

TM

3 MAN MECHANICS

Originated by John P. Hill

Version 1/24/08

New Mechanics 2008

▪Face-off:

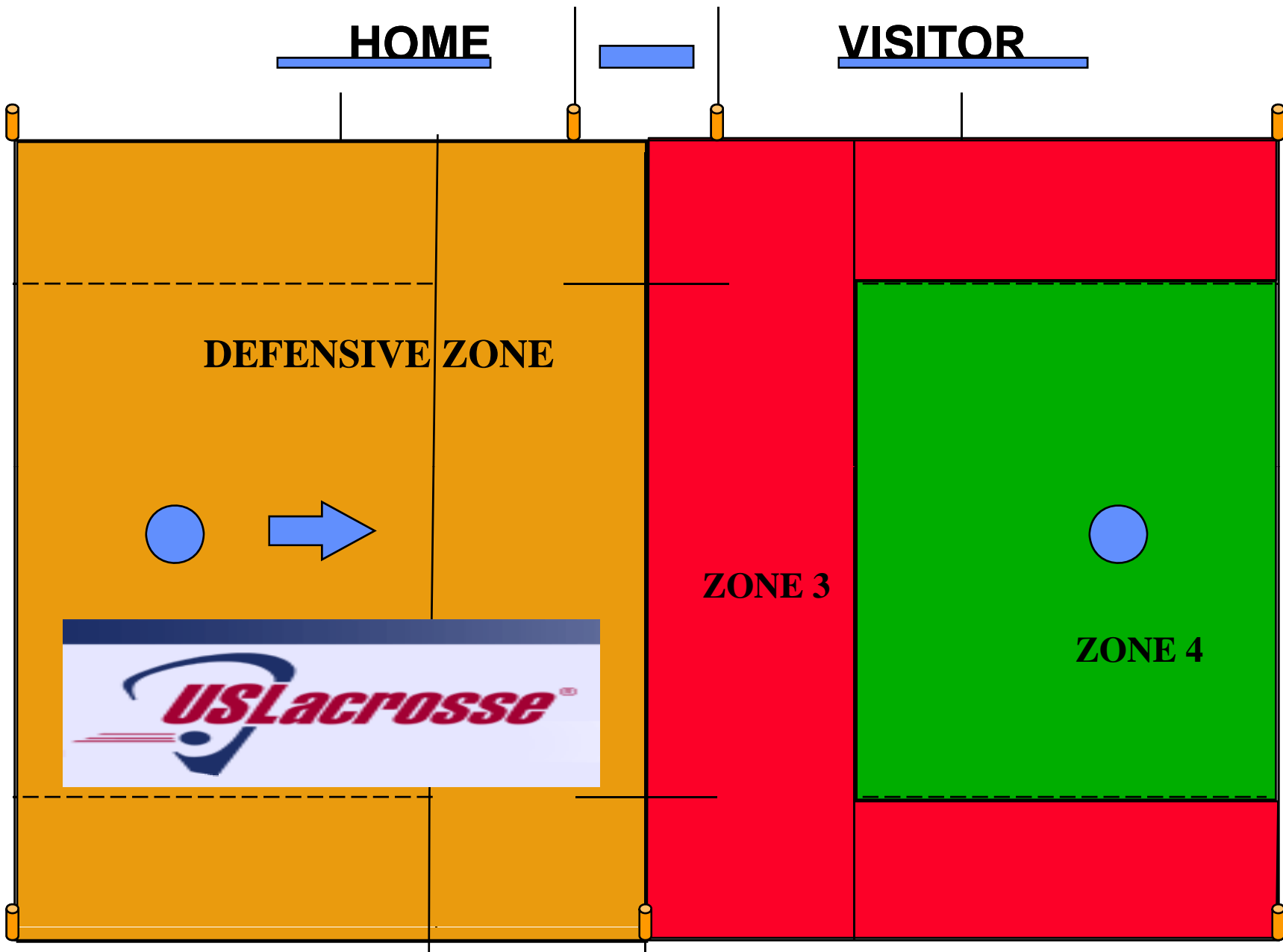
- Primary focus after a violation is to achieve a quick restart.
- Restart should be on the offensive side of mid-line.
- Trail official will watch for illegal sub.
- It is the player's responsibility to pick up the ball and get ready for play.

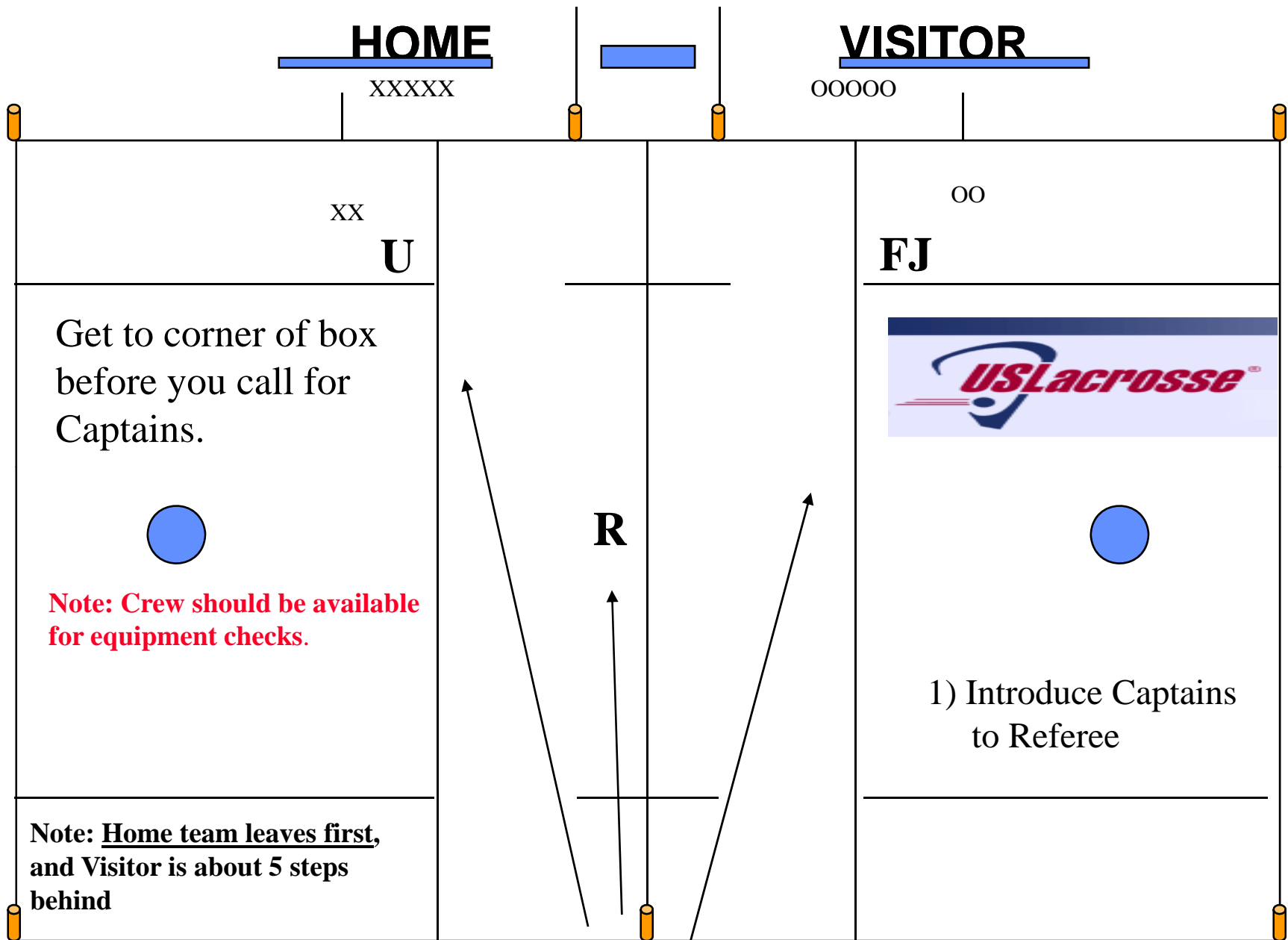
▪Sticks:

- Maximum hanging length of strings is 2 inches. 1st offense: tell him to cut them. If he doesn't cut them once warned, long strings are a 1-minute penalty.
- Pulling a string after a goal (if seen by an official) is a 1-minute penalty and loss of goal, even if the official hasn't asked for the player's stick.

▪10-second counts:

- Same official counts as before. No mechanical changes.

