

<b>Cathy Thomas</b> -Arcadia (R) .....	118
<b>Carmel Keilty</b> -Loudoun Valley (R) .....	114
<b>Todd Lusk</b> -Narrows (R) .....	114
<b>Brenda King</b> -Radford (R) .....	113
<b>Andrew Hence</b> -Middlesex (R) .....	109
<b>Brenda King</b> -Radford (R) .....	113
<b>Geary Crawford</b> -Goochland (R) .....	110
<b>Joe O'Donnell</b> -Riverheads (R) .....	61
<b>Larry Bowman</b> -First Colonial (R) .....	514
<b>Steve Genovese</b> -Meadowbrook (R) .....	145

## BASEBALL

<i>Coach-School</i>	<i>Wins</i>
<b>Jim Snow</b> -Menchville (D) .....	517
<b>Jim Cutler</b> -Liberty (R) .....	513
<b>Steve Hubbard</b> -Coeburn .....	450
<b>Tex Murray</b> -Windsor (R) .....	448
<b>Ron Tugwell</b> -West Springfield (R) .....	431
<b>Henry Ashton</b> -Essex (R) .....	425
<b>Leroy Dail</b> -Southampton (R) .....	418
<b>R. Lee Knupp</b> -WT Woodson .....	388
<b>Del Norwood</b> -Wash. & Lee .....	384
<b>Rick Holcomb</b> -Courtland (R) .....	370
<b>Buddy Denton</b> -Kecoughtan (R) .....	365
<b>Eddie Icenhour</b> -Virginia (R) .....	362
<b>Bill Worrell</b> -Carroll Co. (R) .....	356
<b>Howard Clabough</b> -Appomattox (R) .....	336
<b>Bob McConnel</b> -York/Grafton .....	325
<b>Reggie Dunnnavat</b> -Lunenburg (R) .....	314
<b>Thomas Oliver</b> -Great Bridge (R) .....	311
<b>Skip Bouchard</b> -Bethel (R) .....	304
<b>Ray Heatwole</b> (R) .....	303
<b>Pete Gowin</b> -Buckingham (R) .....	300
<b>Larry Spangler</b> -Galax (R) .....	290
<b>C. Yates Hall</b> -Warren Co. (R) .....	261
<b>Owen Shields</b> -Tunstall (R) .....	258
<b>Don Colley</b> -Henrico .....	252
<b>Dick Bankston</b> -Randolph Henry (R) .....	250
<b>Tim Clary</b> -Turner Ashby (R) .....	249
<b>Blake Whiterack</b> -St. Paul (R) .....	244
<b>John Hulen</b> -Thomas Jefferson .....	243
<b>David George</b> -Monacan (R) .....	241
<b>Jack Bryant</b> -Tunstall (R) .....	240
<b>Dale Clark</b> -Thomas Dale (R) .....	213
<b>Ben Womble</b> -Chantilly (R) .....	208
<b>Jerry Gardziel</b> -Potomac (D) .....	203
<b>Jim Garnett</b> -Albemarle (R) .....	178
<b>William Tanner</b> -Madison Co. (R) .....	165
<b>Sam McKinney</b> (R) .....	152
<b>Buster Taylor</b> -Powell Valley (D) .....	144
<b>Stan Latham</b> -Sussex (R) .....	133
<b>Gary Walthal</b> -William Byrd .....	127
<b>Rich Serbay</b> -James Monroe (R) .....	104
<b>Dick Crawford</b> -Page City (R) .....	100
<b>Dwight Reagan</b> -Sussex (R) .....	92
<b>Dennis Moody</b> -Midlothian (R) .....	316
<b>Norbie Wilson</b> -First Colonial (R) .....	298
<b>Tim Lowery</b> -Clover Hill (R) .....	250

