

# **Attention All Middle School Football Players!!**

(School Year 2009-2010)

## **Lexington Catholic 7<sup>th</sup>/8<sup>th</sup> grade Middle School Football Program**

The 2009 LCHS Middle School Football program is planning for another exciting year of great football. This year will include additional opportunities for participation, including middle school combines, summer 7 on 7 passing tournaments in June and/or July (UK/WKU), and post season play. Any middle school student who will be in the 6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup> grade in the 2009-2010 school year and is interested in participating in the LCHS Middle School Football Program should submit the attached entry form(s) and participation/insurance fee(s) no later than the start date(s) indicated below. Please note that participation in the combines and 7 on 7 passing tournaments is voluntary and not part of the regular season of football, although encouraged.

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### **Middle School Combines** – Saturday, March 7, 2009 Fee: ***\$15 [separate check]***

The Middle School Combines will be held at various locations. If you intend to participate in this event, you **must** e-mail Coach Greg Mitchell at [gmitchell4@windstream.net](mailto:gmitchell4@windstream.net) by March 1<sup>st</sup> 2009. E-mails will be sent out with further details on the events and posted on the LCHS MS Football website.

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### **Middle School 7 on 7** – Tuesday, May 19, 2009 Fee: ***\$50 [separate check]***

The LCHS Middle School Football program intends to play in **7 on 7** passing tournaments during the months of June and/or July, including tournaments to be hosted by **UK** and **WKU**. 7 on 7 play is intended to be fun and provide an opportunity to learn fundamentals of skilled positions and may include a Big Man Challenge for O/D linemen. Additional information will also be posted on the LCHS MS Football website.

- First practice will be **May 19<sup>th</sup>** from 6:00 to 7:30 pm at the LCHS football field.

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### **Middle School Fall Season** – Wednesday, July 22, 2009 Fee: ***\$125 [separate check]***

- First practice will be **July 22<sup>th</sup>** from 6:00 pm to 8:00 pm at the football field (all forms must be returned/fees paid prior to equipment issued).
- **Parent meeting to be held on July 29<sup>th</sup> at 6:00 p.m.**

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### **Athletic Participation Insurance:**

Fee: ***\$35 [separate check]***

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Additional information and all required forms to be completed for participation this season can be located at: <http://www.digitalsports.com/school/id/32845.aspx> or <http://www.lexingtoncatholic.com/sports/football/football.htm>. You can also sign-up to receive e-mail notifications from the football program by registering on the DigitalSports website.

**We look forward to another year of exciting middle school football!** If you have any questions regarding participation, please e-mail or call the team coordinator for more information. **Please make all checks payable to LCHS Football.**

## 2009-2010 REGISTRATION FORM

Student's Name: \_\_\_\_\_ Grade in 09-10: \_\_\_\_\_

Parents' Name: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Mobile) \_\_\_\_\_

Email(s): \_\_\_\_\_

Parents' Name: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Mobile) \_\_\_\_\_

Email(s): \_\_\_\_\_

School: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Parish/School Membership: \_\_\_\_\_

**Please note that you can register your player and your contact information online at <http://www.digitalsports.com/school/id/32845.aspx>, as well as sign-up to receive e-mail communications/notices from the program.**

**Coach Greg Mitchell Coordinator**

### Required forms include:

- **Registration Form (\$125 fee)**
- **Authorization & Release Form**
- **KHSAA Physical Form (physical required, please include weight and height)**
- **Parent Sign-Up Form**

**\*Please send this form along with the appropriate activity and insurance fee(s) to the address below (Combine forms should be turned in on the day of the event):**

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**2800 Lexington Financial Center, Lexington, Kentucky 40507 Attn: Greg Mitchell**