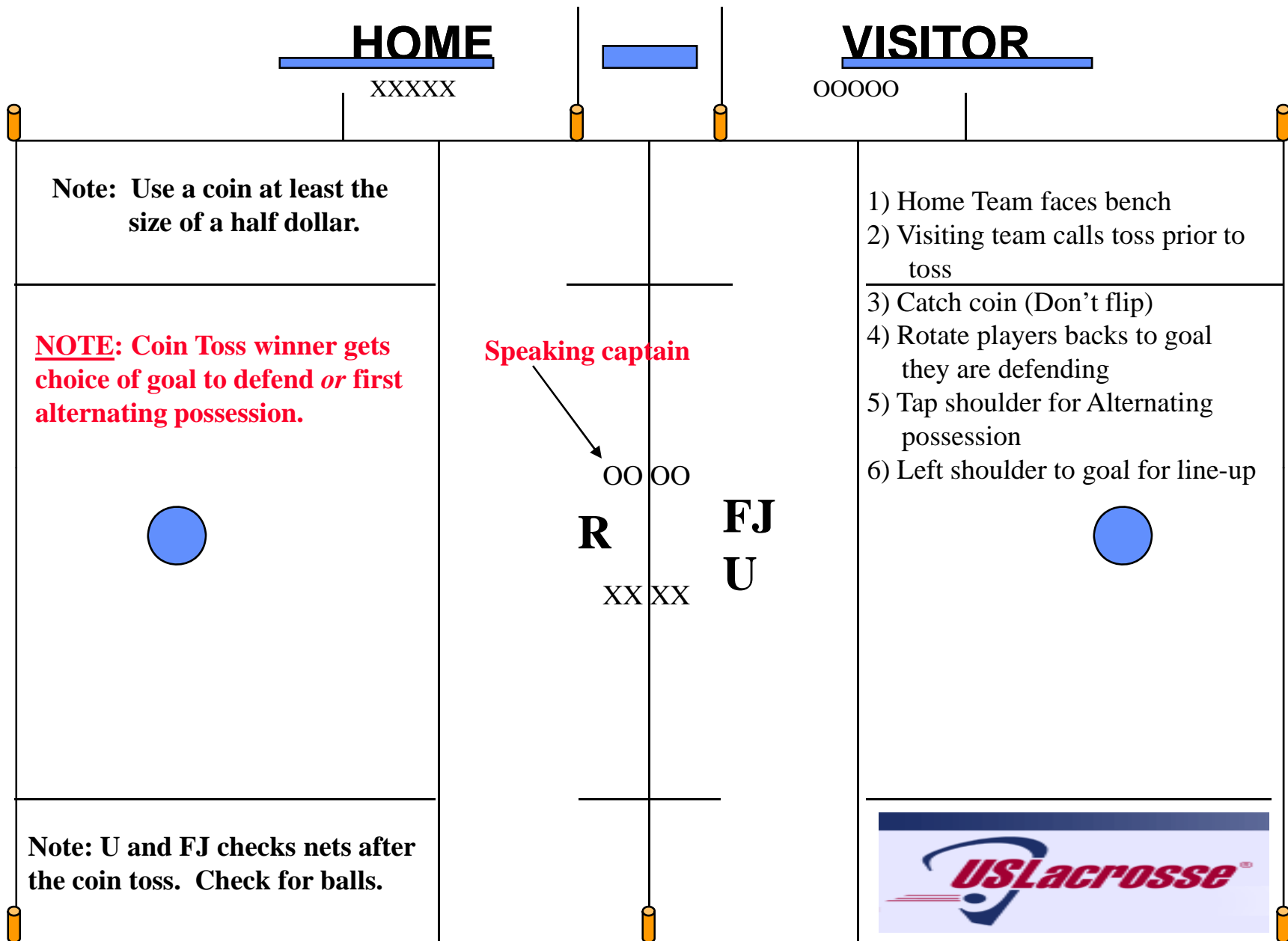


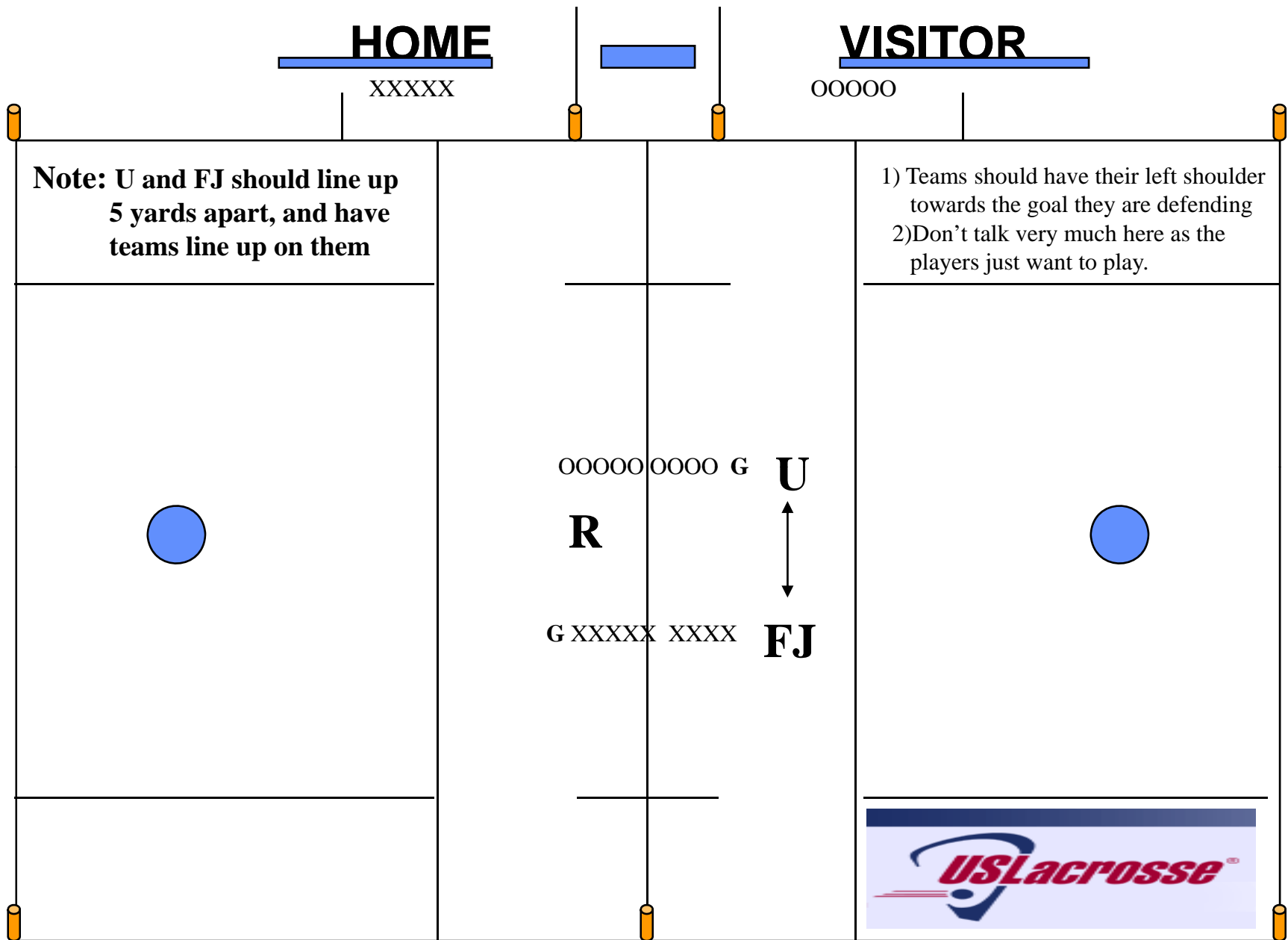


**Note: Home team leaves first,
and Visitor is about 5 steps
behind**

U R FJ

Pre-Coin Toss





FACE-OFF OFFICIAL

Points of Emphasis from 2007

1. Keep free arm at your side. Keep the whistle in your mouth, or get it up there as soon as you say “down”!
2. Position yourself where you are safe and can see sticks.
3. FREEZE once players are down. Put players down together. Get whistle to mouth as players go down.
4. Stay “home”. No need to rush to goal- your partners have it. Watch face-off action.

Updated 1/23/08



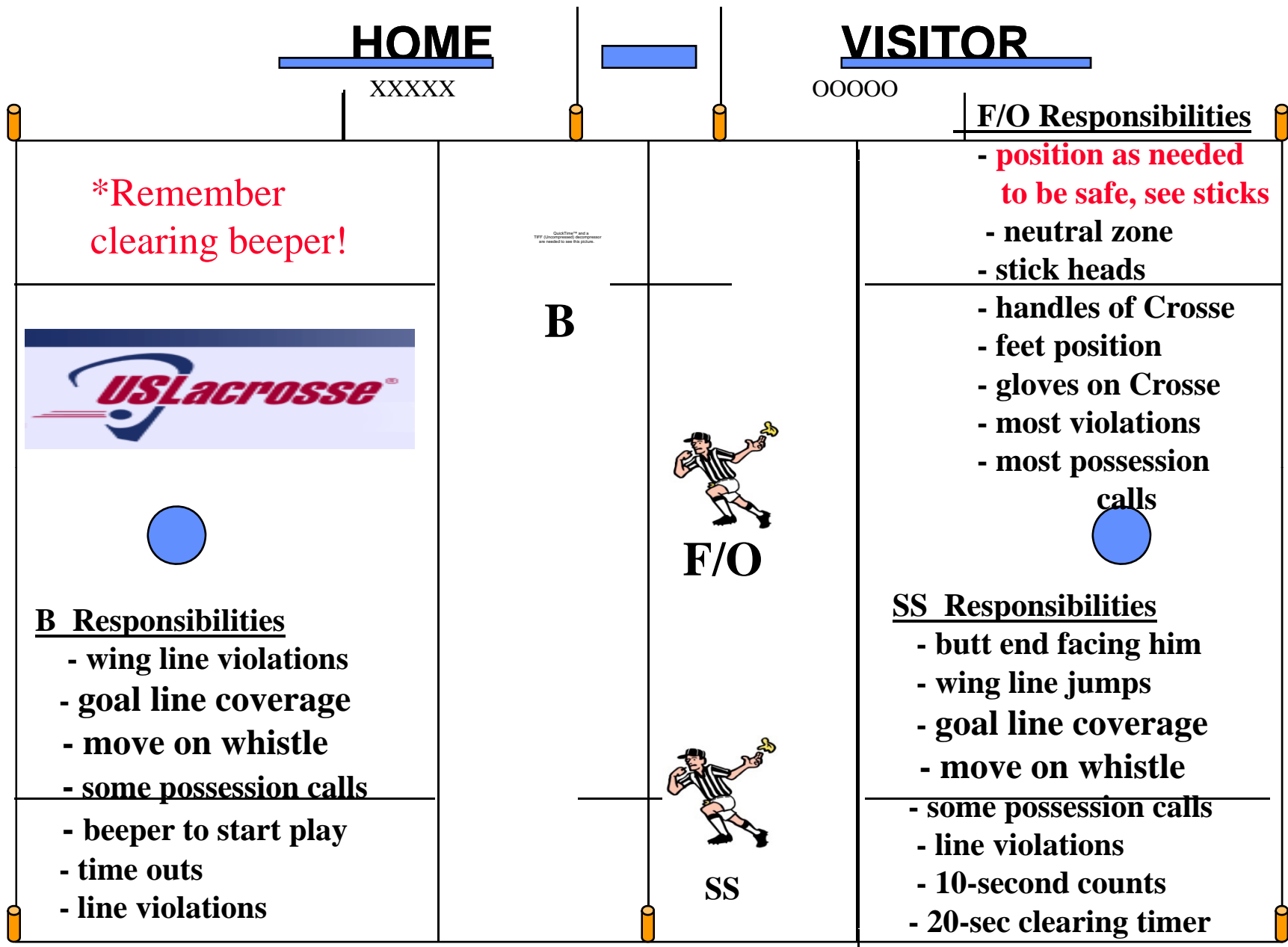
FACE-OFF

Wing Officials

1. Along the wing-line as close to center as necessary.
2. Move toward your goal on the whistle.
3. Cover restraining line, goal, end-line.