## WRESTLING

<i>Coach-School</i>	<i>Wins</i>
<b>Drew Bright</b> -Douglas Freeman (R) .....	425
<b>Bruce Shumaker</b> -Lafayette (R) .....	386
<b>Bill Cameron</b> -S.J. Manassas (R) .....	349
<b>Richard Hilleary</b> -Forest Park (R) .....	325
<b>Paul Labazzetta</b> -Woodson (R) .....	304
<b>Jaye Copp</b> -James Wood (R) .....	302
<b>Paul Pcsolinski</b> -Menchville (R) .....	318

# MILESTONES

(Retired/Deceased)

<b>Bob Horning</b> —Thomas Dale/Gar-Field (R).....	311
<b>John Epperly</b> —Robinson (R).....	307
<b>Kris Kahila</b> —Franklin Co. (R).....	289
<b>Billy Martin</b> —Granby (D).....	259
<b>Shirley Gray</b> —Culpeper Co. (R).....	257
<b>Ray Ward</b> —Thomas Dale (R).....	238
<b>Bobby Bates</b> —J.J. Kelly (R).....	231
<b>Donald Scarr</b> —Potomac (R).....	207
<b>Tim Donahue</b> —Hermitage(R).....	207
<b>Joe Hockman</b> —Stonewall Jackson (R).....	204

<b>George "Willie" Walters</b> — James Wood (D).....	196
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<b>Rob Benton</b> —West Springfield (R).....	195
<b>Harry Van Trees</b> —Oakton (R).....	187
<b>Paul Anthony</b> —Brookville (R).....	186
<b>Rich Pollock</b> —Riverheads (R).....	160
<b>Dick Overton</b> —Midlothian (R).....	159
<b>Mark Martin</b> —Abingdon (R).....	132
<b>Joe Bothel</b> —First Colonial (R).....	125
<b>Barry Shelton</b> —Tunstall (R).....	124
<b>Charles Dodge</b> —Warren County (R).....	116
<b>Mickey Crouch</b> —Jefferson Forest (R).....	109
<b>Ron Axselle</b> —Mills Godwin (R).....	101
<b>Robert Gray</b> —Field Col. (R).....	100
<b>Danny Mitchell</b> —Hampton (R).....	100
<b>Jim Albertson</b> —Clover Hill (R).....	87
<b>Bill Wildbold</b> —Robinson (R).....	72

## GOLF

<i>Coach-School</i>	<i>Wins</i>
<b>Husky Hall</b> —Martinsville (R).....	298
<b>Bobby Crantz</b> —Stonewall Jack.....	226
<b>Paul Fleming</b> —Douglas Freeman (R).....	182
<b>Stuart Holland</b> —Cox (R).....	179
<b>Glenn Russell</b> —Layfayette (R).....	174
<b>Ron Hennis</b> —Waynesboro (R).....	167
<b>Douglas Paschall</b> —Kempsville (R).....	141
<b>Jim Alberston</b> —Clover Hill (R).....	121
<b>Burch Redford</b> —Midlothian (D).....	109
<b>Tom Early</b> —Tunstall.....	102
<b>Ray Garrett</b> —Midlothian (R).....	69
<b>Mark Martin</b> —Abingdon (R).....	53
<b>Steve Schmitter</b> —F.E. Kellam (R).....	131
<b>Bob Parker</b> —Northumberland (R).....	126

## SOFTBALL

<i>Coach-School</i>	<i>Wins</i>
<b>Mary Tolley</b> —Appomattox (R).....	360
<b>Susan Martindale</b> —Spotswood (R).....	301
<b>Pat Dean</b> —James Madison.....	271
<b>Keith Daniels</b> —Monacan (R).....	271
<b>Chris Ake</b> —Western Branch.....	270.5
<b>Larry Bowman</b> —First Colonial (R).....	235
<b>Patsy Neal</b> —Windsor (R).....	213
<b>Becky Gore</b> —Madison Co. ....	178
<b>Gracie VanDyck</b> —Western Branch.....	129
<b>Terry Donohoe</b> —Douglas Freeman (R).....	124
<b>Jennifer Jones</b> —Gar-Field (R).....	119
<b>Rob Huffman</b> —Ft. Defiance (R).....	117
<b>Jim Melillo</b> —James River (R).....	114
<b>Sheila Turpin</b> —Liberty (R).....	106
<b>Louise Martin</b> —Appomattox.....	96
<b>Dorena Jackson</b> —Sussex (D).....	95

