

MHSAA – BCAM
TOP 100 BOYS REACHING HIGHER SHOWCASE
APRIL 26, 2009 @ BRIGHTON HIGH SCHOOL

10:00-10:45 AM	Registration for Players & Coaches.	
11:00-11:15 AM	Introductions & Expectations. Stretch & Flex by Trainer.	
11:15-12:05 PM	Basketball Station Work. [10 Minutes at each Station] * Baskets 1 & 2: Transition Offense/Defense Station. * Baskets 3 & 4: 3 vs. 3 Close-out Drill * Baskets 5 & 6: 1 vs. 1 Drill * Baskets 7 & 8: Shooting off the pass & dribble. * Baskets 9 & 10: Noah Shooting Station	
12:10-12:50 PM	Game Session #1A Court #1: 1 vs. 2 Court #2: 3 vs. 4 Court #3: 5 vs. 6 Teams 7, 8, 9 & 10: Meal NCAA Compliance Speaker Panel Discussion from ex male college players: <i>How to survive as a college athlete</i>	
12:50-1:30 PM	Game Session #1B Court #1: 7 vs. 8 Court #2: 9 vs. 10 Teams 1, 2, 3, 4, 5 & 6: Meal NCAA Compliance Speaker Panel Discussion from ex male college players: <i>How to survive as a college athlete</i>	
1:35-2:15 PM	Game Session #2 Court #1: 10 vs. 8 Court #2: 6 vs. 9 Court #3: 5 vs. 7	Court #4: 2 vs. 4 Court #5: 1 vs. 3
2:20-3:00 PM	Game Session #3 Court #1: 5 vs. 1 Court #2: 6 vs. 2 Court #3: 3 vs. 9	Court #4: 8 vs. 4 Court #5: 10 vs. 7

3:00-3:30 PM Speaker:
David Ginsberg – Traverse City St. Francis - Former
Principal, College Assistant Coach, Current High School Coach and
Motivational Speaker

3:35-4:15 PM Game Session #4
Court #1: 6 vs. 10 Court #4: 2 vs. 3
Court #2: 9 vs. 7 Court #5: 1 vs. 4
Court #3: 8 vs. 5

4:20-5:00 PM Game Session #5
Court #1: 9 vs. 2 Court #4: 4 vs. 6
Court #2: 1 vs. 8 Court #5: 10 vs. 5
Court #3: 7 vs. 3

5:00-5:15 PM Pass out NOAH Shooting Data. Jack Roberts, Executive Director of
MHSAA.

5:15-5:20 PM Program evaluation forms for all participants and parents to
complete prior to departure