New 1/8/07



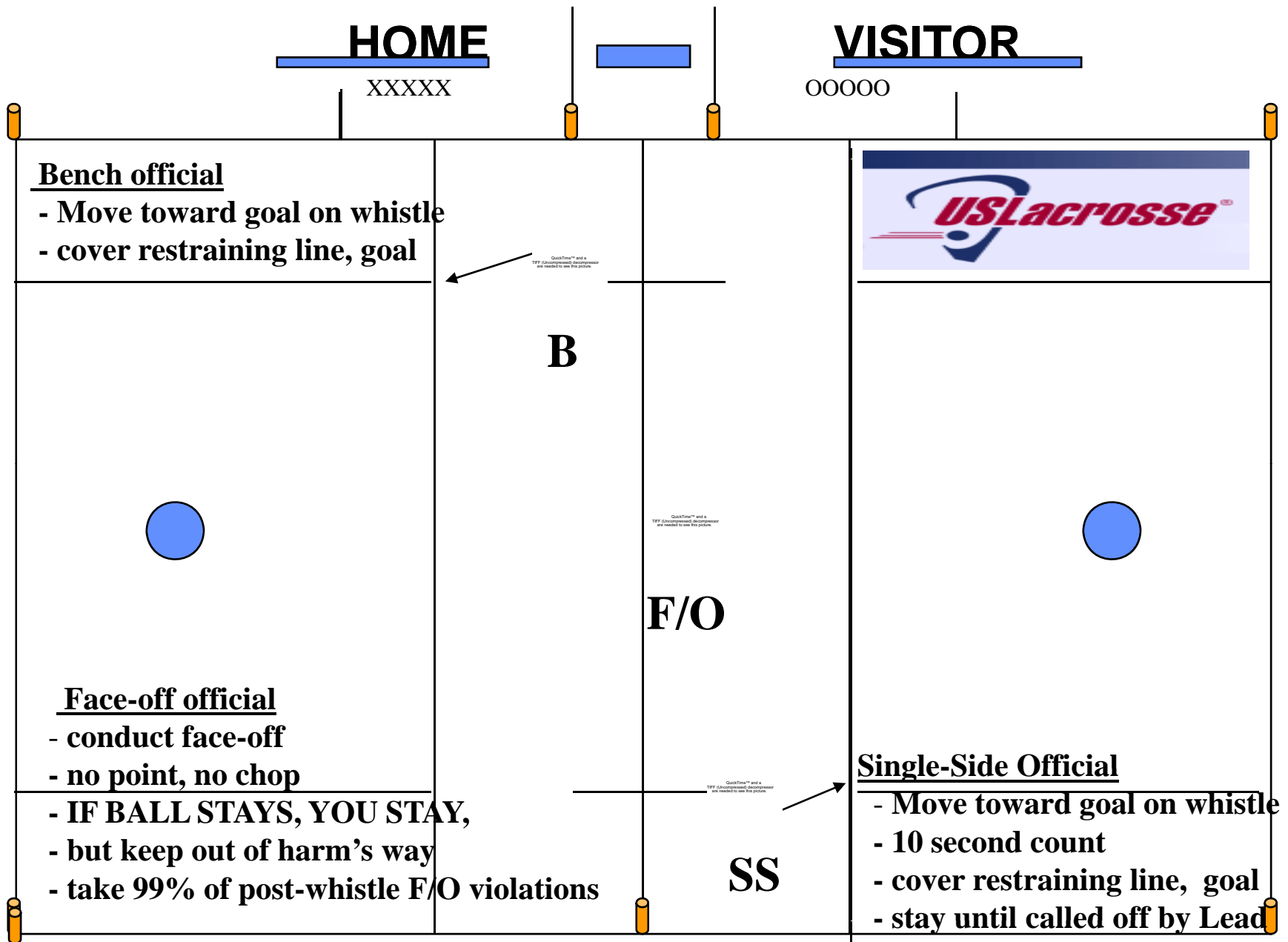


Face-Off Position



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Left Hand Up



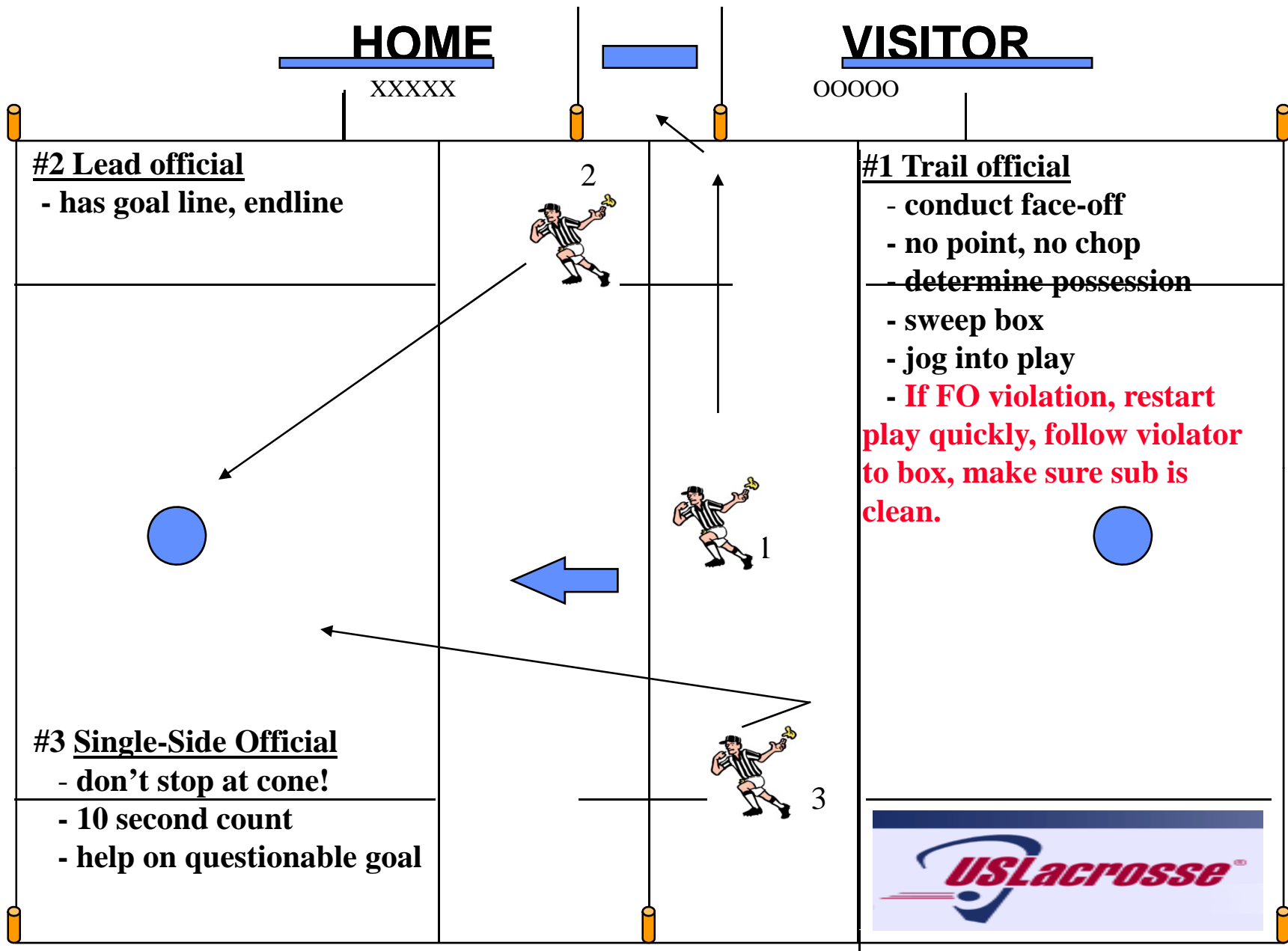
Why FO needs to “stay home”...