## GIRLS TENNIS

<i>Coach-School</i>	<i>Wins</i>
<b>Frances Simpson</b> —E. C. Glass (R).....	418
<b>Barbara Rogers</b> —W.T. Woodson (R).....	289

<b>Martha Woods</b> —G. W. Danville (R).....	286
<b>Pat Austin</b> —Waynesboro.....	237
<b>Chris Garber</b> —Handley (R).....	193
<b>Ann Beasley Cook</b> —Langley (R).....	160
<b>Vanessa Crozier</b> —Midlothian.....	145
<b>Jeannie Duncan</b> —Marion (R).....	142
<b>Trish Mitchell</b> —Hampton (R).....	139
<b>Don Tomb</b> —Wakefield (R).....	221
<b>Sharon Conyers</b> —First Colonial (R).....	250

## BOYS TENNIS

<b>Dave Eckes</b> —Liberty (R).....	315
<b>Bob Calloway</b> —James Monroe (R).....	302
<b>Dave Peterson</b> —Salem (R).....	221
<b>Dwight Carpenter</b> —Handley (R).....	201
<b>Alvin Mann</b> —Hampton (R).....	170
<b>Dick Bomboke</b> —Midlothian (R).....	165
<b>William "Bill" Tyson</b> —E.C. Glass (R).....	146
<b>Mark Van Dervort</b> —Poquoson (R).....	134
<b>Jim Alberston</b> —Clover Hill (R).....	72

## GIRLS CROSS COUNTRY

<i>Coach-School</i>	<i>Wins</i>
<b>Gary Bugg</b> —Harrisonburg (R).....	151
<b>Mike Guinn</b> —Spotswood (R).....	83
<b>Joe LaRocca</b> —Cave Spring (R).....	75
<b>Rod Camden</b> —E.C. Glass (R).....	66
<b>Jim Wagoner</b> —Clover Hill (R).....	62
<b>Michael Mahoney</b> —Herndon (R).....	116

## BOYS CROSS COUNTRY

<i>Coach-School</i>	<i>Wins</i>
<b>Rod Camden</b> —E.C. Glass (R).....	168
<b>Al Dorer</b> —Woodside (R).....	144
<b>Lynn Stewart</b> —Northside(R).....	139
<b>Bobby Murray</b> —King William (R).....	139
<b>Jerry Hertzler</b> —Harrisonburg (R).....	133
<b>Joe LaRocca</b> —Cave Spring (R).....	121
<b>Robert Wilson</b> —Charlottesville.....	120
<b>David Wright</b> —Pulaski.....	117
<b>Jim Wagoner</b> —Clover Hill (R).....	103
<b>Mike Guinn</b> —Spotswood (R).....	93
<b>Dave Stewart</b> —Ft. Defiance (R).....	78
<b>Bruce Bowen</b> —Nermitage.....	70
<b>Jane Carper</b> —Auburn (R).....	60
<b>William Chavis</b> —Amherst Co. (R).....	153
<b>Michael Mahoney</b> —Herndon (R).....	116

## GIRLS OUTDOOR TRACK

<i>Coach-School</i>	<i>Wins</i>
<b>J. J. Updike</b> —Harrisonburg (R).....	245
<b>Kate Carter</b> —Culpeper Cty. (R).....	115
<b>Norma Cox</b> —Christiansburg (R).....	110
<b>John Brown</b> —Mathews (R).....	106
<b>Stan Pope</b> —Sussex (R).....	102
<b>Wayne Mehrer</b> —Clover Hill (R).....	98
<b>Dick Overton</b> —Midlothian (R).....	95
<b>Judy Bonin</b> —Ft. Defiance (R).....	82
<b>John Ludt</b> —Riverheads (R).....	69
<b>R. Jerome Loy</b> —Jefferson Forest (R).....	117