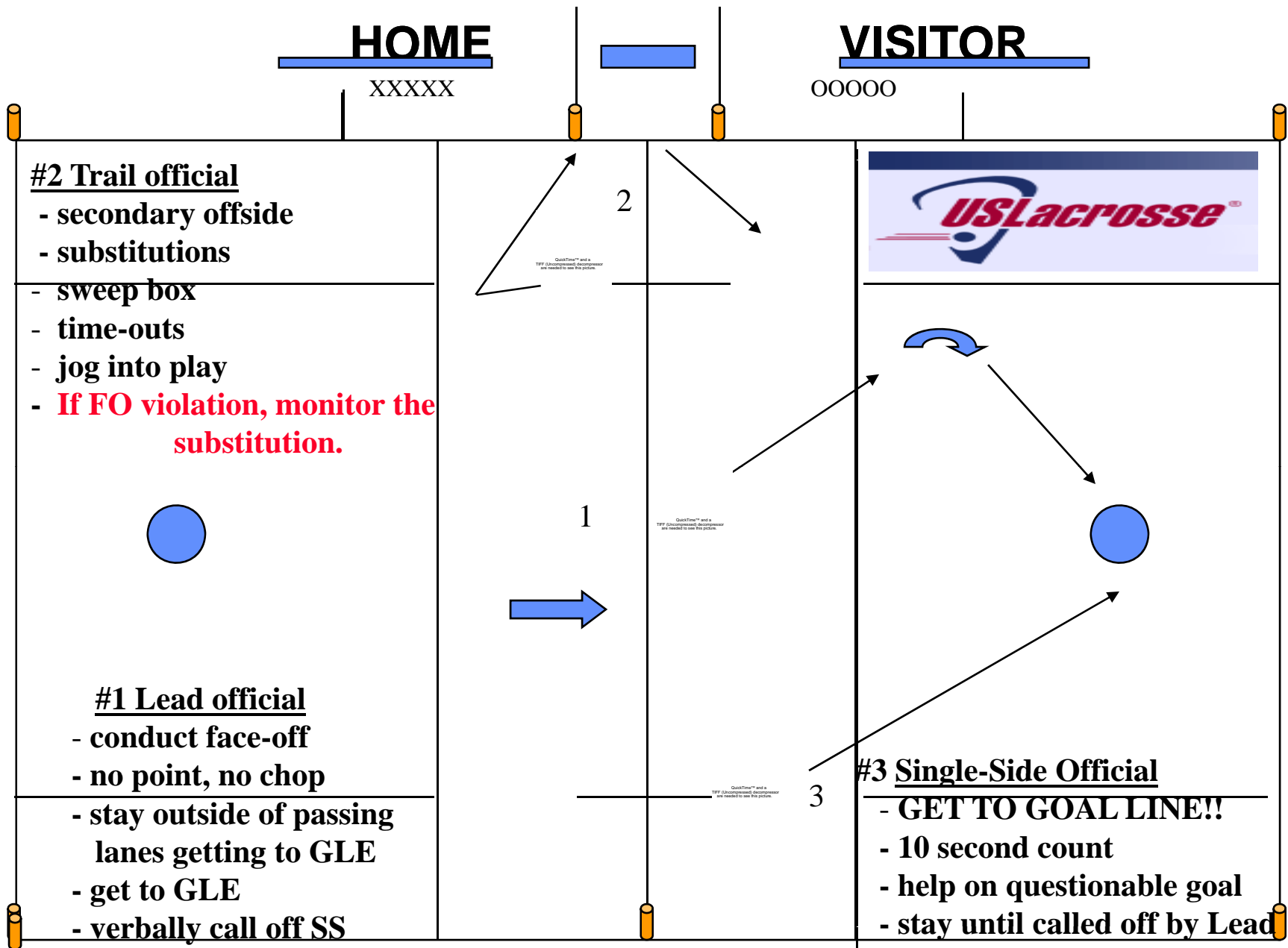


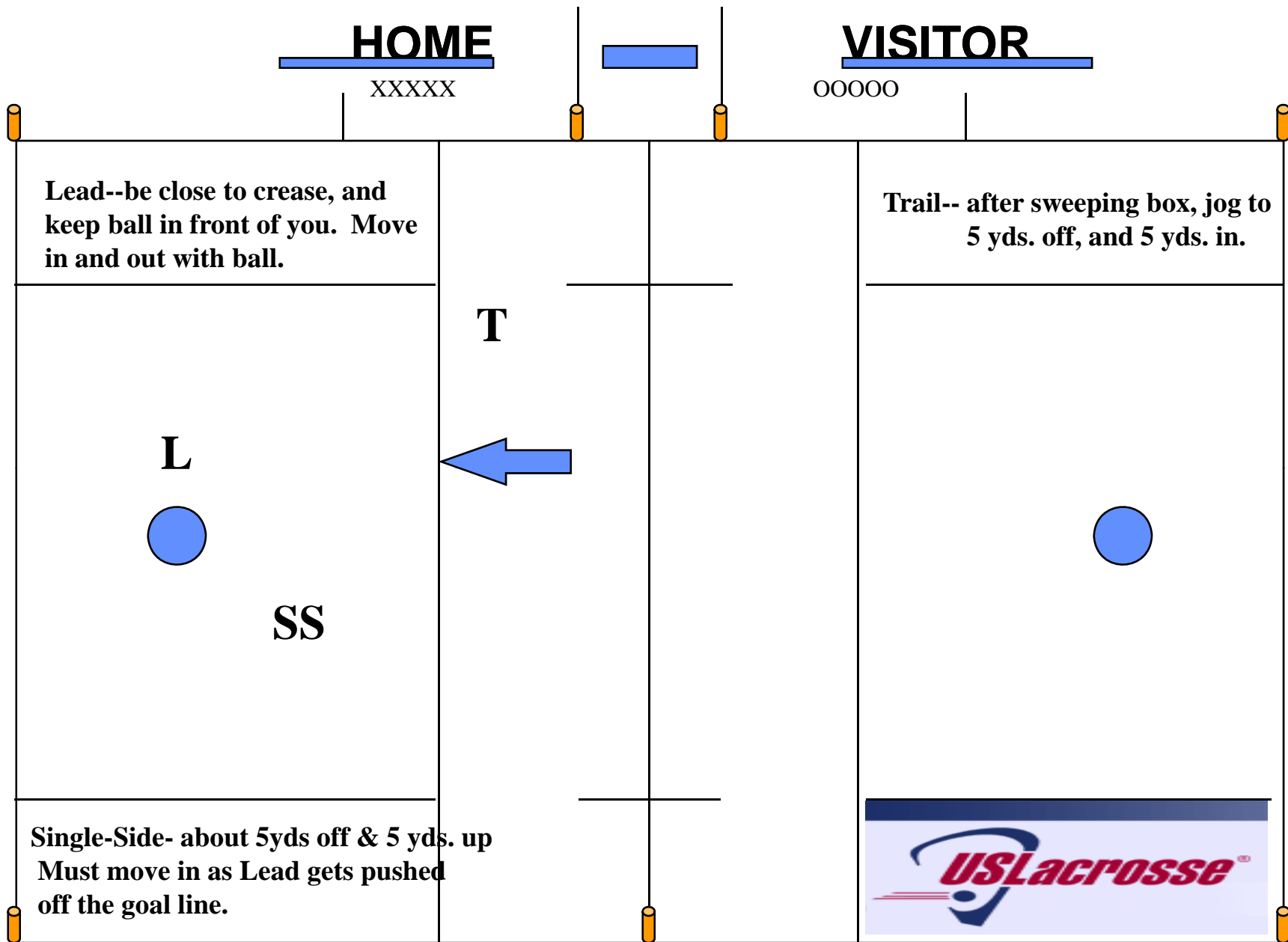
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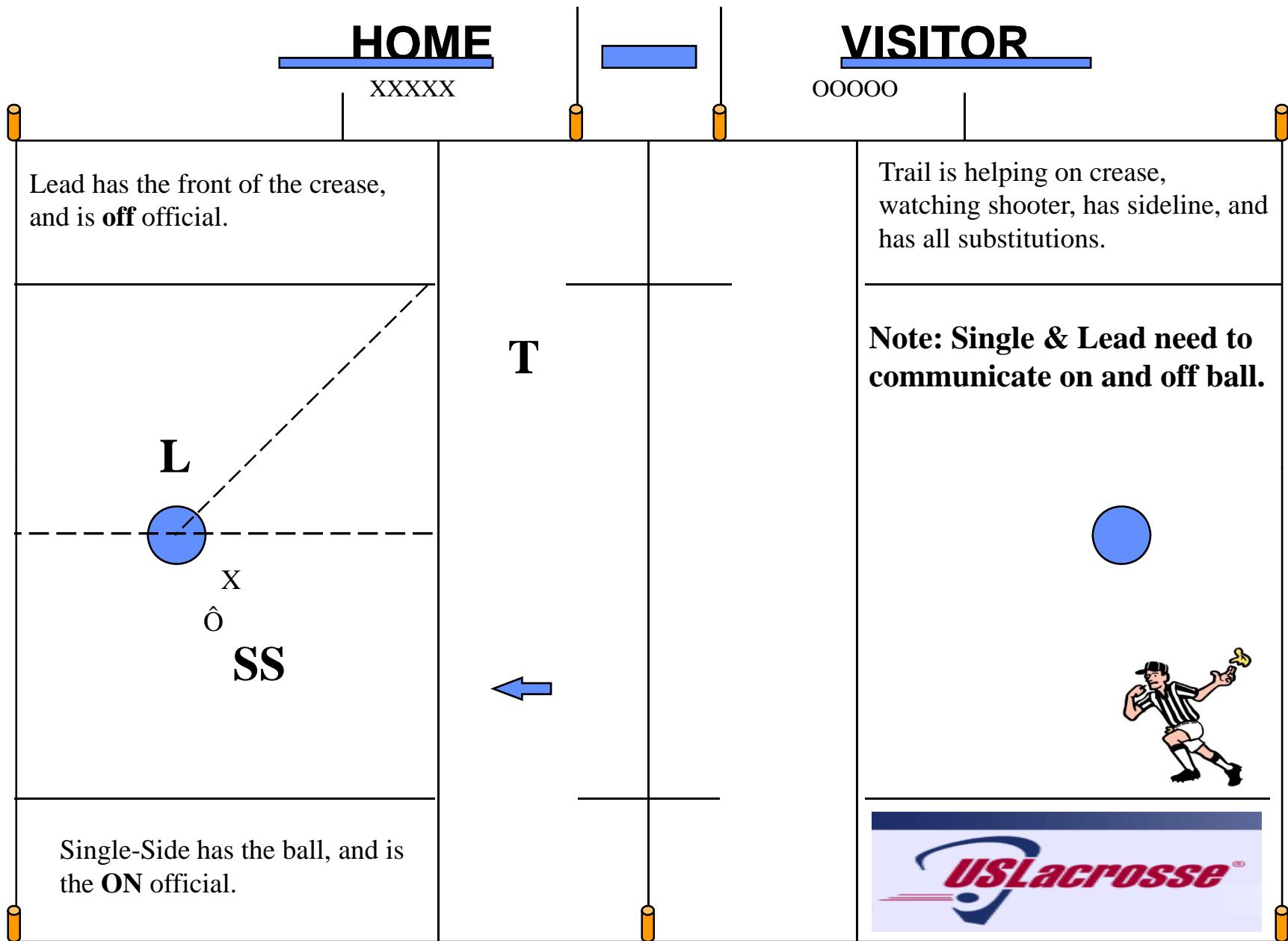
New 1/16/08