## BOYS TRACK

<i>Coach-School</i>	<i>Wins</i>
<b>Vince Bradford</b> —E. C. Glass (D).....	302
<b>Tom Doub</b> —Varina (R).....	237
<b>Stan Pope</b> —Sussex (R).....	218
<b>Norman Lineburg</b> —Radford (R).....	172
<b>Bobby Murray</b> —King William (R).....	167
<b>Joe Langston</b> —Norcom (R).....	157

<b>Dennis Kozlowski</b> —Bethel (R).....	145
<b>Steve Lewis</b> —Menchville (R).....	139
<b>Charles Nuttycombe</b> —Menchville.....	125
<b>Al Smith</b> —Altavista (R).....	122
<b>Sherly Stuart</b> —William Fleming (R).....	107
<b>Jim Wagoner</b> —Clover Hill.....	104
<b>Michael Crouch</b> —Amherst (R).....	102
<b>David Osborne</b> —Patrick Henry (R).....	97
<b>Dick Overton</b> —Midlothian (R).....	89
<b>John Graham</b> —J.J. Kelly (R).....	85
<b>Gerald Samuels</b> —Armstrong (R).....	80
<b>Ronnie Jones</b> —Douglas Freeman (R).....	64
<b>Bill Long</b> —Douglas Freeman (R).....	58
<b>George Coulter</b> —Tabb (R).....	52

## VOLLEYBALL

<i>Coach-School</i>	<i>Wins</i>
<b>Donnie Qualls</b> —Rye Cove (R).....	385
<b>Phyllis Buckner</b> —Jef. Forest (R).....	381
<b>Lillie Moore</b> —George Wythe (R).....	372
<b>Pat Austin</b> —Waynesboro (R).....	325
<b>Tom Houser</b> —WM Fleming (R).....	266
<b>Judy Wallace</b> —Abington (R).....	215
<b>Gloria Motley</b> —Gretna (R).....	203
<b>Brenda Neal</b> —Handley (R).....	190
<b>Rob Huffman</b> —Ft. Defiance (R).....	188
<b>Jeff Bohn</b> —Mathews (R).....	143
<b>Jeannie Duncan</b> —Marion (R).....	131
<b>Sherrill Gray</b> —Clover Hill (G) (R).....	130
<b>David Terry</b> —Midlothian.....	114
<b>Lee Batten</b> —Thomas Dale (R).....	114
<b>Patricia Grimes</b> —Rockbridge (R).....	103
<b>Mark Lottinville</b> —First Colonial (R).....	77

## FIELD HOCKEY

<i>Coach-School</i>	<i>Wins</i>
<b>Paul Kirby</b> —Grafton (R).....	224
<b>Fran Hermance</b> —Layfayette (R).....	191
<b>Starr Karl</b> —Fairfax (R).....	158
<b>Michael Greco</b> —Radford (R).....	110
<b>Marjorie Brooks</b> —Midlothian (R).....	279

## GYMNASTICS

<i>Coach-School</i>	<i>Wins</i>
<b>Skip Mollenhauer</b> —Menchville (R).....	332
<b>Ann Ripley</b> —Centreville (R).....	204
<b>Dottie LaBahn</b> —First Colonial (R).....	100

## SOCCER

<i>Coach-School</i>	<i>Wins</i>
<b>Kevin Denson</b> —Kempsville (B) (R).....	300
<b>Bill Murray</b> —Middlesex.....	205
<b>Angelo Hilios</b> (B)—Woodbridge (R).....	199
<b>Ray Steckman</b> —Fairfax (G)(R).....	176
<b>Arlene Jacobs</b> —Langley (G)(R).....	163
<b>Bruce Watson</b> —Douglas Freeman (R).....	160
<b>Steve Schmitter</b> —F.E. Kellam.....	124
<b>Michael Greco</b> —Radford (R).....	110
<b>Sheri D'Amato</b> —W. Springfield (G)(R).....	98
<b>Susan Good</b> —Hermitage.....	94
<b>Brenda Duncan</b> —Clover Hill (G)(R).....	91
<b>Bill Hildbold</b> —McLean.....	79
<b>Chris Valdrigh</b> —Essex (B) (R).....	148

## SWIMMING

<i>Coach-School</i>	<i>Wins</i>
<b>Joseph "Joe" Smith</b> — Herndon (R) (B).....	97
.....(G).....	94

# VHSCA Awards

All awards presented by the VHSCA are listed below and included are any special criteria for special awards. For coaching awards, the coach must be an active member of the VHSCA. The awards application is always in the Virginia Coach. Send duplicate applications for each award requested.

**Note change in request procedure below!**

## I STATE CHAMPION RING AWARD

The VHSCA will present a ring to any active member head coach who has won two state championships in the same sport. Recipients need to submit the awards application form with ring size, stone, and verified two state championship years. There is no charge for the ring. Failure to attend and receive the ring at the VHSCA Banquet during the summer clinic will result in a \$25.00 charge unless the Awards Chairman is notified before July 1. A head coach can receive only one state championship ring. However, additional rings may be purchased.

## II STATE CHAMPION PLAQUES

These plaques must be requested. There is no charge. Failure to attend and receive the plaque at the VHSCA Banquet during the summer clinic will result in a \$10.00 charge unless the Awards Chairman is notified before July 1.

## III STATE RUNNER-UP AND REGIONAL CHAMPION PLAQUES

These plaques must be requested by submitting an awards application form. There is no charge except for postage and handling if requested within two years. Any requests prior to the previous two school years will cost \$12.00 per plaque. Send check payable to VHSCA with application form.

## IV DISTRICT CHAMPION CERTIFICATES

The certificates must be requested by submitting an awards application form. There is no charge except for postage and handling if requested within two years. Any requests prior to the previous two school years will cost \$3.00 per certificate. Send check payable to VHSCA with application form.

## V DISTINGUISHED SERVICE AWARDS

Four of these awards can be given each year (one per four areas of state). The only criteria is to submit a written nomination to the Awards Chairman.

## VI FRANK McCUE SPORTS MEDICINE AWARD

This award is presented each year to a doctor or trainer who has made outstanding contributions to high school athletics. A written nomination must be submitted to the Awards Chairman.

## VII MARSHALL JOHNSON NEWS MEDIA AWARD

This award is presented each year to an outstanding high school sports journalist. A written nomination must be submitted to the Awards Chairman.

## VIII JIMMIE BRYAN SCHOLARSHIP

Three \$1,000.00 scholarships are awarded each year to outstanding high school senior student-athletes. Information, deadlines, and application forms will be in the October and February issues of Virginia Coach.

## X STATE COACHES OF THE YEAR (CAREER) AWARDS

During the July meeting of the VHSCA Legislative council, the Sports Interest Groups select fifteen coaches and one athletic director as State Coaches of the Year (Career) and Virginia's nominees for National Coach of the Year. The fifteen sports are football, boy's basketball, girl's basketball, boy's track, girl's track, baseball, wrestling, swimming, volleyball, cross country, softball, soccer, golf, tennis, and special sports (gymnastics). The nominees enter competition for Regional and National Coach of the Year (Career) honors. These coaches are also honored at the Awards Banquet at our summer clinic with a State Coach of the Year (Career) Plaque.