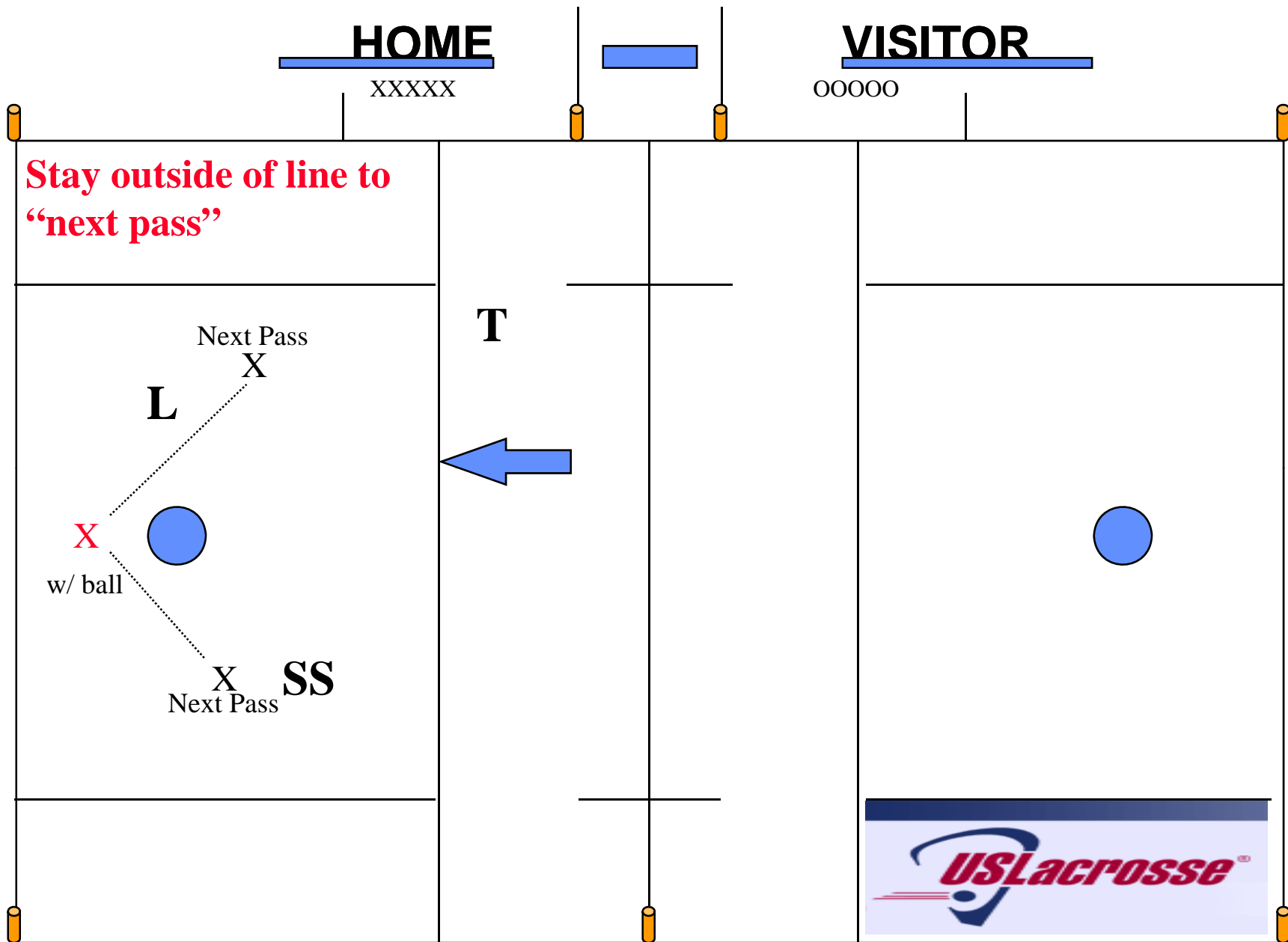
Where's the Ball?

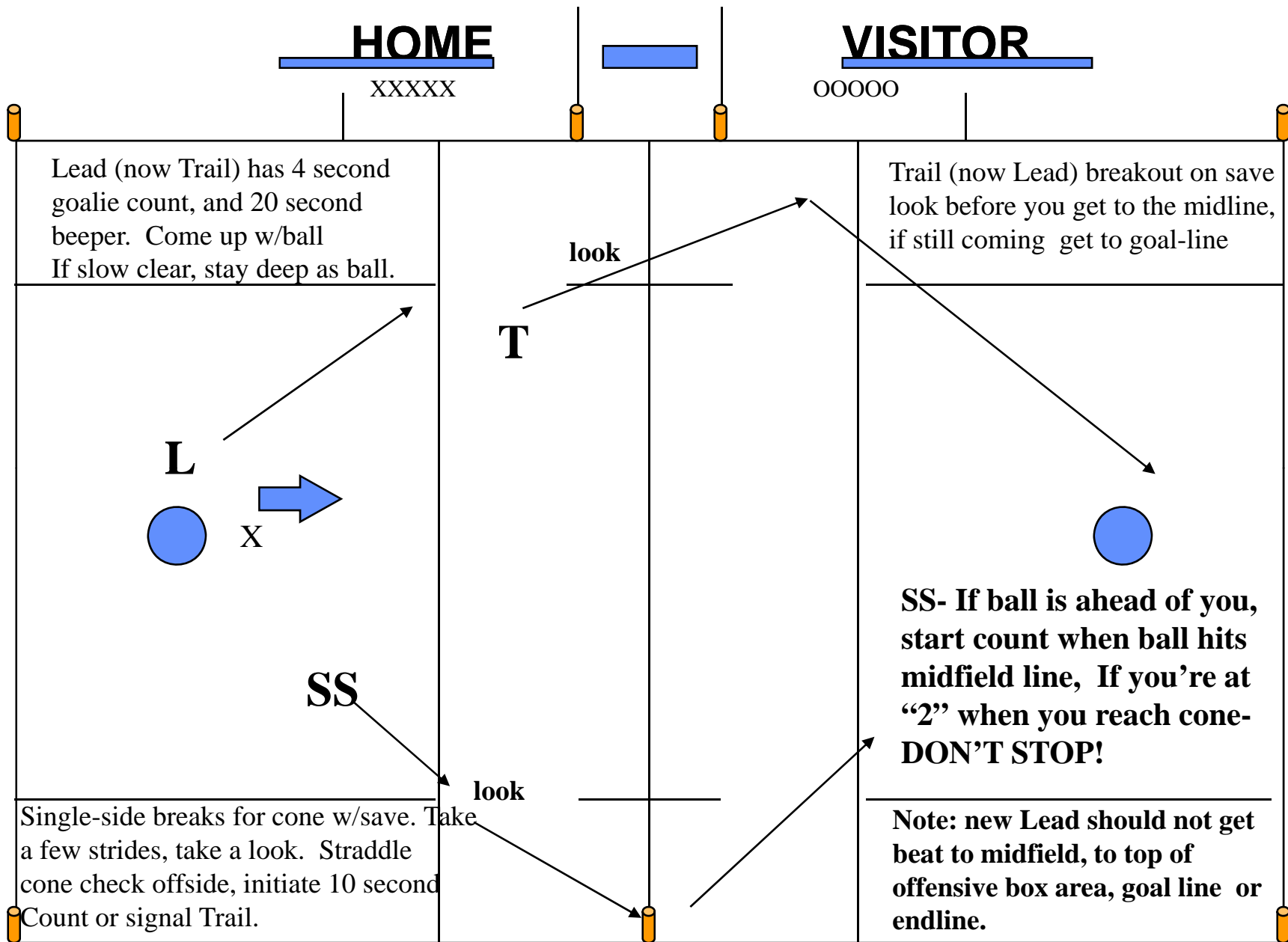


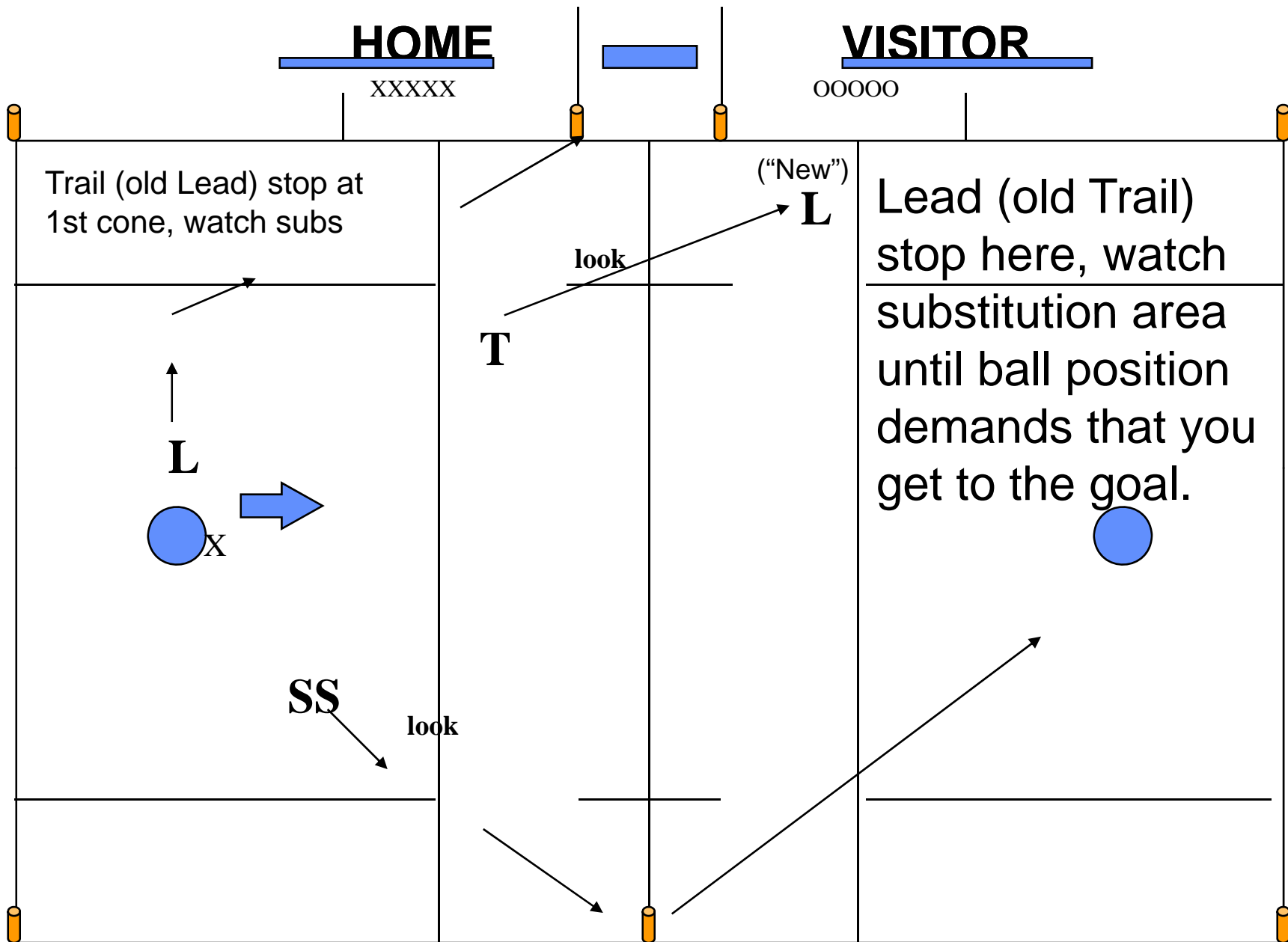


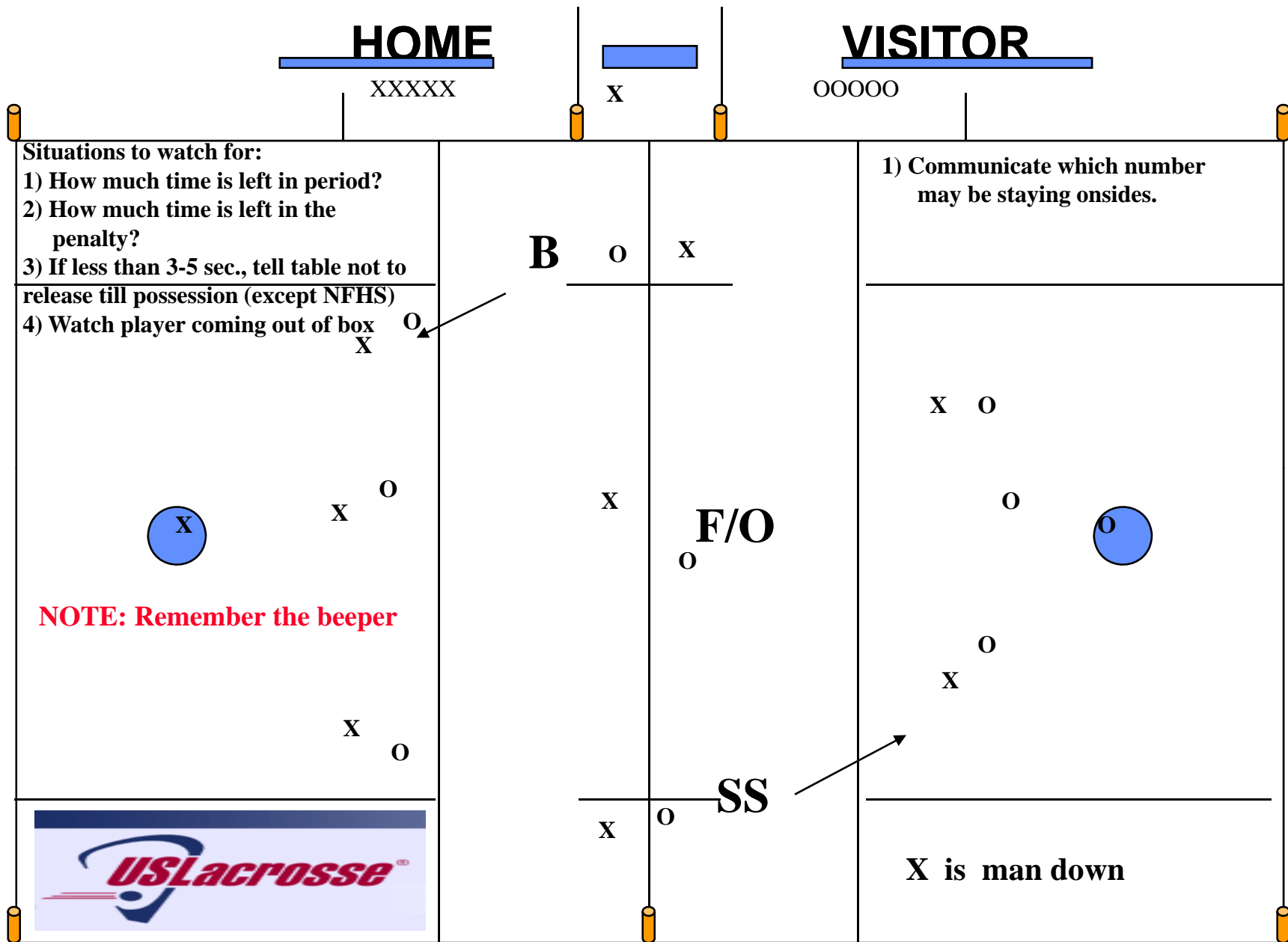


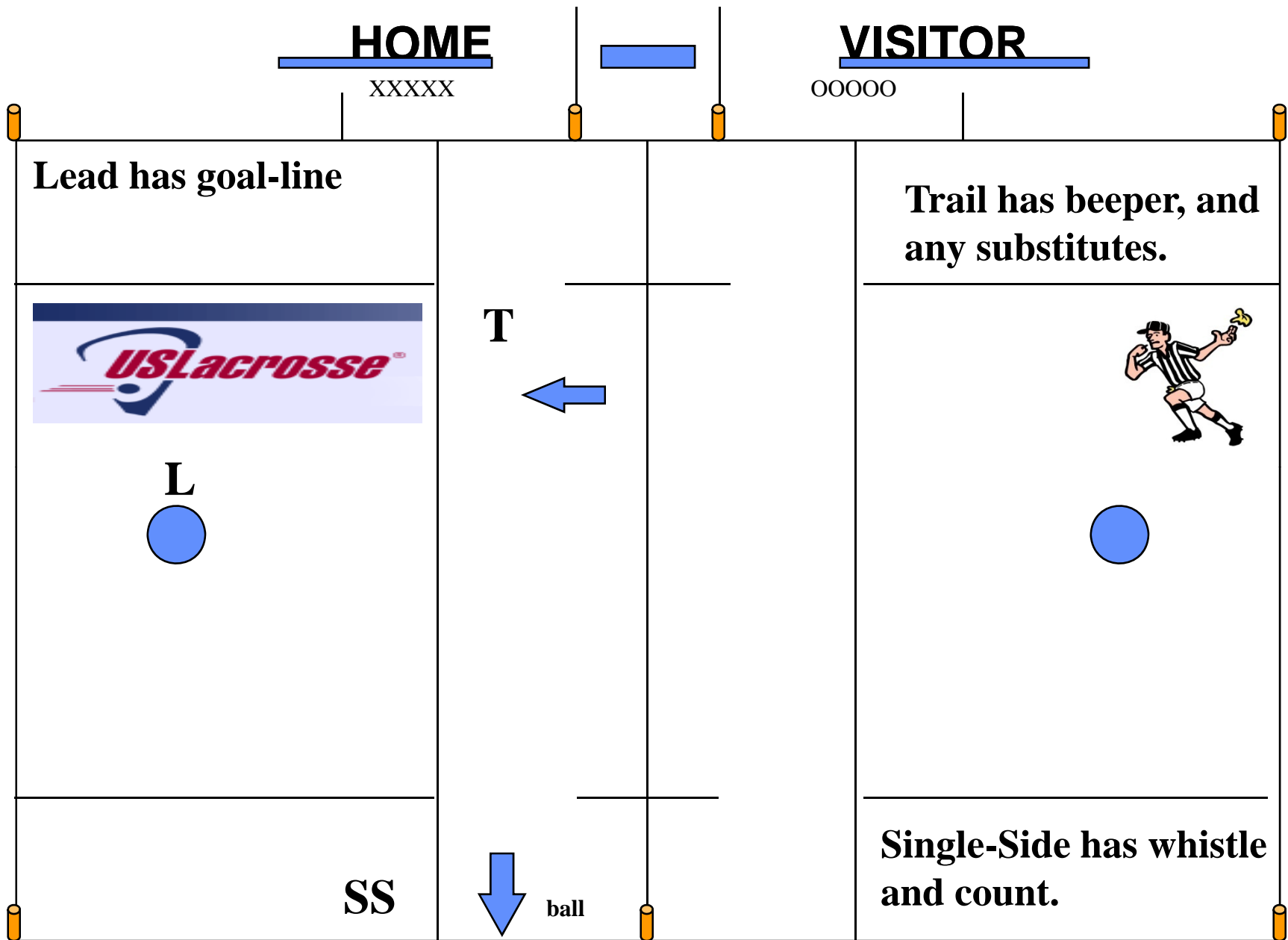