## XI ALL-STAR COACHES AWARDS

At our summer clinic Awards Banquet, our football, boy's basketball, girl's basketball, baseball, softball, volleyball and boy's soccer All-Star coaches are presented a plaque.

## XII COACHES CAREER AWARD

Coaches are recognized after 10, 15, 20, 25, 30 (and so on) years service in the coaching profession. Combined head and assistant coaching experience is considered. To be considered for these awards, a coach must be an active or lifetime member of the VHSCA. Five years of service must be in a Virginia High School League member school.

- Step 1 The 10 year award is a certificate.
- Step 2 The 15 year award is a pin and certificate.
- Step 3 The 20 year award is a 7" x 9" plaque.
- Step 4 The 25 year award is a 8" x 10" plaque.
- Step 5 The 30 year award is a ring or plaque or engraved serving tray (recipients choice).
- Step 6 The 35 year is a 12" x 15" plaque.
- Step 7 The 40 year award is a desk or mantle clock.

**\*NO RETROACTIVE AWARDS WILL BE GIVEN BEFORE STEP 5.**

**\*Awards for state champions, all ring recipients, steps four and above for milestone, and 25 year and up for career awards will be presented annually at the VHSCA Banquet held during the summer clinic. Failure to attend and receive the award will result in a charge (\$10.00 for plaques and \$25.00 for rings and trays) unless the Awards Chairman is notified before July 1.**

## XIII VHSCA VICTORY MILESTONE AWARD \*\*ACHIEVEMENT\*\*

### Steps for Each Sport and the Number of Wins Required

SPORT	Step 1 (Certificate)	Step 2 (6x8 plaque)	Step 3 (8x10 plaque)	Step 4 (Ring or Pendant)	Step 5 (Choice of Plaque or Engraved Tray)	Step 6 (Choice of Plaque or Engraved Tray)
Baseball	85	170	255	340	425	510
Basketball	100	200	300	400	500	700
Cross Country	50	100	150	200	250	300
Field Hockey	65	130	195	260	325	390
Football	50	100	150	200	250	300
Golf	55	110	165	220	275	350
Gymnastics	50	100	150	200	250	300
Indoor Track	30	60	90	120	150	180
Soccer	65	130	195	260	325	390
Softball	85	170	255	340	425	510
Swimming	50	100	150	200	250	300
Tennis	55	110	165	220	275	330
Outdoor Track	50	100	150	200	250	300
Volleyball	85	170	255	340	425	510
Wrestling	65	130	195	260	325	390

\*What constitutes a win?

1) For sports such as baseball, basketball, football soccer, softball, tennis, volleyball, and field hockey; all wins in regular season, district playoffs, regional playoffs, and state playoffs may be counted.

2) For sports such as cross country, golf, gymnastics, indoor track, swimming, outdoor track, and wrestling; the procedure is different. Team victories in dual, tri, and quad meets can be counted. For regular season invitational meets or tournaments involving five or more teams, district championships, regional championships, and state championships; only the first place team will have one victory or win. A second place team finish or lower will not count as a win for this award.

\* All wins must be as a head coach of a specific varsity sport at a Virginia High School League Member School.

• Criteria established so it is possible to reach a new level in approximately six years.

• Boys and girls sports are considered separately. (example: If you coach boys and girls tennis, you are technically coaching **two** sports.)

• To be considered for the "Victory Milestone Award," a coach must be an active member or lifetime member of the VHSCA and must send a written request for the award to the VHSCA Awards Chairman. Certification of wins by your principal is required.

• Award will not be retroactive. (Example: If first request is after you have achieved Step 3, you will receive only the award for Step 3—Step 1 and Step 2 awards would not be given).

• Awards beginning with Step 4 will be presented annually at the VHSCA Banquet held during the summer clinic. Failure to attend and receive the award will result in a charge (\$10.00 for plaques or \$25.00 for rings, pendants, and trays) unless the Awards Chairman is notified before July 1.