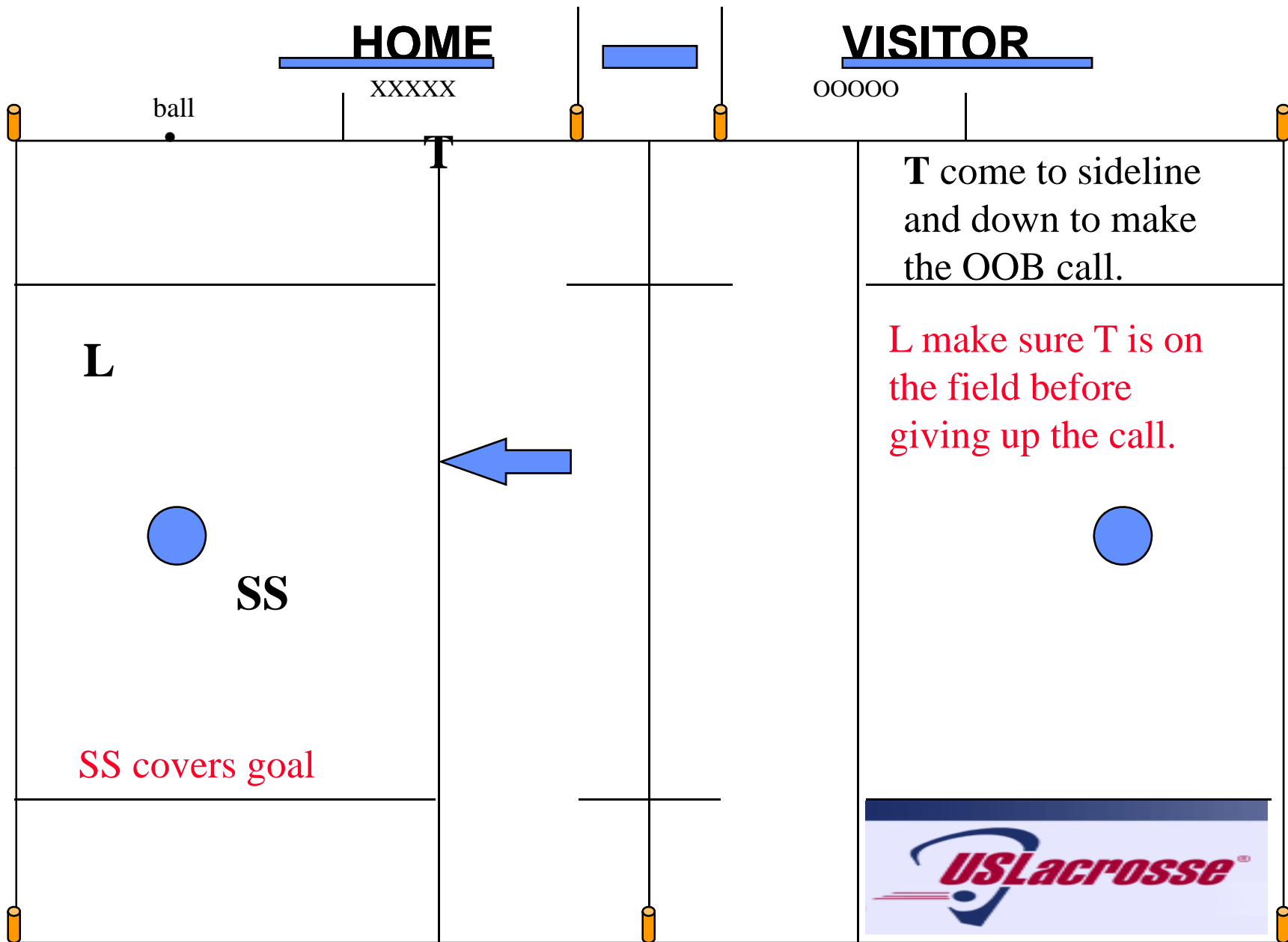


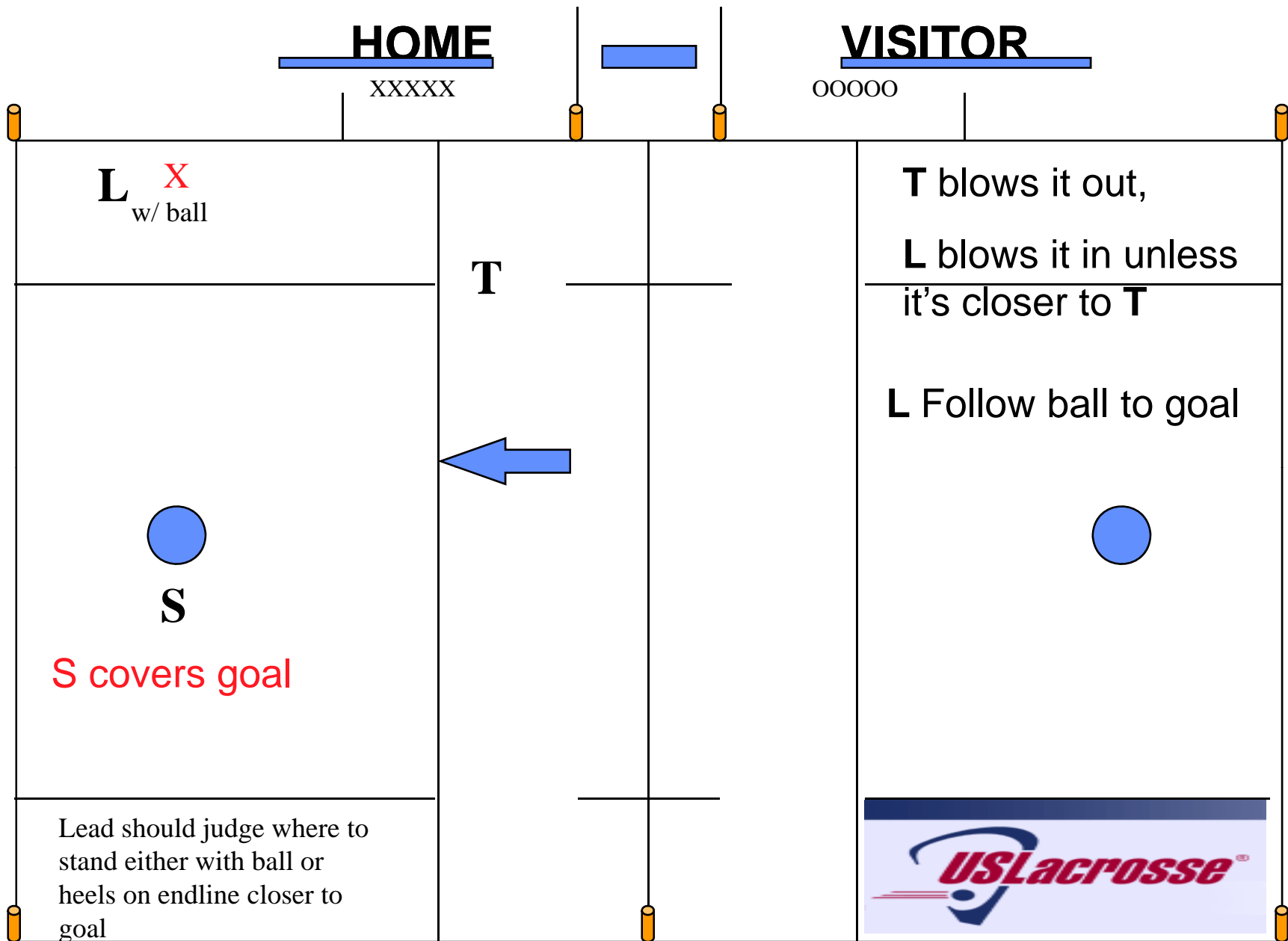


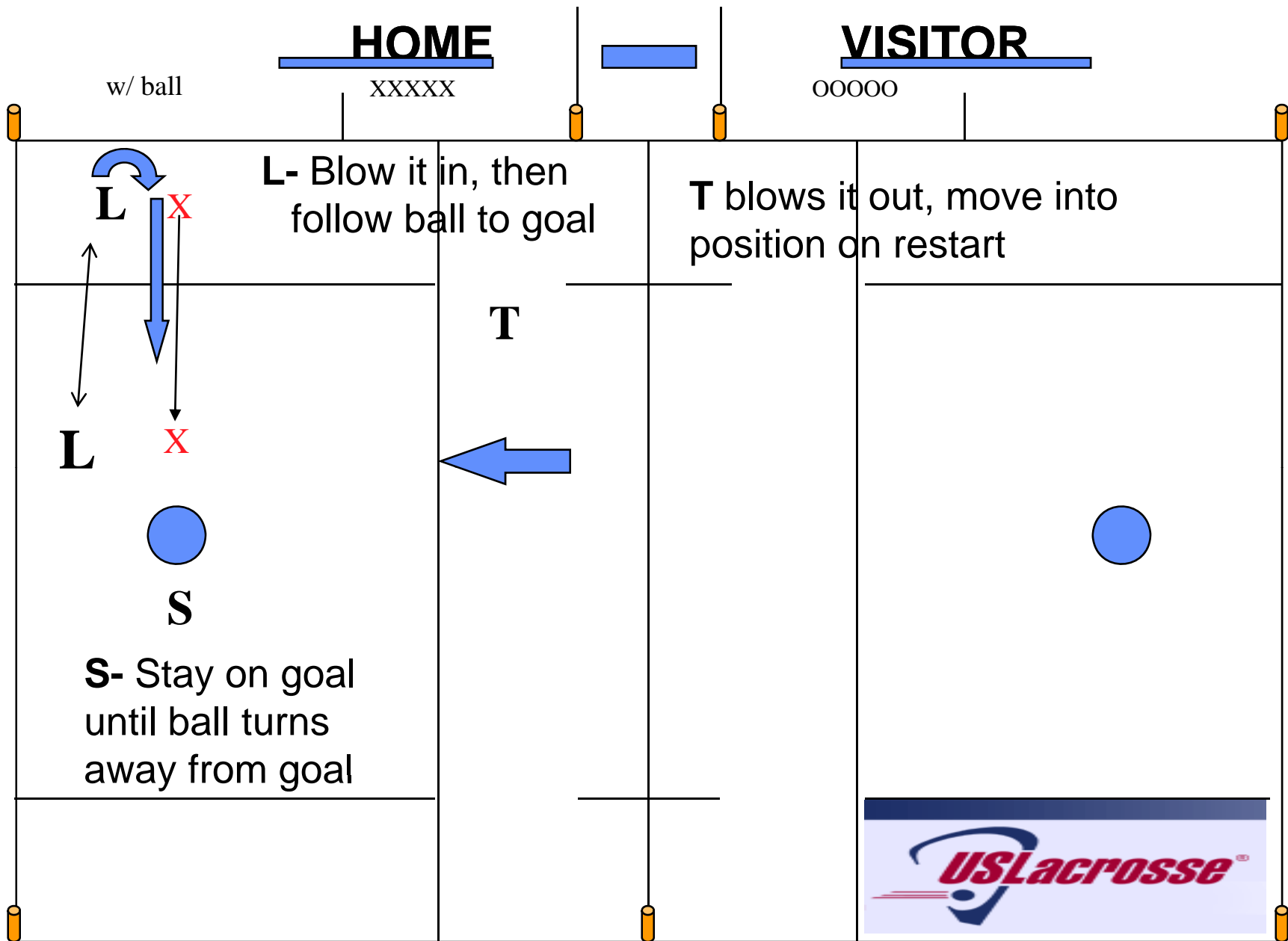


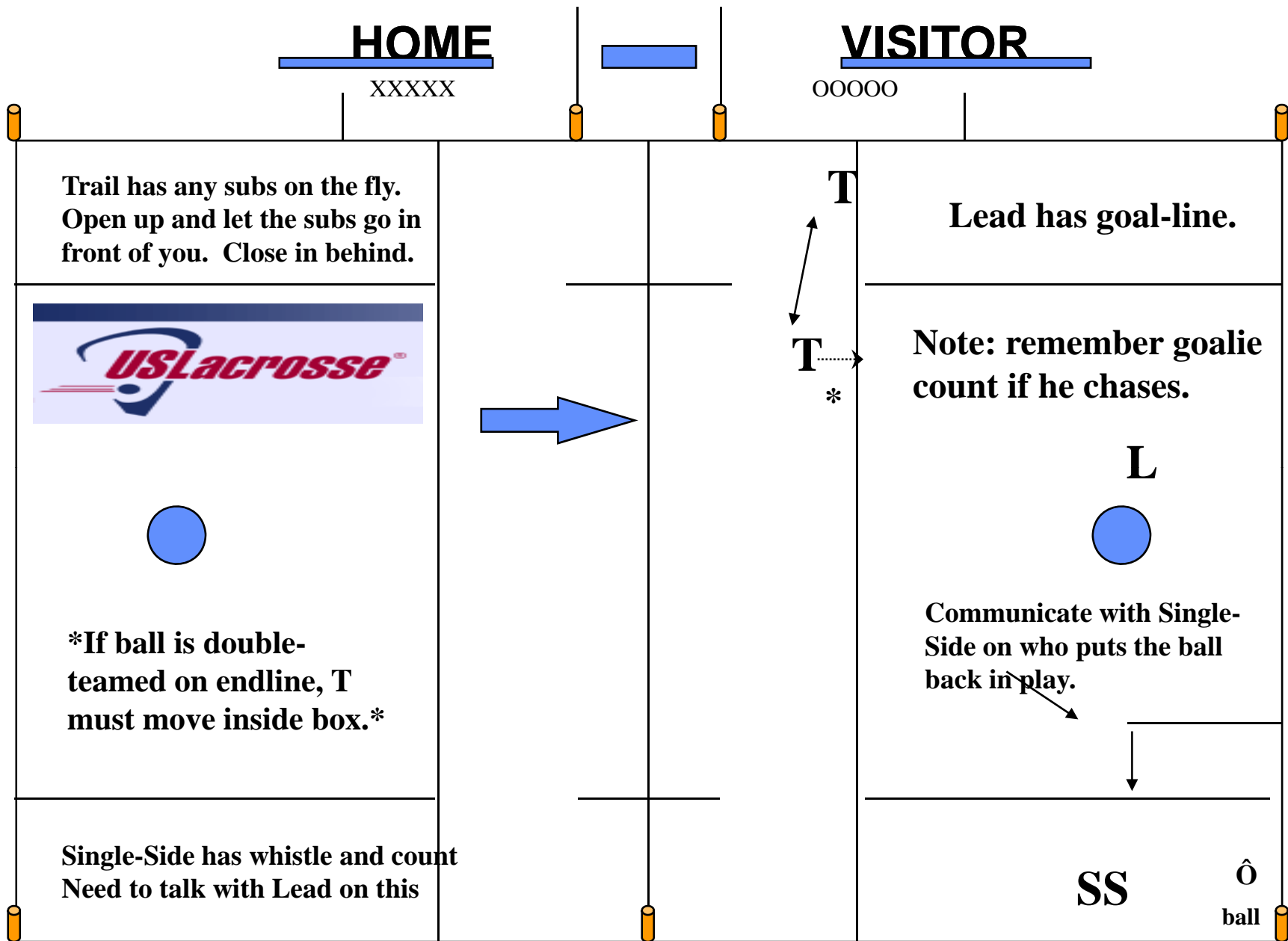


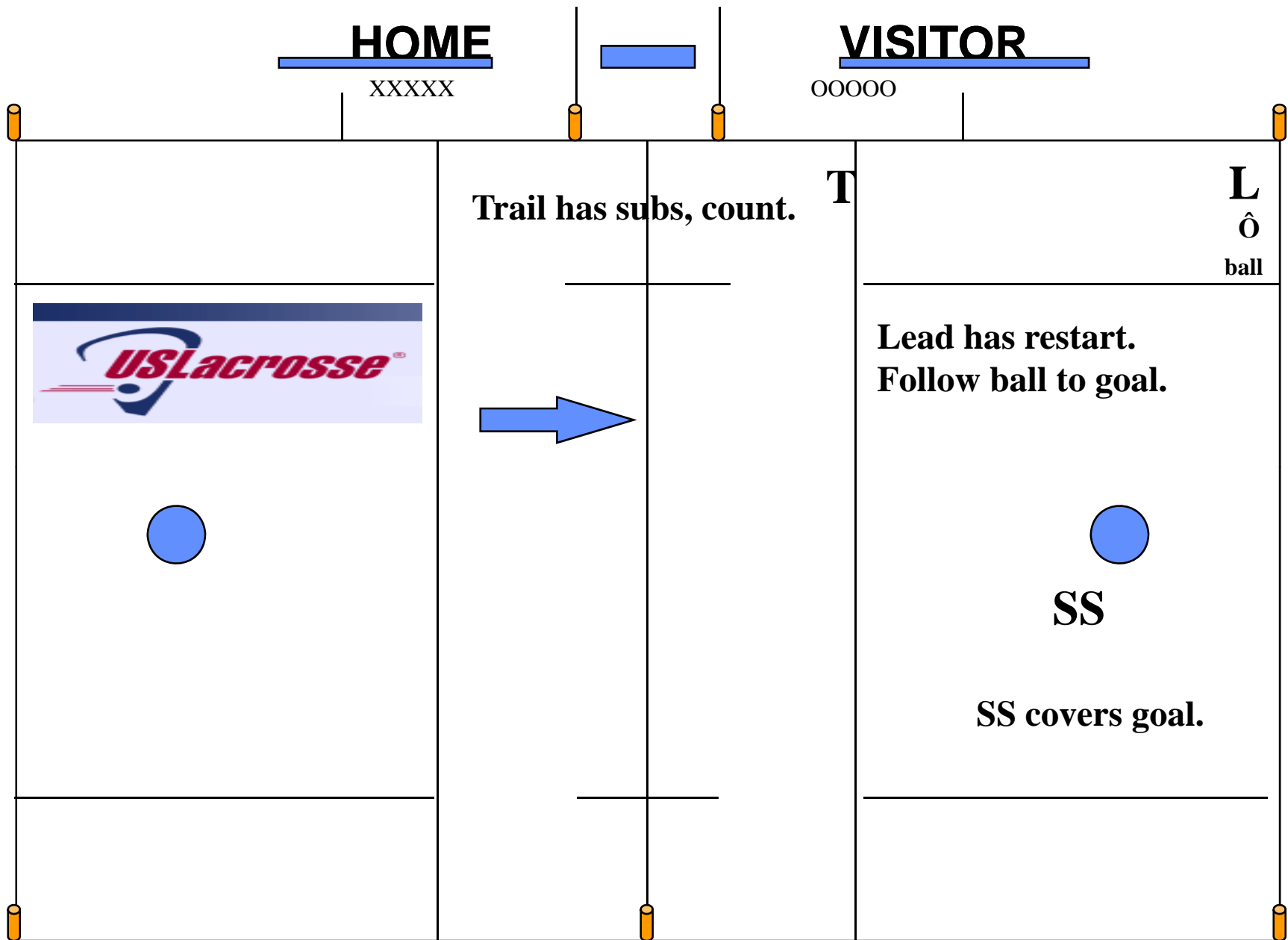


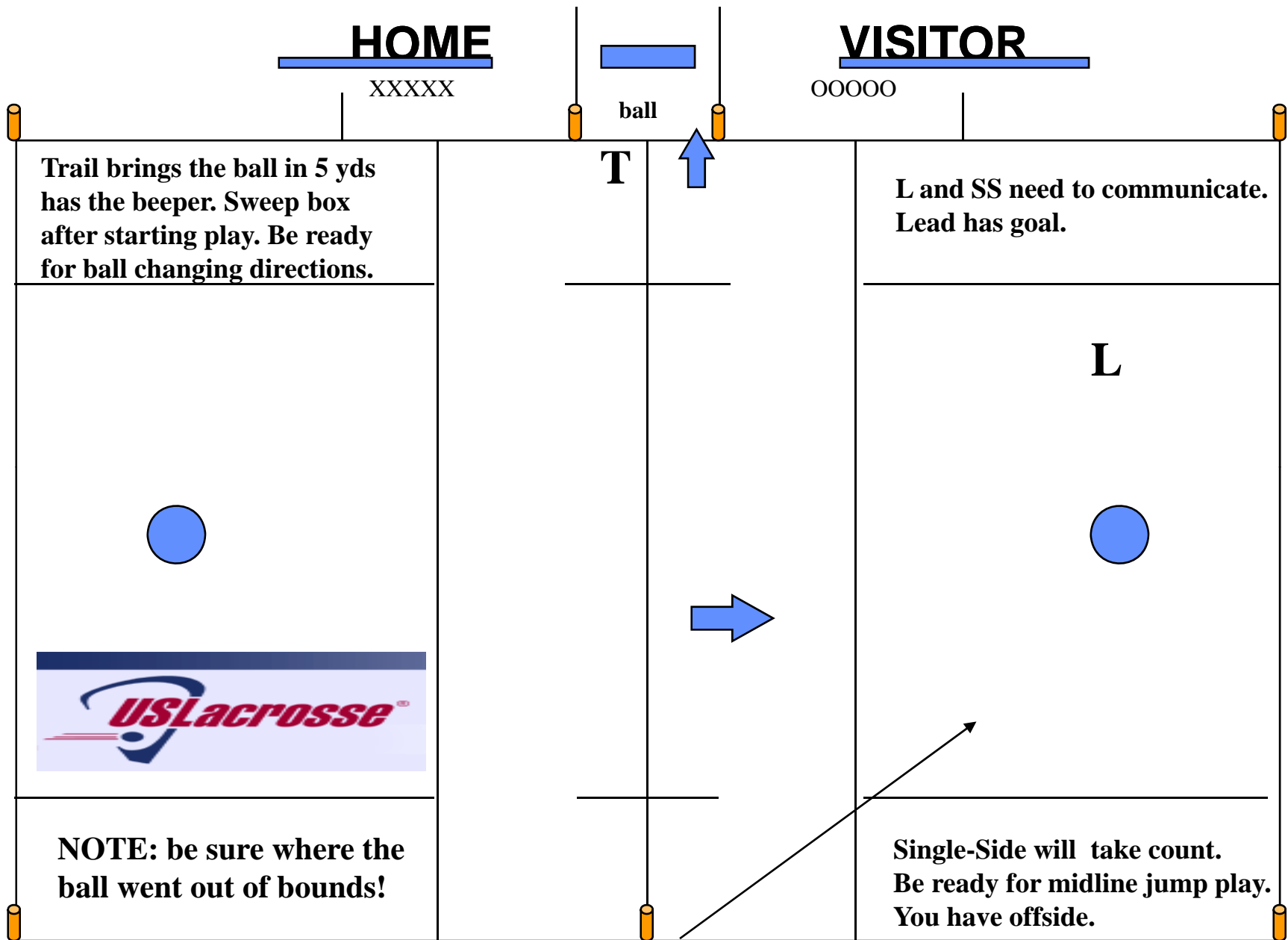












Sub Area out of bounds