3) For sports such as golf that has a season running tournament the entire season counts the number of wins and losses by the way they finish at the end (accumulation).

# VHSCA AWARD APPLICATION



**Note: For more than one request, please duplicate and send separate application for each request.**

For all awards, send application and check payable to VHSCA.  
 \$8/plaques for postage & handling • \$4/certificate for postage & handling.  
 No application will be processed without postage & handling fee.

Name (appears on award) \_\_\_\_\_ Date \_\_\_\_\_

**United Parcel Service Delivery Address** \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Year (Season) \_\_\_\_\_ School \_\_\_\_\_ Sport \_\_\_\_\_

District \_\_\_\_\_ Region \_\_\_\_\_ Classification \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

**Category I (Head Coach Only)**  
**CHECK APPROPRIATE AWARDS**

\_\_\_\_\_ \*\*State Championship Ring Award  
 Ring Size \_\_\_\_\_  
 Stone \_\_\_\_\_  
 Years \_\_\_\_\_

\_\_\_\_\_ \*State Champion Plaque (\$12.00)  
 \_\_\_\_\_ \*State Runner-Up Plaque (\$12.00)  
 \_\_\_\_\_ \*Regional Champion Plaque (\$12.00)  
 \_\_\_\_\_ \*District Champion Certificate (\$3.00)

\*No charge except for postage and handling if requested within two years

**MUST BE A MEMBER OF VHSCA**

Make checks payable to VHSCA

Only state champion plaques and rings will be awarded at the banquet.

**Category II (Head Coach Only)**  
**Victory Milestone Achievement Awards**

\_\_\_\_\_ Step 1 Certificate  
 \_\_\_\_\_ Step 2 Plaque (6x8)  
 \_\_\_\_\_ Step 3 Plaque (8x10)  
 \_\_\_\_\_ Step 4 Ring\*\*  
 Ring Size \_\_\_\_\_  
 Stone \_\_\_\_\_

**OR**

\_\_\_\_\_ Step 4 Pendant  
 \_\_\_\_\_ Step 5 Plaque (9x12) or Engraved Tray  
 \_\_\_\_\_ Step 6 Plaque (12x15) or Engraved Tray

Note: No retroactive awards.  
 Note: Verification letter from Principal must be mailed with application which lists the year by year record and school.

**Category III**  
**Career Award**

\_\_\_\_\_ 10 yr. Certificate  
 \_\_\_\_\_ 15 yr. Pin and Certificate  
 \_\_\_\_\_ 20 yr. Plaque  
 \_\_\_\_\_ 25 yr. Plaque  
 \_\_\_\_\_ 30 yr. \*\*Ring  
 Ring Size \_\_\_\_\_  
 Years \_\_\_\_\_

**OR**

\_\_\_\_\_ 30 yr. Plaque

**OR**

\_\_\_\_\_ 30 yr. Engraved Tray  
 \_\_\_\_\_ 35 yr. Plaque  
 \_\_\_\_\_ 40 yr. Plaque

Note: No retroactive awards before 30 yr. awards.  
 Note: Verification letter from Principal must be mailed with application which lists the year by year record and school.

## All Requests for Awards should be addressed to:

**Laura Beaver**  
**43868 Chloe Terrace**  
**Ashburn, VA 20147**

**Home Ph 703-729-8640**  
**Cell Ph 703-926-6916**  
**email: beaver\_vhsca@msn.com**

**\*\*1) Only one ring from each category can be awarded. However, you may purchase any additional ring.  
 The rings are white lust but coaches may purchase gold rings at an additional cost of \$656 or the current price of gold.**

# N.O.C.A.D.

## CERTIFICATE OF INSURANCE REQUEST FORM

➤ ALL STAR GAMES ➤ SUMMER CAMPS ➤ CLINICS

Virginia High School Coaches Association

Please Type or Print Legibly

Proof of Insurance Only (PLEASE CHECK)	
Venue Requesting Certificate – (This will be the Certificate Holder)	
Address of Venue:	
Contact Person:	Email
Phone#	Fax#
Date of Event:	
Coverage Dates Requested:	
Name / Type of Event:	
Location of Event – <b>including City &amp; State:</b>	
Additional Insureds Complete Address/Contact Person and Phone numbers & Relationship to the insured:  (Please use separate sheet if need for additional insureds)	
Name of Requestor Signature of Requestor Phone#	Email  Fax#

Please fax to Loomis & LaPann, Inc. 518-792-3426 Attention: Greg Joly/and or Karen Boller  
Inquires to Greg Joly 800-566-6479, or email to [Gjoly@loomislapann.com](mailto:Gjoly@loomislapann.com). or [Kboller@loomislapann.com](mailto:Kboller@loomislapann.com)



# TIPS FOR COMPLETING MEMBERSHIP APPLICATION

When completing the membership application, please keep the following tips in mind.

## BE SURE TO USE THE 2009-10 MEMBERSHIP APPLICATION.

1. Last name is first. Please put titles immediately after the last name, i.e. Jr., Sr., III, etc. (Include maiden name if newly married)
2. It is requested that the home address is used.
3. **PLEASE** complete the ZIP CODE boxes. It is not imperative to have the last four digits, but if known, please include.
4. All phone numbers need area codes.
5. Please provide birthdate – needed for insurance purposes.
6. Complete boxes for number of years as a coach.
7. Since active members must coach in VHSL member schools, the high school name must be printed in school boxes.
8. If a member last year, please provide membership card number.
9. Please list **ALL** coaching responsibilities.
10. **THE APPLICATION MUST BE SIGNED BY PERSON REQUESTING MEMBERSHIP.**
11. **THE LAST SECTION MUST BE COMPLETED AND SIGNED BY THE ATHLETIC DIRECTOR OR PRINCIPAL FOR ACTIVE MEMBERSHIP.**
  - Request for Life Membership **SHOULD** include the \$35.00 membership fee. Additional paperwork is required and will be sent upon receipt of initial application.
  - This is a one time approval and you need only to complete an application, and pay the membership fee in succeeding years.
  - Checks should be made payable to **VHSCA**.
  - Enrollment period is August 1 - November 1. No applications will be processed before August 1st. Requests for membership after November 1 will be processed **ONLY** if accompanied by certification that the coach was not hired prior to November 1 or is accompanied with an additional \$15.00 late penalty. **NO COACH WILL BE ALLOWED TO COACH IN AN ALL-STAR GAME IF NOT JOINED BEFORE NOVEMBER 1.**
  - **LOST OR DESTROYED** Membership cards will be replaced for a charge of \$10.00. Upon receipt of the fee, replacement cards will be mailed.

**ALL REQUESTS FOR MEMBERSHIP MUST BE MAILED TO:**

Mike Smith, Executive Director  
317 Orange Plank Rd.  
Hampton, VA 23669  
Office (757) 723-3330 or (757) 303-1172  
Fax (757) 850-0005



[www.neffco.com](http://www.neffco.com)

# Proud Sponsor and Supporter of the Virginia High School Coaches Association



## VIRGINIA SALES REPS:

**John Morrow**

4311 Mt. Vernon Place  
Fredericksburg, VA 22408

540.891.6333

[jmorrow@neffco.com](mailto:jmorrow@neffco.com)

**Alex Krueger**

800.232.6333 X: 5740

[akrueger@neffco.com](mailto:akrueger@neffco.com)

VHSCA, Inc.  
MICHAEL SMITH Executive Director  
317 Orange Plank Road  
Hampton, VA 23669

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Please make note of our new  
office address and telephone

Virginia High School Coaches Association  
47 East Queens Way, Suite 201  
Hampton, VA 23669  
(757) 723-3330  
[vhsca\\_keanel@yahoo.com](mailto:vhsca_keanel@yahoo.com)

